# **Provincial Adult General Surgery Referral Pathway**



## **About this Pathway**

Referral pathways help referring providers know where to send referrals and what information to include.

These guidelines were created, updated, and codesigned with primary care, specialty care and patients.

We value all feedback to improve referral pathway. Please share your comments via Online Survey or scan the QR code.

### Request Urgent Advice

(Patient may need to be seen immediately. Patients with conditions that require same day intervention and/or diagnostics but not hospitalization; not life threatening)

Call **RAAPID** urgent tele-advice: RAAPID North: 1-800-282-9911. RAAPID South: 1-800-661-1700.

## **Request Emergency Consultation**

(patient NEEDS to be seen immediately)

Call **RAAPID** or send to **Emergency Department via 911** as appropriate.

### **Review Clinical Pathway**

(for guidance on referral process, if available)

A clinical pathway may be available to guide care options for your patient's condition:

#### Provincial

- Chronic Abdominal Pain Primary Care Pathway
- Chronic Constipation Primary Care Pathway
- Chronic Diarrhea Primary Care Pathway
- Dyspepsia Primary Care Pathway
- GERD Primary Care Pathway
- <u>High Risk Rectal Bleeding Pathway for Colorectal Cancer</u> (CRC) Diagnosis
- Irritable Bowel Syndrome (IBS) Primary Care Pathway
- Endocrinology Thyroid Nodule Pathway
- Provincial Perianal Disease Primary Care Pathway

If you have any questions while using a clinical pathway or if a clinical pathway is not available, please request non-urgent advice.

## **Request Non-Urgent Advice**

(when uncertain whether to submit a referral)

Access **non-urgent specialist advice** online or by telephone:

By electronic advice (Response within 5 calendar days): All zones use Alberta Netcare eReferral and submit eConsult request.

For more information, visit:

albertanetcare.ca/learningcentre/eReferral.htm

North and Edmonton Zones: Connect MD

- Advice available Monday to Friday (except statutory holidays). Request advice:
- Online at pcnconnectmd.com/non-urgent-advice-request.
- By phone at 1-844-633-2263.
- For more information, visit www.pcnconnectmd.com.

#### Calgary Zone: Specialist Link

- Tele-advice available Monday to Friday (except statutory holidays).
- Request call-back at 1-844-962-5465.
- For more information, visit www.specialistlink.ca.

### **Request Non-Urgent Referral**

(when patient requires non-urgent referral)

Submit a referral as per the process below:

- Complete a referral letter including the reason for referral. Tip: review the <u>QuRE Referral/Consult Checklist</u> for high-quality referral guidelines. A form is also available: <u>Facilitated</u> Access to Specialized Treatment (FAST) Adult General Surgery Referral Form.
- 2. Attach all mandatory information to the referral.
- 3. Fax the completed referral to the FAST (Facilitated Access to Specialized Treatment) central access and intake program as listed in the Program Contacts section.

If you have questions about a previously submitted but unassigned referral, call the FAST office at 1-833-553-3278. If you have questions about an assigned referral, please contact the specialist office directly.



| TABLE OF CONTENTS   |   |   |   |  |
|---|---|---|---|--|
| Gastrointestinal  | Colorectal  | Colorectal Cancer<br>Screening / Surveillance   | Hernia  | Mass or Cancers  |
| Disorder of the Lower GI Tract (Includes: chronic constipation, chronic diarrhea, IBS) Disorder of the Upper GI Tract (Includes: dyspepsia, GERD, dysphagia) Chronic Abdominal Pain | Rectal Bleeding Diverticulitis Fecal Incontinence Disorder of the Anal Region (Includes: fissures, fistulas, hemorrhoids) Pilonidal Disease Rectal Prolapse | FIT: Positive Finding Family History of Colorectal Cancer Personal History of Colorectal Neoplasia          | Inguinal Hernia Incisional Hernia Umbilical Hernia Other Abdominal Hernia | LSIL HSIL Esophageal Mass Rectal Cancer Anal Cancer Suspected Colon Cancer Colon Cancer                          |
| Hepatobiliary   | Abnormal Imaging of GI Tract  Endocrine   | Minor Procedures  | Venous Disorders  | Suspected Stomach Cancer Stomach Cancer Suspected Soft Tissue Cancer Soft Tissue Cancer Neck Mass  Breast Health |
| •   | Adrenal Mass  |   |   |  |
| Symptomatic Gallstones<br>Gallbladder Polyps<br>Gallbladder Mass<br>Pancreatic Mass   | Suspected Neuroendocrine Tumor Suspected Parathyroid Disease Thyroid Mass   | Symptomatic Lipoma Excision Sebaceous Cyst Excision Temporal Artery Biopsy Sural Nerve Biopsy Muscle Biopsy | Venous Disease Uncomplicated Venous Disease Complicated                   | Suspected Breast Cancer Breast Cancer Benign Breast Disease  |
| Other   |   | Lymph Node Biopsy   |   |  |
| Bariatric Surgery Consult for General Surgery Other   |   |   |   |  |



