

Addiction and Mental Health Resources

This document offers information for service providers and families to get access to addiction and mental health initiatives and programs, links to resources and education, and service directories.

Community Addiction and Mental Health Resources for Children, Youth and Families

- Bridging the Gap (BTG) - Hull Services: 403-216-0660
<https://www.hullservices.ca/services/bridging-gap>
- YOUTHONE: <https://www.youthone.ca/youth>
- McMan Youth, Family and Community Services Association:
<http://www.mcman.ca/default.aspx>
- Calgary Counselling Centre: 403-265-4980 <https://calgarycounselling.com/>
- The Salvation Army Alberta & Northern Territories
Division: <https://salvationarmy.ca/alberta/>
- Catholic Family Service: 403-233-2360 <https://www.cfs-ab.org/>
- Wood's Homes Eastside Community Mental Health: 403-299-9699
<https://www.woodshomes.ca/programs/eastside-community-mental-health-services/>
- Wood's Homes Crisis & Counselling Services: 403-270-4102
<https://www.woodshomes.ca/our-services/crisis-counselling-services/>
- Foothills Community Counselling - High River: 403-603-3549
<https://highriver.ca/foothills-community-counselling/>
- Jewish Family Service Calgary (JFSC): 403-287-3510 <https://www.jfsc.org/>
- Carya (formerly Calgary Family Services): 403-205-5244/403-205-5244
<https://caryacalgary.ca/>
- CASA Resources for Child, Adolescent, and Family Mental Health Provincial
<https://www.casaservices.org/resources-for-general-mental-health>
info@casaservices.org
- Alberta Gamblers Anonymous: <http://www.albertaga.net/MeetingLocator1.php>
- Child Safe Canada: 403-202-5900 <https://www.childsafecanada.com/>
- Children's Link: <https://childrenslink.ca/community-support/>
- Edmonton Morale & Welfare Services (CAF Connection): 780-973-4011 x7048
<https://www.cafconnection.ca/Edmonton/Home.aspx>
- Canopy Society: <http://canopysociety.org/>
- COMHS Centre for Online Mental Health Support: <https://www.comhs.health/>
- Families Matter: 403-205-5178 <https://www.familiesmatter.ca/>
- The Family Centre (Edmonton) 780-900-5934 (outside of Edmonton) 1-800-232-7288
<https://www.familycentre.org/>
- Alberta - Métis and Indigenous Children's Services offices <https://www.alberta.ca/metis-and-indigenous-childrens-services-offices.aspx#toc-1>
- Sunrise Healing Lodge Society (Addiction Services): 403-261-7921 <http://nass.ca/>
- Closer to Home Community Services: 403-543-0555
<https://calgaryclosertohome.com/programs-and-services-overview/early-intervention-prevention/west-central-resource-centre>

For more information, contact Provincial Information and Child, Youth, and Family Initiatives Standards at informationandcyfistandards@ahs.ca.

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- Inform Alberta.ca: https://informalberta.ca/public/common/index_ClearSearch.do
- 211 Alberta <https://ab.211.ca/>

Alberta Health Services Addiction (AHS) and Mental Health Resources for Children, Youth and Families

Calgary Zone

- Youth Substance Use and Mental Health Services: 403-297-4664
<https://www.albertahealthservices.ca/findhealth/facility.aspx?Id=68>
- Community Health Promotion Services (CHPS) email CHPS@ahs.ca or call: 403-297-4664
- AHS Addiction and Mental Health Young Adult Treatment Program (YAT): 403-367-5000
<https://www.albertahealthservices.ca/findhealth/service.aspx?Id=1064201&facilityId=1247>
- AMH AHS Lake Louise: 403-678-3133
- Claresholm AMH Clinic: 403-625-4068
- Vulcan AMH Clinic: 403-485-3356
- Sleep Disturbance Centre: 403-944-2404

Edmonton Zone

- Youth Addiction Services/Youth Residential Addictions Services: 780-422-7383
- Northgate Centre: 780-342-2700
- Rutherford Health Centre: 780-342-6850
- Addiction and Mental Health – Crisis Team, Child and Adolescent Stollery Children's Hospital: 780-407-1000
- ACCESS Open Minds: 780-415-0048

Central Zone

- Camrose Addiction and Mental Health Clinic: 780-672-1181
- Coronation Hospital and Care Centre: 403-743-2000
- Drayton Valley Community Health Centre: 780-542-3140
- Drumheller Health Centre: 403-820-7863
- Hanna Health Centre: 403-854-5276
- Hardisty Health Centre: 780-742-7522
- Innisfail Health Centre: 403-227-4601
- Killam 4811 49 Avenue: 780-385-7161
- Lacombe Community Health Centre: 403-782-3413
- Lamont Health Care Centre: 780-895-5817
- Olds Provincial Building (South): 403-507-8174

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- Our Lady of the Rosary Hospital: Castor 403-743-2000
- Ponoka Provincial Building: 403-783-7903
- Provost Provincial Building: 780-753-2575
- Red Deer 49 Street Community Health Centre: 403-340-5466
- Rimbey Hospital and Care Centre: 403-843-2406
- Rocky Mountain House Health Centre: 403-844-5235
- Stettler Hospital and Care Centre: 403-743-2000
- Sundre Hospital and Care Centre: 403-507-8174
- Sylvan Lake Community Health Centre: 403-887-6777
- Three Hills Provincial Building: 403-443-8532
- Tofield Health Centre: 780-672-1181
- Vegreville Community Health Centre: 780-632-2714
- Vermilion Provincial Building: 780-581-8000
- Wainwright: 780-842-7522
- Wetaskiwin Provincial Building: 780-361-1245

