

## Antipsychotics Safety Monitoring Recommendation Record (Adults) FAQ's

Link to form – [Antipsychotics Safety Monitoring Recommendation Record \(Adults\)](#)

**1. What do the dark shaded areas on the recommendation record mean?**

The dark shades reflect the time when blood work DOES NOT need to be done. For example, TSH needs to be done at baseline and then again in 12 months. This recommendation record is intended to be used as a guide, physicians may want to do tests more frequently (if required) or less frequently.

**2. What do the stars (\*) stand for?**

Please refer to the 2<sup>nd</sup> page under notes for definitions on the stars (\*)

**3. What is the significance of the highlighted areas?**

The highlighted areas are meant to draw special attention to a particular area. Clinicians felt that neurological examination was an important component when monitoring side effects. We wanted to ensure that this area was not missed.

**4. I am required to discuss diet and exercise with my patients, are there resources available for me to use?**

Yes, there are resources available. Please refer to MyHealthAlberta website information – [Physical Activity and Your Mental Health](#) & [Nutrition and Your Mental Health](#). For information on smoking cessation please refer to the [AHS tobacco free futures](#) website.

**5. Why do I need to give the patient a copy of the recommendation record, or fax a copy to their primary care provider?**

Patients are often followed in a clinic or hospital for a short period of time. They are then followed by their primary care provider. For patients in hospital who are transferred to outpatient or community care, it is important for continuity of care that the recommendation record be either faxed to the clinic or given to patient to share with their primary care provider. It is important that the primary care provider continues to monitor for adverse effects of antipsychotics.