

# eMH Expression of Interest Application

## Expression of Interest Recap

The e-Mental Health for Youth and Young Adults (eMH) platform is looking for mental health providers who are interested in helping to pilot this new digital initiative. Our Expression of Interest Callout provides a detailed summary of the benefits and the target audience of this initiative.

The platform offers:

- **Measurement-based care:** Client assessment across 20 mental health and substance use domains that identifies high-risk areas to inform treatment planning and track progress. Both the provider and client can view and monitor these scores.
- **Virtual support:** A suite of curated virtual resources and apps to complement care and support youth needs.
- **Crisis options:** Crisis helplines and websites for clients in crisis or with high-risk scores.

We are looking to work with:

- Providers with an interest in and a capacity to enhance mental health care provided to youth.
- Programs for **youth and young adults aged 15-24** that are free of charge.
- Providers that are internal or external to AHS, including PCNs, AHS clinics, post-secondary and secondary schools.

We provide:

- Service-mapping and co-design facilitation to help you determine where the eMH platform can fit into your existing services.
- Training to support providers in using the eMH platform.
- Ongoing support with the eMH platform.
- Opportunities to help modify and design the eMH platform and analytic reporting.

If you are interested in learning more about eMH and getting involved in this initiative, please submit this completed application to [emh@ahs.ca](mailto:emh@ahs.ca). Expressions of Interest will be reviewed on a first-come first-served basis.

## About the Site

1. City & Site Name

City/Town	
Site Name	

2. Site Type

- AHS
- PCN
- Middle or high school
- Post-secondary
- Other mental health provider

3. Does your site collect Personal Health Numbers of patients/clients?

- Yes
- No

4. How many mental health providers (such as psychologists, social workers, counsellors) at your site work with young people aged 15-24?

## Site Information and Evidence of Need

5. What is your yearly reported client count for the following years? We will use this information to identify need and audience.

2019-2020	
2020-2021	
2021-2022	
2022-2023	

6. What percentage of clients you serve are aged 15-24 years and could benefit from this program?

7. How many of your mental health providers do you think will use the platform?

8. Why are you interested in adopting the eMH platform for youth and young adults in your care?

9. Describe your current site model and the supports provided to youth and young adults.

10. The eMH platform helps partners assess risk for a number of domains, including suicidal thoughts and behaviours. Does your site have a response plan, policy, or procedure for patients or clients who are at risk for suicide? If so, please describe it.

## Site Readiness

11. Are there other projects your site is actively participating in (such as software integration, changes in practice)? If so, please detail them here.

12. What is the earliest you could start pre-implementation activities? Note that our implementation time (outlined on page 5) requires at least 10 weeks.

## Site Lead(s) to Contact

Please provide the information for leads at your site that we may contact:

Name: _____	Name: _____
Title: _____	Title: _____
Phone: _____	Phone: _____
Email: _____	Email: _____
Date: _____	Date: _____

Following submission of this form to [emh@ahs.ca](mailto:emh@ahs.ca), applicants will be invited to a web-based meeting with our practice team, where they can ask questions about the project and we can get to know applicants better.

## Contact Information

If you have any additional questions about this opportunity, please contact [emh@ahs.ca](mailto:emh@ahs.ca)

## Implementation Timeline

### Exploration Phase

- Expression of interest submitted
- Information session and Innowell demo
- Discussion of site suitability
- Sign project charter
- Establish roles and set goals

**Weeks 1-3**

### Implementation Phase

- Weekly 1:1 meetings with your nominated Site Lead
- Co-design process, including for notifications and youth-at-risk
- Platform training sessions
- Sign necessary agreements
- Provide staff with Innowell accounts

**Weeks 4-9**

### Launch & Sustainment Phase

- Distribution of printed communication materials
- Site staff onboard youth and young adults
- Staff integrate the tool into their work with youth to facilitate continuous multi-dimensional assessment, monitoring, and matched care

**Weeks 10+**