## **Program Contacts**

| North Zone   | Edmonton Zone   | Central Zone   | Calgary Zone  | South Zone   |
|--|---|--|---|--|
| RAAPID North<br>Tel 1-800-282-9911                                 | RAAPID North<br>Tel 1-800-282-9911  | RAAPID North Tel 1-800-282-9911  RAAPID South Tel 1-800-661-1700   | RAAPID South<br>Tel 1-800-661-1700  | RAAPID South<br>Tel 1-800-661-1700   |
| Connect MD Online request Tel 1-844-633-2263 pcnconnectmd.com      | Connect MD Online request Tel 1-844-633-2263 pcnconnectmd.com   | Coming Soon  | Specialist Link Tel 1-844-962-5465 specialistlink.ca  | Coming Soon  |
| North Zone FAST Team  Tel 1-833-553-3278 ext. 1 Fax 1-833-627-7025 | Edmonton Zone FAST<br>Team  Tel 1-833-553-3278 ext. 2 Fax 1-780-670-3224  | Central Zone FAST Team  Tel 1-833-553-3278 ext. 3 Fax 1-833-627-7022   | Calgary Zone FAST Team  Tel 1-833-553-3278 ext. 4 Fax 1-833-627-7023  | South Zone FAST Team  Tel 1-833-553-3278 ext. 5 Fax 1-833-627-7024   |
|  | RAAPID North Tel 1-800-282-9911  Connect MD Online request Tel 1-844-633-2263 pcnconnectmd.com  North Zone FAST Team  Tel 1-833-553-3278 ext. 1 | RAAPID North         RAAPID North           Tel 1-800-282-9911         Tel 1-800-282-9911           Connect MD         Online request           Tel 1-844-633-2263         Tel 1-844-633-2263           pcnconnectmd.com         pcnconnectmd.com           North Zone FAST Team         Edmonton Zone FAST Team           Tel 1-833-553-3278 ext. 1         Tel 1-833-553-3278 ext. 2 | RAAPID North<br>Tel 1-800-282-9911         RAAPID North<br>Tel 1-800-282-9911         RAAPID North<br>Tel 1-800-282-9911           Connect MD<br>Online request<br>Tel 1-844-633-2263<br>pcnconnectmd.com         Connect MD<br>Online request<br>Tel 1-844-633-2263<br>pcnconnectmd.com         Coming Soon           North Zone FAST Team         Edmonton Zone FAST<br>Team         Central Zone FAST Team           Tel 1-833-553-3278 ext. 1         Tel 1-833-553-3278 ext. 2         Tel 1-833-553-3278 ext. 3 | RAAPID North Tel 1-800-282-9911         RAAPID North Tel 1-800-282-9911         RAAPID North Tel 1-800-282-9911         RAAPID South Tel 1-800-661-1700           Connect MD Online request Tel 1-844-633-2263 pcnconnectmd.com         Online request Tel 1-844-633-2263 pcnconnectmd.com         Tel 1-844-633-2263 pcnconnectmd.com         Specialist Link Tel 1-844-962-5465 specialistlink.ca           North Zone FAST Team         Edmonton Zone FAST Team         Central Zone FAST Team         Calgary Zone FAST Team           Tel 1-833-553-3278 ext. 1         Tel 1-833-553-3278 ext. 2         Tel 1-833-553-3278 ext. 3         Tel 1-833-553-3278 ext. 4 |

<sup>\*</sup>FAST (Facilitated Access to Specialized Treatment) central access and intake program.



