

Green Hospital Scorecard

RGH



An initiative from the Canadian Coalition for Green Health Care

Food

The Green Hospital Scorecard looks at health care facilities practices that support a sustainable and healthy food system.

These practices include considerations for environmental sustainability, improved nutritional quality, supporting a shift to low carbon foods, and choosing appropriate and sustainable foods.

Here are some examples of innovative ways RGH supports a healthy food system:

RGH **Geriatric Mental Health Unit** has an onsite garden as part of recreation therapy. Every year they plant and grow vegetables and harvest them for use in their meals.



RGH **Retail Food Services**

has made improvements to support healthy eating while being mindful of environmental sustainability:

- sugar sweetened beverages replaced with healthier options
- smaller portion sizes offered
- whole grain bread served as a default option
- full-service salad station focused on plant-based proteins
- refrigerator dedicated solely to plant-based items that are 100% vegan, dairy free and 90% gluten friendly.

RGH Retail Food Services continues to partners with local businesses, including Plant Partner snacks, entrees, and cold pressed juices.



Did You Know?

AHS has a [Healthy Eating Environment Policy](#). Check it out on Insite!