

## **Stollery Children's Hospital Packing List**

### **Stay in hospital less than 24 hours**

Bring your child's provincial healthcare card and their birth certificate or passport

We suggest you bring the following items:

- a comfort item to take into the operating room (toy, blanket or stuffed animal)
- a housecoat or zip up hoodie and warm socks or slippers; an extra set of clothes and a set of comfortable clothes for your child to wear home
- medical supplies your child needs such as crutches, respiratory equipment, emergency trach basket, emergency g-tube kit or equipment like CPAP/BiPAP machine
- all the medicine that your child takes including any special medications including inhalers, insulin, heart or seizure medications
- special foods required for your child's dietary needs
- books, ipad, crafts, toys, games, portable music players or hand-held video games to keep your child busy during their hospital stay
- a cell phone and charger
- a sealable plastic container or bag and tissues or wipes for the drive home

For babies pack:

- diapers and changing supplies
- soothers, bottles and nipples any special bottle, nipple or sippy cup your child likes to use after surgery
- formula or if you are breastfeeding, all of the supplies that are needed

### **Stay in hospital more than 24 hours**

Consider packing the items listed above plus the following:

- toiletries: toothbrush and toothpaste, shampoo and conditioner, hair brush and hair accessories, hair dryer, if needed
- eye glasses or contacts and solution
- a favorite blanket or pillow
- a stuffed animal
- spare change for vending machine or store
- ear buds or ear plugs
- school work if your child will be staying in hospital for several days