| GASTROINTESTINAL  |   |  |  |  |  |
|---|---|--|--|--|--|
| Reason for Referral   | Process   | Mandatory Information (Essential investigations & timeframes)  | Extra Info<br>(If available)   |  |  |
| DISORDER OF THE LOWER GI TRACT:  • Chronic Constipation • Chronic Diarrhea • Irritable Bowel Syndrome (IBS) | <ul> <li>Note: Diagnosing most functional GI complaints does not require ended.</li> <li>Process for all zones: If symptoms persist after completing the assoc.</li> <li>South and North: Zone FAST Team.</li> <li>Calgary: GI CAT</li> <li>Central: Send to Zone FAST Team or GI CAT</li> <li>Edmonton: GI CAT</li> <li>CHRONIC CONSTIPATION:</li> <li>Refer to the CLINICAL PATHWAY: CHRONIC CONSTIPATION to help guide the care of your patient prior to referral.</li> <li>All Zones: If symptoms persist after completing the Chronic Constipation Clinical Pathway, see process above.</li> <li>CHRONIC DIARRHEA:</li> <li>Refer to the CLINICAL PATHWAY: CHRONIC DIARRHEA to help guide the care of your patient prior to referral.</li> <li>Note: Chronic diarrhea is defined as: 3 or more loose/watery stools per day, Onset at least 4 weeks ago</li> <li>All Zones: If symptoms persist after completing the Chronic Diarrhea Clinical Pathway, see process above.</li> </ul> | During the time frame of current illness:  CBC Family history of colorectal cancer History of screening for colorectal cancer  During the time frame of current illness: CBC, electrolytes, ferritin, C-reactive protein (CRP) Fecal calprotectin test | Include detailed documentation or medical summary of completed Chronic Constipation Primary Care Pathway including treatments tried  Abdominal x-ray  Include detailed documentation or medical summary of completed Chronic Diarrhea Primary Care Pathway including treatments tried  Thyroid stimulating hormone (TSH) |  |  |
|   | <ul> <li>IRRITABLE BOWEL SYNDROME:</li> <li>Refer to the <u>CLINICAL PATHWAY: IRRITABLE BOWEL</u> <u>SYNDROME</u> to help guide the care of your patient prior to referral.</li> <li>All Zones: If symptoms persist after completing the IBS Pathway, see <u>process above</u>.</li> </ul>  | <ul> <li>During the time frame of current illness:</li> <li>CBC</li> <li>Celiac serology</li> <li>If applicable: for Irritable Bowel Syndrome-Diarrhea (IBS-D):</li> <li>Fecal calprotectin (&gt;200mcg/g), C-reactive protein (CRP)</li> </ul>        | Include detailed documentation or medical<br>summary of completed Irritable Bowel<br>Syndrome Primary Care Pathway<br>including treatments tried   |  |  |

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|   | GASTROINTESTINAL   |  |  |  |  |  |
|---|--|--|--|--|--|--|
| Reason for Referral   | Process  | Mandatory Information (Essential investigations & timeframes)  | Extra Info<br>(If available)   |  |  |  |
|   | Note: Diagnosing most functional GI complaints does not require endoscopy. Please refer to the corresponding Clinical Pathway prior to referral.  Process for all zones: If symptoms persist after completing the associated Clinical Pathway, send referral to:  South and North: Zone FAST Team.  Calgary: GI CAT  Central: Send to Zone FAST Team or GI CAT  Edmonton: GI CAT |  |  |  |  |  |
| DISORDER OF THE UPPER GI TRACT:  • Dyspepsia • Gastroesophageal Reflux Disease (GERD) | <ul> <li>Pefer to the <u>CLINICAL PATHWAY: DYSPEPSIA</u> to help guide the care of your patient prior to referral.</li> <li>If symptoms persist after completing the Dyspepsia Clinical Pathway, see process above.</li> </ul>   | <ul> <li>During the time frame of current illness:</li> <li>CBC</li> <li>H. pylori test (HpSAT [H. pylori Stool Antigen Test]</li> </ul> | <ul> <li>Include documentation or medical summary of completed Dyspepsia Primary Care Pathway including treatments tried</li> <li>Any related motility and diagnostic testing as appropriate</li> <li>Celiac serology results</li> </ul> |  |  |  |
| Dysphagia   | <ul> <li>GERD:</li> <li>Refer to the <u>CLINICAL PATHWAY: GERD</u> to help guide the care of your patient prior to referral.</li> <li>If symptoms persist after completing the GERD Clinical Pathway, see <u>process above</u>.</li> </ul>   |  | Include documentation or medical summary of completed GERD Primary Care Pathway including treatments tried   |  |  |  |
|   | DYSPHAGIA:  • See process above.   |  | <ul> <li>Include description of disease progression</li> <li>Imaging results if available</li> </ul>   |  |  |  |
| CHRONIC ABDOMINAL PAIN  | <ul> <li>Refer to the <u>CLINICAL PATHWAY: CHRONIC ABDOMINAL PAIN</u> to help guide the care of your patient prior to referral.</li> <li>If symptoms persist <b>after</b> completing the Chronic Abdominal Pain Clinical Pathway, see <u>process above</u>.</li> </ul>   |  | Include detailed documentation or medical<br>summary of completed Chronic Abdominal<br>Pain Primary Care Pathway including<br>treatments tried   |  |  |  |

