

Heart to Heart: Congenital Heart Education Forum

Saturday, May 4, 2019

Shaw 3i Auditorium, Mazankowski Alberta Heart Institute (Maz)

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| 09:00-09:05 | Welcoming Remarks |
| 09:05-09:35 | Becoming the CEO of your own Health
Pam Heggie, RN, NAACH Clinic Nurse |
| 9:40 – 10:00 | Living better with congenital heart disease: One Patient’s Journey
Ryan McLennan, patient |
| 10:05-10:35 | You are what you eat – Update on Canada’s New Food Guide
Stephanie Sontag, RD, Maz |
| 10:40-10:55 | Coffee Break |
| 10:55-11:25 | Cardiac transplantation – When, Who, Why not, What now?
Lindsey Carter, MD, Cardiac Transplantation Program |
| 11:30-12:00 | Through Thick and Thin- Living with Warfarin
Karen Schultz, BScPharm, Anticoagulation Management Clinic |
| 12:05-12:20 | Children’s Heart Society
Gerry Cruz, Board member, Children’s Heart Society |
| 12:20-13:00 | Lunch |
| 13:00-13:15 | Canadian Congenital Heart Alliance – You are One in One Hundred!
TBA |
| 13:20-13:50 | Navigating Hospital Admission – How support and preparation can help before and after admission to hospital.
Paul Shelby, RSW, Maz |
| 13:55-14:25 | What to expect when your expecting – what congenital heart patients need to know about pregnancy.
Jonathan Windram, MD, NAACH Clinic Physician |
| 14:30- 15:00 | Flutters and Fibrillation- Why Me and What Now?
Michal Kantoch, MD, Stollery Children’s Hospital, Electrophysiology |
| 15:05-15:35 | Endocarditis – What is it? Why should I care?
Isabelle Vonder Muhll, MD, NAACH Clinic Physician |

Registration is FREE, lunch included.

Please RSVP to Bonda.Toppin@albertahealthservices.ca

or 780-407-6552