South Zone

- Blairmore Addiction: 403-562-5041
- Lethbridge Child, Youth, and Family Addiction and Mental Health: 403-381-5278
- South Country Treatment Centre Adult addiction residential services Alcohol, drug and gambling Lethbridge:403-329-6603
- Medicine Hat Community Addiction and Mental Health Services: 403-529-3500
- Raymond Health Addiction and Mental Health Centre: 403-752-5440
- Taber Mental Health Facility: 403-223-7244
- Brooks Community Mental Health Services: 403-793-6655
- Cardston Addiction and Mental Health Facility: 403-653-5115
- Pincher Creek Mental Health Facility: 403-627-1240

North Zone

- Athabasca Addiction and Mental Health: 780-675-5841
- Fox Creek Mental Health: 780-622-5106
- Grande Cache CHC: 780-827-4998
- Grande Prairie Addiction and Mental Health intake: 780-833-4323
- Integrated Crisis and Access Team (ICAT): 587-259-5513"
- Barrhead Addiction Services: 780-674-8239
- Barrhead Mental Health Services: 780-674-8243
- Bonnyville Addiction Services: 780-826-8054, for ODP call- 780-826-8034
- Bonnyville Mental Health Services: 780-826-2404
- Cold Lake Addiction Services: 780-594-7556
- Edson Addiction and Mental Health: 780-725-6132, 780-725-6110
- Fort McMurray Addiction and Mental Health: 780-793-8360

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- High Level (NW), CHC, Includes: Fort Vermilion, La Crete, Rainbow Lake: 780-841-3229
- High Prairie Addiction and Mental Health: 780-523-6490
- Hinton Addiction Services: 780-865-8263
- Hinton Mental Health Services: 780-865-8247
- Jasper Addiction and Mental Health Services: 780-852-6616
- LacLaBiche Addiction Services: 780-623-5227
- LacLaBiche Mental Health Services: 780-623-5230
- Mark Amy Treatment Center: 1-780-334-2398
- Mayerthorpe Addiction and Mental Health: 780-786-2279
- Onoway Addiction and MH Services: 780-967-9117
- Peace River/Fairview: 780-624-6151
- Fort Vermilion: 780 841 3229
- St, Cold Lake: 1-780-594-9903, 1-877-594-5454 (toll free)
- Slave Lake Addiction: 780-849-7127
- Slave Lake Mental Health: 780-805-3502
- St. Paul Addiction Services: 780-645-6346
- St. Paul Mental Health Services: 780-645-1850
- Valleyview Mental Health: 780-524-5096, 780-524-3338
- Wah-Pow Treatment Center (Beaver Lake): 1-780-623-2553
- Westlock Addiction and Mental Health: 780-349-5846
- Wood Buffalo AMH Services Fort McMurray: 780-793-8360
- Whitecourt Addiction Services: 780-778-7123
- Whitecourt MH Services 780-706-3281

Provincial

- AHS PChAD 101 Protection of Children Using Drugs (PChAD) Program
<https://www.albertahealthservices.ca/amh/Page2547.aspx>
- AHS Addiction and Mental Health www.ahs.ca/amh

Virtual Support

- Health Link: 811
- Togetherall: <https://togetherall.com/>
- Child Abuse Hotline: 1-800-387-5437
- Addiction Helpline: 1-866-332-2322
- Kids Help Phone: 1-800-668-6868 <https://kidshelpphone.ca/>
- Mental Health Helpline: 1-877-303-2642 (Toll free)
- Crisis Text Line - Text CONNECT to 741741
- Connect teen:
 - Call (24/7): 403.264.8336

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- Text (daily): 587-333-2724
- Teen Line: 403 264-8336
- Youth Drug line: 403-269-3784
- Calgary Access Mental Health: 403- 943-1500
- Edmonton Access Mental Health: 780-424-2424
- Community Addiction and Mental Health Services – rural communities 1-877-652-4700
- Alberta Foster and Kinship Association Support Line Team: 1-800-667-2372
- Suicide Crisis Line: 403-266-0700 or 403-266-1605
- Distress Centre Calgary/ Red Deer: 403- 266-4357
- Distress Centre Edmonton: 780-482-4357; 780-342-7777
- Distress Centre South Western Alberta: 403-327-7905 or toll free: 1-888-787-2880
- PSYCOM Applications: <https://www.psycom.net/25-best-mental-health-apps>
- The Wellness Society: <https://thewellnesssociety.org/mindfulness-and-meditation/>

Educational and Training Material/Opportunities for AHS Employees and Community Partners

- Primary Health Care Learning Portal: phc.myabsorb.ca.
- Knowledge Resource Service (KRS): <https://krs.libguides.com/home>
- Healthy Minds, Healthy Children: <https://wp.hmhc.ca/>
- Mental Health Online Resources for Educators (MORE) program: <http://www.hmhc.ca/more.html>
- Community Education Service (CES) program: <http://community.hmhc.ca/>
- Continuing Professional Development (CDP) program: <https://wp.hmhc.ca/cpd/>
- Canadian Research and Education for the Advancement of Child Health (CanReach): <https://wp.hmhc.ca/canreach/>
- Clinical Consultation (HMHC): <https://wp.hmhc.ca/consultation/>