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| COLORECTAL   |  |  |  |  |
|--|--|--|--|--|
| Reason for Referral  | Process  | Mandatory Information (Essential Investigations & timeframes)  | Extra Information If Available   |  |
| RECTAL BLEEDING<br>(BRIGHT RED BLOOD)                              | <ul> <li>Refer to CLINICAL PATHWAY: HIGH RISK RECTAL BLEEDING FOR COLORECTAL CANCER (CRC) DIAGNOSIS to help guide the care of your patient prior to referral.</li> <li>If symptoms persist after completing the High Risk Rectal Bleeding Pathway for CRC Diagnosis:</li> <li>South and North Zones: send referral to Zone FAST Team.</li> <li>Calgary Zone: Send referral to Zone FAST Team or GI CAT</li> <li>Central Zone: Send to Zone FAST Team or refer to GI CAT</li> <li>Edmonton Zone: Send referral to Zone FAST Team or GI CAT</li> </ul> | <ul> <li>DRE findings or explanation of why unable to complete a DRE</li> <li>Completed High Risk Rectal Bleeding Checklist or contents of checklist in referral letter</li> <li>During the time frame of current illness:</li> <li>CBC, creatinine, serum iron, TIBC, and serum ferritin</li> </ul> | Include documentation or medical summary<br>of completed High Risk Rectal Bleeding<br>Pathway for Colorectal Cancer (CRC)<br>Diagnosis |  |
| DIVERTICULITIS   | All Zones: Send referral to Zone FAST Team.  |  | Relevant Imaging   |  |
| FECAL INCONTINENCE   | All Zones: Send referral to Zone FAST Team.  | DRE findings or explanation of why unable to complete a DRE  |  |  |
| DISORDER OF THE ANAL REGION  • Fissures  • Fistulas  • Hemorrhoids | All Zones: If symptoms persist after completing the <u>CLINICAL</u> <u>PATHWAY: PERIANAL DISEASE</u> , send referral to Zone FAST Team.  | DRE findings or explanation of why unable to complete a DRE  | Include documentation or medical summary<br>of completed Peri-Anal Disease Primary<br>Care Pathway                                     |  |
| PILONIDAL DISEASE  | All Zones: Send referral to Zone FAST Team.  |  |  |  |
| RECTAL PROLAPSE  | All Zones: Send referral to Zone FAST Team.  | DRE findings or explanation of why unable to complete a DRE  |  |  |
| ABNORMAL IMAGING OF<br>GI TRACT                                    | Refer to:  South and North Zones: send referral to Zone FAST Team.  Calgary Zone: Send referral to Zone FAST Team or GI CAT  Central Zone: Send to Zone FAST Team or GI CAT  Edmonton Zone: Zone FAST Team or GI CAT   | <ul> <li>Description of symptoms, i.e., unintended weight loss, and reason for requesting imaging</li> <li>Copy of abnormal imaging report</li> </ul>  |  |  |

<sup>\*</sup>Central Alberta Digestive Disease Specialists or Dr. Amanullah's office



