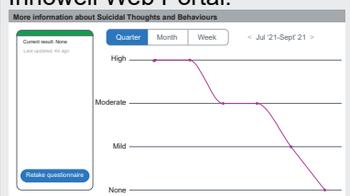
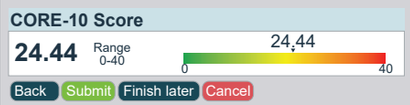
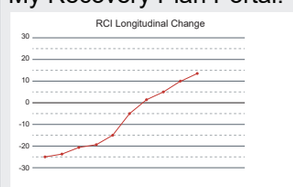
AMH Digital Tools for Treatment Planning
Comparison & Journey Map

A comparison between digital tools used in addiction & mental health for treatment planning.

	Description	Tier of Care*	Scope	Scale & Timeline	Target Audience	Connect Care	Other Built-in Supports	Client Interface
LOCUS	- Decision support tool for service matching & assigning LOCUS Level of Care - Completed at entry points and points of transition in AMH, as well as discharge - Scores accessible by provider in Connect Care - Considers 6 domains	 Identifies most appropriate Level of Care at AHS	Mental health & substance use	Edmonton, Calgary & South Zone Ongoing expansion in other Zones	LOCUS - Adults CALOCUS - child & adolescents aged 6-18 Provider completed	✓	- Scores available for providers in Connect Care and ASSIST	None
e-Mental Health	- A series of tools that supports measurement-based care - Informs treatment planning & tracks treatment progress - Completed regularly throughout treatment - Considers 20 mental health & substance use domains	 Tiers 2-5 (AHS, Community, PCNs, Schools)	Mental health & some substance use	Pilot across Alberta to Spring 2024	Youth & young adults aged 15-24 Client completed	Ability to integrate	- Web-based platform - Graphical interface for providers & clients - Added apps & e-tools to support client - Suicidality notifications - Ability to add support people	Innowell Web Portal: 
CORE	- An outcome measure that supports measurement-based care - Informs treatment planning & tracks treatment progress - Completed regularly throughout treatment - Considers 4 domains (well-being, problems, functioning, risk)	 Tiers 2-5 (Edmonton Zone AHS)	Mental health	Pilot in Edmonton Zone Fall 2021 Future expansion	CORE-OM & CORE-10 - Adults YP-CORE - young people aged 11-16 Client completed	✓	- Graphical interface for providers through Connect Care - Client interface with My AHS Connect - Risk notification flags	My AHS Connect: 
My Recovery Plan	- Calculates Recovery Capital Score to create recovery plans, including goals and tasks - Moves client from active addiction to healthy, pro-social networks - Wait list management, tracks treatment and recovery outcomes, tracks referrals to and from service providers	 Tiers 2-5 (Contracted addiction services)	Substance use	Contracted addiction services Winter 2022 Future expansion	Adults only Navigator/ provider completed		- Web-based platform - Graphical interface for providers & clients - Added social support resources such as housing, employment	My Recovery Plan Portal: 

* Tiers defined by Alberta's Integrated AMH Service Model.
Other virtual AMH tools at AHS, such as Text4Hope, can be used to support clients. Some of these are included in the e-Mental Health Platform as care options.

For more information, contact
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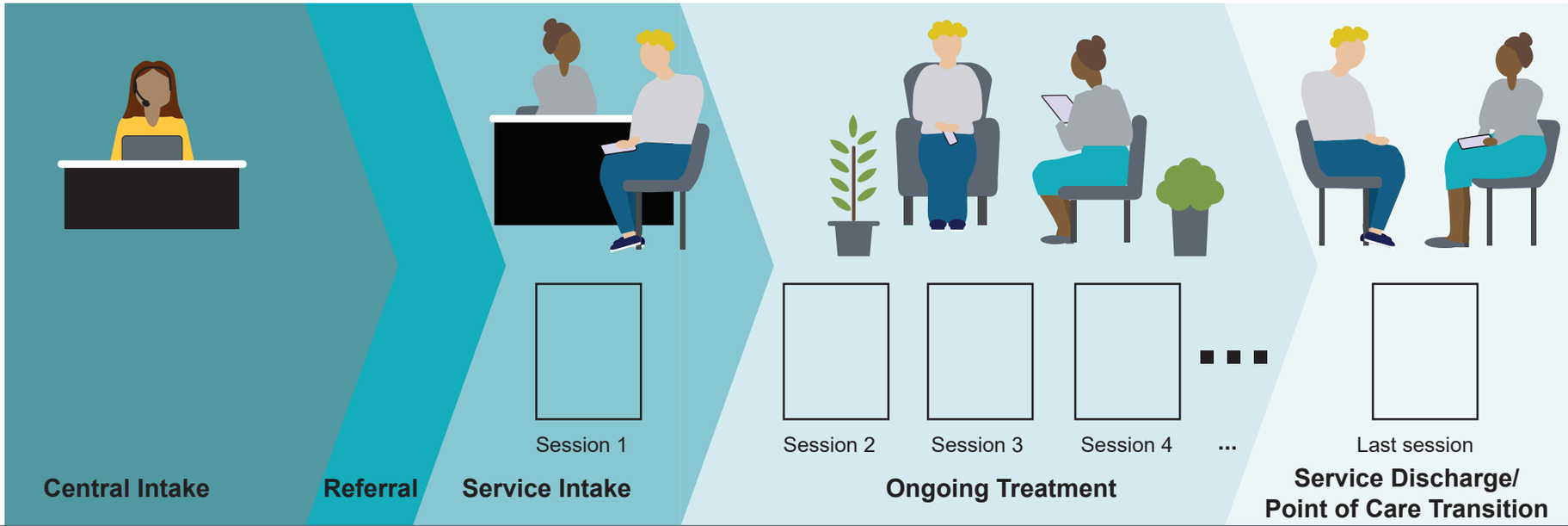
Alberta Health Services

When are the tools used during the client journey?



	Central Intake	Referral	Service Intake	Ongoing Treatment	Service Discharge/ Point of Care Transition
LOCUS **(Decision support tool for service matching & assigning Level of Care)**	√ - Partial to full completion by all centralized intake/access services to determine level of care & make referral		√ - Complete tool to confirm Level of Care & inform treatment plan	? - Completed when transition to different service intensity is required, as per clinical judgment	√ - Complete tool to determine next appropriate Level of Care
e-Mental Health **(Series of tools to support measurement-based care)**			√ - Complete tool to inform treatment plan & establish symptom baseline	√ √ √ - Ongoing completion to track progress & inform treatment planning - Changes in scores could indicate if LOCUS should be performed to re-evaluate Tier of Care	√ - Complete tool to measure treatment outcome & success
CORE **(Outcome measure to support measurement-based care)**			√ - Complete tool to inform treatment plan & establish symptom baseline	√ √ √ - Ongoing completion to track progress & inform treatment planning - Changes in scores could indicate if LOCUS should be performed to re-evaluate Tier of Care	√ - Complete tool to measure treatment outcome & success
My Recovery Plan **(Client support tool measuring recovery capital)**			√ - Complete tool to evaluate Recovery Capital Score - Wait list management	√ √ √ - Ongoing completion as needed to track progress & inform treatment planning	√ - Complete tool to measure treatment outcome & success, as well as provide goals & tasks to work on post-discharge