

e-Mental Health Domains & Questionnaires

Domain Name	Tool
Alcohol use	AUDIT C and WHO-ASSIST
Anxiety	OASIS
Cannabis use	WHO-ASSIST
Cultural Connectedness	MIEM
Depressed mood	QIDS
Eating behaviours and body image	EDE
Everyday functioning	SOFAS
Grief and Loss	ICG
Mania-like experiences	ASRM + BMC mania screen
Mental health dashboard	CGI-S
Overall health dashboard	Overall health on a scale of 0-100
Physical health dashboard	Physical health on a scale of 0-100
Post-traumatic stress	PC-PTSD-5
Psychological distress	K10
Psychosis-like experiences	PQ-16
Resilience	CYRM
Self harm	B-NSSI-AT
Sleep/wake cycle	PSQI
Social & occupational function	Questions taken from a variety of assessments such as the Organization for Economic Co-operation and Development (OECD), Census of Population and Housing, Australian Bureau of Statistics (ABS), WHO Disability Assessment Schedule (WHODAS 2.0), and Work and Social Adjustment Scale (WSAS)
Social connectedness	SSSS
Spiritual health	SHALOM
Suicidal thoughts and behaviors	SIDAS and C-SSRS
Tobacco use	WHO-ASSIST