## COLORECTAL CANCER SCREENING/SURVEILLANCE

Refer To <u>Toward Optimized Practice (TOP) Guidelines</u> for Colorectal Cancer Screening Guidelines prior to referring.

| Reason for Referral  | Process   | Mandatory Information (Essential Investigations & timeframes)  | Extra Information If Available       |
|--|---|--|--------------------------------------|
| FECAL<br>IMMUNOCHEMICAL<br>TEST (FIT): POSITIVE<br>FINDING | Patients 50-74 years of age with positive FIT should be referred to:  South Zone:  Medicine Hat: Medicine Hat Colorectal Cancer Screening Clinic or Zone FAST Team  Lethbridge: Coaldale Health Center Colorectal Cancer Screening Program (Lethbridge and area)  Calgary Zone: Colon Cancer Screening Centre  Central Zone: GI CAT  Edmonton Zone: GI CAT  North Zone: Zone FAST Team  If your patient does not meet your Zone Colorectal Cancer Screening Program criteria but you feel they are still eligible for colonoscopy, please send referral to:  South Zone:  Medicine Hat: Zone FAST Team  Lethbridge: Coaldale Health Center Colorectal Cancer Screening Program (Lethbridge and area)  Calgary Zone: GI CAT  Central Zone: GI CAT  Edmonton Zone: GI CAT  North Zone: Zone FAST Team | Include detailed documentation or medical summary, i.e., Medication, anticoagulants usage, diabetes, family history of cancer and polyps  Within 1 year of referral:     Body Mass Index (BMI) | CBC, electrolytes,<br>creatinine/GFR |



## COLORECTAL CANCER SCREENING/SURVEILLANCE

Refer To <u>Toward Optimized Practice (TOP) Guidelines</u> for Colorectal Cancer Screening Guidelines prior to referring.

| Reason for Referral  | Process   | Mandatory Information (Essential Investigations & timeframes)   | Extra Information If Available   |
|--|---|---|--|
| FAMILY HISTORY OF COLORECTAL CANCER Includes: • High Risk Adenomatous Polyps | Based on the age of affected first degree family members: Family history of colorectal cancer or advanced adenoma in one first degree relative less than or equal to 60 years or 2 or more affected first-degree relatives, any age.  For asymptomatic patients aged 74 and younger, refer to:  South Zone:  Medicine Hat: Medicine Hat Colorectal Cancer Screening Clinic or Zone FAST Team Lethbridge: Coaldale Health Center Colorectal Cancer Screening Program (Lethbridge and area)  Calgary Zone: Colon Cancer Screening Centre Central Zone: GI CAT  Morth Zone: GI CAT North Zone: Zone FAST Team  If your patient does not meet your Zone Colorectal Cancer Screening Program criteria but you feel they are still eligible for colon cancer screening, please send referral to:  South Zone:  Medicine Hat: Zone FAST Team Lethbridge: Coaldale Health Center Colorectal Cancer Screening Program (Lethbridge and area)  Calgary Zone: GI CAT Central Zone: GI CAT Central Zone: GI CAT Edmonton Zone: GI CAT North Zone: Zone FAST Team | Include detailed documentation or medical summary, i.e., Medication, anticoagulants usage, diabetes, etc.  Within 1 year of referral:     Body Mass Index (BMI) | If applicable:  • Copy of previous colonoscopy and pathology report  For more information on surveillance guidelines:  Screening for life guidelines |



## COLORECTAL CANCER SCREENING/SURVEILLANCE

Refer To <u>Toward Optimized Practice (TOP) Guidelines</u> for Colorectal Cancer Screening Guidelines prior to referring.

