

Effective Collaborative Care Teams

Addiction & Mental Health in Primary Care

Health care providers that work together can strive towards giving patients the best care possible by sharing their expertise and relying on one another for information. An effective collaborative team can be crucial to delivering holistic, patient-centered care.

Understanding facilitators of interprofessional collaboration can help build effective teams.



Communication

Clear lines of communication between team members facilitates knowledge creation, development of shared goals, and clinical decision making. Effective communication can also lead to positive working relationships and improvements in care.



Roles and Responsibilities

Clear lines of definitions enable team members to be interdependent while maintaining professional autonomy. Understanding each team member's roles and responsibilities can help build respect among colleagues and support attainment of the team's shared goals.



Mutual Trust and Respect

Team members are more likely to be able to identify and define their role on the team and recognize the strengths of others if there is an environment of mutual trust and respect.



Training and Development

Team members should be given opportunities to gain new knowledge and skills. Cultivating a learning culture on the team will promote knowledge sharing and professional development.



Shared Vision and Goals

Shared vision and goals will help guide the purpose and direction of the team. They should reflect patient-centred principles, and be supported by all team members.

For these findings and more, check out our [Collaborative Care Literature Review](#).

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