AAES run September through to June, from 9 a.m. - 12 p.m. (MST). Each session consists of didactic lectures from subject matter experts and individuals with living/lived experience, followed by facilitated de-identified case reviews with clinicians specializing in the field. Every case review invites audience participation, offering the opportunity to engage in treatment decisions through the use of interactive online polling software. Each session concludes with a question and answer period via text, email or chat box options.

<table>
<thead>
<tr>
<th>September 25, 2020</th>
<th>October 30, 2020</th>
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<tbody>
<tr>
<td><strong>Recovery: A Process of Change</strong></td>
<td><strong>Reducing Harm and Recovery</strong></td>
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<tr>
<td>This session focuses on a comprehensive understanding of recovery. Upon completion of this session, the learner will be able to:</td>
<td>This session explores the role harm reduction plays within the recovery spectrum. Upon completion of this session, the learner will be able to:</td>
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<tr>
<td>• Define recovery and its guiding principles.</td>
<td>• Explain how harm reduction is an evidence-informed pathway to recovery.</td>
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<tr>
<td>• Explain what a recovery-oriented system of care entails including prevention, intervention, treatment, and monitoring.</td>
<td>• Describe harm reduction activities and services that support a recovery-oriented system of care.</td>
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<tr>
<td>• Describe the various evidence-informed pathways to recovery.</td>
<td>• Demonstrate engaging in a recovery-oriented conversation with your client that is appropriately aligned to motivation for behavioural change.</td>
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<td>• Identify recovery as a strength-based process that is unique to the individual.</td>
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<tr>
<th>November 27, 2020</th>
<th>December 18, 2020</th>
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<tbody>
<tr>
<td><strong>Substance-Induced or Primary Psychiatric Disorders? How Does it Impact Treatment?</strong></td>
<td><strong>Opioid Agonist Treatment (OAT): A Recovery Tool</strong></td>
</tr>
<tr>
<td>This session focuses on how to differentiate between a substance-induced vs a primary psychiatric disorder. Upon completion of this session, the learner will be able to:</td>
<td>This session explores the most current evidence-informed practices in converting full opioid agonists (methadone) to partial opioid agonists (BUP-NLX). Upon completion of this session, the learner will be able to:</td>
</tr>
<tr>
<td>• Identify how to differentiate between substance-induced disorders and primary psychiatric disorders.</td>
<td>• Explain how initiating OAT is a treatment strategy for opioid use disorder.</td>
</tr>
<tr>
<td>• Explain the similarities/distinctions in recovery pathways for substance-induced vs primary psychiatric disorders.</td>
<td>• Describe novel practices for the initiation of OAT.</td>
</tr>
<tr>
<td>• Practice the process of differential diagnosis and treatment planning for both a substance-induced disorder and a primary psychiatric disorder.</td>
<td>• Practice educating/initiating a client on Sublocade.</td>
</tr>
</tbody>
</table>
January 29, 2021  
**Recovering From Opioids for Those with Chronic Non-Cancer Pain**

This session focuses on the de-prescribing of opioids as an effective strategy to support recovery from opioid use disorder. Upon completion of this session, the learner will be able to:

- Explain risks associated with chronic opioid therapy.
- Identify the various guidelines and protocols for safe and effective opioid de-prescribing.
- Practice how to therapeutically guide your client throughout the de-prescribing process.

February 26, 2021  
**Methamphetamine Use Disorder: What Can We Do?**

This session focuses on strategies to support recovery from methamphetamine use disorder, including pharmacological and behavioural interventions. Upon completion of this session, the learner will be able to:

- Explain the implications of methamphetamine use.
- Describe the stages of, and how to safely manage methamphetamine withdrawal.
- Discuss behavioural and pharmacological recovery pathways for methamphetamine use disorder.
- Apply a home detoxification protocol with a person experiencing methamphetamine withdrawal.

March 26, 2021  
**Alcohol Use Disorder: The Overlooked Addiction**

This session explores both behavioural and pharmacological paths to recovery for AUD. Upon completion of this session, the learner will be able to:

- Describe current trends and impacts of alcohol use in Alberta/Canada.
- Identify effective treatment pathways for recovery in alcohol use disorder, including psycho-social and pharmacologic interventions.
- Practice how to start a client on pharmacotherapy with naltrexone.

April 30, 2021  
**Cannabis Use Disorder: What Can We Do?**

This session focuses on how to identify and treat cannabis use disorder. Upon completion of this session, the learner will be able to:

- Describe the risks/therapeutic benefits of cannabis use
- Identify diagnostic criteria for cannabis use disorder.
- Discuss treatment pathways for cannabis use disorder including behavioural and pharmacotherapy interventions.
- Practice the assessment and treatment planning for cannabis use disorder.

May 28, 2021  
**OAT: Lessons Learned and New Concepts**

This session explores the most current and evidence-informed practices in converting full opioids agonists (methadone) to partial opioid agonists (BUP-NLX). Upon completion of this session, the learner will be able to:

- Describe the advantages and disadvantages of full (methadone) and partial (BUP-NLX) OAT.
- Describe protocols and practices for a successful conversion from full to partial OAT.
- Practice applying strategies for a successful conversion using Slow-Release Oral Morphine and micro-dosing.

June 25, 2021  
**Therapeutic (Recovery) Communities**

This session explores what a recovery community and how they support access to services. Upon completion of this session, the learner will be able to:

- Define therapeutic communities and the evidence supporting use in recovery.
- Explain the philosophy and services available within Alberta’s 5 recovery communities.
- Explain recovery capital and how it is built at the individual, community, relationship, and society levels.

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To join the livestream click here: [https://livestream.com/accounts/3923053/events/8457082](https://livestream.com/accounts/3923053/events/8457082)

Participants are invited and encouraged to submit related topic case examples via email in advance for review during the live question and answer periods. Contact [concurrent.disorders@ahs.ca](mailto:concurrent.disorders@ahs.ca) for more information.