| Reason for Referral   | Process  | Mandatory Information (Essential Investigations & timeframes)  | Extra Information If Available   |
|---|--|--|--|
| PERSONAL HISTORY OF COLORECTAL NEOPLASIA Includes: • Colonic adenomas | Refer if patient is 40-74 years of age to:  South Zone:  Medicine Hat: Medicine Hat Colorectal Cancer Screening Clinic or Zone FAST Team  Lethbridge: Coaldale Health Center Colorectal Cancer Screening Program (Lethbridge and area)  Calgary Zone: Colon Cancer Screening Centre  Central Zone: GI CAT  Redmonton Zone: GI CAT  North Zone: Zone FAST Team  Any patient outside of this range, or if your patient does not meet your Zone Colorectal Cancer Screening Program criteria but you feel they are still eligible for colon cancer screening, please send referral to:  South Zone:  Medicine Hat: Zone FAST Team  Lethbridge: Coaldale Health Center Colorectal Cancer Screening Program (Lethbridge and area)  Calgary Zone: GI CAT  Central Zone: GI CAT  Edmonton Zone: GI CAT  Edmonton Zone: GI CAT  North Zone: Zone FAST Team | <ul> <li>Include detailed documentation or medical summary, i.e., Medication, anticoagulants usage, diabetes, etc.</li> <li>Within 1 year of referral:</li> <li>Body Mass Index (BMI)</li> </ul> | If applicable:  • Copy of previous colonoscopy, pathology report and operative report  For more information on surveillance guidelines:  Screening for life guidelines |



|                           | HERNIA   |  |   |                                |  |
|---------------------------|--|--|---|--------------------------------|--|
| Reason for Referral       | Process  |  | Mandatory Information (Essential Investigations & timeframes) | Extra Information If Available |  |
| INGUINAL HERNIA           | Refer for SYMPTOMATIC findings only  • All Zones: Send referral to Zone FAST Team. |  |   |                                |  |
| INCISIONAL HERNIA         | All Zones: Send referral to Zone FAST Team.  |  | Clinical estimate of size                                     |                                |  |
| UMBILICAL HERNIA          |  |  |   |                                |  |
| OTHER ABDOMINAL<br>HERNIA | All Zones: Send referral to Zone FAST Team.  |  |   |                                |  |



| MASS OR CANCERS   |  |   |                                |  |  |
|---|--|---|--------------------------------|--|--|
| Reason for Referral                                     | Process  | Mandatory Information<br>(Essential Investigations &<br>timeframes) | Extra Information If Available |  |  |
| ANAL LOW-GRADE SQUAMOUS INTRAEPITHELIAL LESIONS (LSIL)  | All Zones: Send referral to Zone FAST Team.  | DRE findings or explanation of why                                  |                                |  |  |
| ANAL HIGH-GRADE SQUAMOUS INTRAEPITHELIAL LESIONS (HSIL) | All Zones: Send referral to Zone FAST Team.  | unable to complete a DRE  |                                |  |  |
| ESOPHAGEAL MASS   | <ul> <li>South, Central, Edmonton and North Zones: Send referral to Zone FAST Team.</li> <li>Calgary Zone: Send referral to GI CAT.</li> </ul> |   |                                |  |  |
| RECTAL CANCER   |  |   |                                |  |  |
| ANAL CANCER   |  |   |                                |  |  |
| SUSPECTED COLON CANCER                                  | All Zones: Send referral to Zone FAST Team.  |   |                                |  |  |
| COLON CANCER  | All Zones. Send referral to Zone FAST Team.  |   |                                |  |  |
| SUSPECTED STOMACH CANCER                                |  |   |                                |  |  |
| STOMACH CANCER  |  |   |                                |  |  |
| SUSPECTED SOFT TISSUE CANCER                            | All Zones: Send referral to Zone FAST Team.  |   |                                |  |  |
| SOFT TISSUE CANCER                                      | Consider non-urgent advice prior to referral.  |   |                                |  |  |
| NECK MACC   | All Zones: Send referral to Zone FAST Team.  | languing annual to  |                                |  |  |
| NECK MASS   | For Lipomas refer to Lipoma Reason for Referral below.   | Imaging results   |                                |  |  |



| HEPATOBILIARY          |   |   |                                |  |  |
|------------------------|---|---|--------------------------------|--|--|
| Reason for Referral    | Process                                     | Mandatory Information (Essential Investigations & Timeframes) | Extra Information if available |  |  |
| SYMPTOMATIC GALLSTONES |   | Gallbladder imaging   |                                |  |  |
| GALLBLADDER POLYPS     | All Zones: Send referral to Zone FAST Team. | Within 4 months of referral:                                  |                                |  |  |
| GALLBLADDER MASS       |   | Bilirubin, ALT, ALP   |                                |  |  |
| PANCREATIC MASS        | All Zones: Send referral to Zone FAST Team. | Relevant Imaging  |                                |  |  |



