

Supervisee Self-Assessment for the First Meeting

This resource is a part of the Clinical Supervision and Practice Support Toolkit from the [PACES Learning Pathway](#). The resources in this toolkit are provided as optional tools to support supervision and professional development. They are intended to guide meaningful conversations and reflection and may be used, adapted, or replaced with other approaches that best meet the needs of the supervisor and employee.

Any information documented using these tools is intended solely to support the supervisory process and is not intended to form part of the employee's official personnel or human resources record. Completed tools should not be submitted to Human Resources or retained in an employee file.

Initial meeting checklist:

- Review supervisee's educational background, past clinical experience
- Review supervisor's educational background, experience, and approach
- Review program requirements and processes
- Review regulatory and ethical guidelines per professional college
- Internal supervisors who will be supervising the performance of a restricted activity must be authorized to perform that activity.
- Supervisor approved for time allocated within their AHS role to provide supervision.
- Supervisee approved for time allocated within their AHS role to receive supervision.

Supervisee reflection questions:

1. Consider your current knowledge and skills and identify your strengths in mental health and addiction clinical practice:

2. Which skills would you like to develop or improve:

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3. What knowledge or approach would you like to add to your practice:

4. Identify self-care practices you employ at work and outside of work:

5. What is your experience of supervision in the past? What expectations or hopes do you have for future clinical supervision? Any preferred methods e.g. direct observation, chart audits, written feedback.

Next meeting: Complete the AMH competency-based learning plan and review with supervisor

Follow up meeting (date): _____

- Discuss reflection questions
- Review AMH competency-based learning plan
- Develop supervision plan

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