Concurrent Capable Program Review Toolkit

Background

Recovery Alberta: Mental Health & Addiction Services is committed to improving services and support for mental health, substance use and gambling or behavioural addiction concerns, as well as concurrent disorders (mental health and substance use disorder or behavioural addiction at the same time).

What is the Concurrent Capable Program Review Toolkit?

The Concurrent Capable Program Review (CCPR) process and toolkit are designed to help interested programs organize a baseline self-assessment of their concurrent capability. It is one step in a continuous quality improvement process in which programs create an action plan to progress toward concurrent capability and a recovery-oriented system of care.

This reimagined program review is based on two resources: the Compass EZ by Dr. Ken Minkoff and Recovery Alberta's Standard Approach to Concurrent Capable Practice Framework. It was previously facilitated by provincial consultants at in-person sessions across the province by request. This new toolkit design equips teams to facilitate their review process. Within the CCPR, there are two recommended activities outlined below:

1. **Review Session** where the group meets to review and score each self-assessment section, which will include robust discussion. It's best to find a time that works for all staff, such as a regular team meeting, training session or unscheduled afternoon. The assessment can be completed in a half day or 2-3 hours or broken into four to eight 20-30 minute sessions for each section (for example, at a staff meeting). For detailed steps on this process, please see the facilitation guide.
2. **Recommendations** Session where the same group comes together and receives a summary of the review scores and suggested recommendations. This session includes time for team input and brainstorming on quality improvement initiatives that are proposed and planned and takes about one hour. For detailed steps on this process, please see the facilitation guide.

Resources to guide the Concurrent Capable Program Review:

- The Standard Approach to Concurrent Capable Care Framework
- CCPR Facilitation Guide – an overview and instructions for setting up the sessions.
- CCPR PowerPoint Slides– optional slides/handouts for a review session.
- CCPR Scribe Scorebook – for tracking team conversation by an assigned scribe.
- CCPR Participant Handout – optional for each team member to keep notes.
- CCPR Recommendations List – for the facilitator and leaders to collate and select appropriate recommendations.

This toolkit will provide key information to create a positive facilitation and team experience for your team and lead to quality improvement for enhanced concurrent capable services.