AAES run September through to June, from 9 a.m. - 12 p.m. (MST). Each session consists of didactic lectures from subject matter experts and individuals with living/lived experience, followed by facilitated de-identified case reviews with clinicians specializing in the field. Every case review invites audience participation, offering the opportunity to engage in treatment decisions through the use of interactive online polling software. Each session concludes with a question and answer period via text, email or chat box options.

**September 25, 2020**
**Recovery: A Process of Change**

This session focuses on a comprehensive understanding of recovery. Upon completion of this session, the learner will be able to:
- Define recovery and its guiding principles.
- Explain what a recovery-oriented system of care entails including prevention, intervention, treatment, and monitoring.
- Describe the various evidence-informed pathways to recovery.
- Identify recovery as a strength-based process that is unique to the individual.

**October 30, 2020**
**Recovery 101**

This session explores the role harm reduction plays within the recovery spectrum. Upon completion of this session, the learner will be able to:
- Explain how harm reduction is an evidence-informed pathway to recovery.
- Describe harm reduction activities and services that support a recovery-oriented system of care.
- Demonstrate engaging in a recovery-oriented conversation with your client that is appropriately aligned to motivation for behavioural change.

**November 27, 2020**
**Substance-Induced or Primary Psychiatric Disorders? How Does it Impact Treatment?**

This session focuses on how to differentiate between a substance-induced vs a primary psychiatric disorder. Upon completion of this session, the learner will be able to:
- Identify how to differentiate between substance-induced disorders and primary psychiatric disorders.
- Explain the similarities/distinctions in recovery pathways for substance-induced vs primary psychiatric disorders.
- Practice the process of differential diagnosis and treatment planning for both a substance-induced disorder and a primary psychiatric disorder.

**December 18, 2020**
**Opioid Agonist Treatment (OAT): A Recovery Tool**

This session explores the most current evidence-informed practices in converting full opioid agonists (methadone) to partial opioid agonists (BUP-NLX). Upon completion of this session, the learner will be able to:
- Explain how initiating OAT is a treatment strategy for opioid use disorder.
- Describe novel practices for the initiation of OAT.
- Practice educating/initiating a client on Sublocade.
To join the livestream click here: [https://livestream.com/accounts/3923053/events/8457082](https://livestream.com/accounts/3923053/events/8457082)

Participants are invited and encouraged to submit related topic case examples via email in advance for review during the live question and answer periods. Contact concurrent.disorders@ahs.ca for more information.