| ENDOCRINE   |   |   |   |  |
|---|---|---|---|--|
| Reason for Referral   | Process   | Mandatory Information (Essential Investigations & Timeframes)   | Extra Information if available  |  |
| ADRENAL MASS  | All Zones: Send referral to Zone FAST Team.                         | Within 3 months of referral:  Electrolytes, creatinine, random glucose, AM cortisol, 24-hour urine metanephrines  CT or MRI abdomen |   |  |
| SUSPECTED NEUROENDOCRINE<br>TUMOR (MESENTERIC MASS,<br>CARCINOID, OTHER)                          | For stable patients:  • All Zones: Send referral to Zone FAST Team. | Within 12 months of referral:  • CT Abdomen/pelvis  |   |  |
| SUSPECTED PARATHYROID DISEASE<br>(HYPERCALCEMIA OR ELEVATED PTH<br>OR INCIDENTAL IMAGING FINDING) | For stable patients:  • All Zones: Send referral to Zone FAST Team. | Within 6 months of referral:  • Serum calcium, PTH  | <ul> <li>Phosphate, albumin, creatinine, ALP (all completed on the same day)</li> <li>Vitamin D level (choose calcium reason, can be done on a separate day)</li> <li>24-hour urine calcium and creatinine</li> <li>Within 1 year of referral:         <ul> <li>Ultrasound neck ordered</li> </ul> </li> <li>Within 2 years of referral:         <ul> <li>If age &gt; 50: bone density testing ordered</li> </ul> </li> <li>Note: Serum calcium &gt;3 should be seen urgently by Endocrine</li> </ul>   |  |
| THYROID MASS  | All Zones: Send referral to Zone FAST Team.                         | Within 1 year of referral:  TSH Thyroid ultrasound  | Thyroid scan if hyperthyroidism  Fine needle aspiration* if indicated based on imaging and availability  Thyroid scan if hyperthyroidism  are also as a second sec |  |



| MINOR PROCEDURES  |   |  |                                |  |  |
|---|---|--|--------------------------------|--|--|
| Reason for Referral   | Process                                     | Mandatory Information (Essential Investigations & timeframes)      | Extra Information If Available |  |  |
| TEMPORAL ARTERY BIOPSY  |   |  |                                |  |  |
| SURAL NERVE BIOPSY  | All Zones: Send referral to Zone FAST Team. |  |                                |  |  |
| MUSCLE BIOPSY   |   |  |                                |  |  |
| LYMPH NODE BIOPSY   | All Zones: Send referral to Zone FAST Team. | <ul><li>Location</li><li>Fine Needle Aspiration Results*</li></ul> |                                |  |  |
| SYMPTOMATIC LIPOMA EXCISION   | AU 7 0 1 7 1 7 5107 7                       | Size and Location  |                                |  |  |
| SEBACEOUS CYST EXCISION   | All Zones: Send referral to Zone FAST Team. |  |                                |  |  |
| *Fine Needle Aspiration can be done through Alberta Precision Laboratories Fine Needle Aspirate Clinics & Requests   Alberta Precision Laboratories |   |  |                                |  |  |

| VENOUS DISORDERS  |   |   |   |  |  |
|---|---|---|---|--|--|
| Reason for Referral   | Process                                     | Mandatory Information<br>(Essential Investigations &<br>timeframes) | Extra Information If Available                    |  |  |
| VENOUS DISEASE UNCOMPLICATED (VARICOSE VEINS WITHOUT COMPLICATION)  | All Zones: Send referral to Zone FAST Team. |   | Any relevant diagnostic imaging already completed |  |  |
| VENOUS DISEASE COMPLICATED (ULCERATION OR BLEEDING) Includes: Bleeding varix, venous ulcer, recurrent episodes of phlebitis | All Zones: Send referral to Zone FAST Team. |   | Any relevant diagnostic imaging already completed |  |  |



| OTHER                             |  |   |                                |  |  |
|-----------------------------------|--|---|--------------------------------|--|--|
| Reason for Referral               | Process  | Mandatory Information (Essential Investigations & timeframes) | Extra Information If Available |  |  |
| BARIATRIC SURGERY                 | All Zones: Refer to Bariatric Surgery. See <u>Alberta Referral Directory</u> for zone processes. |   |                                |  |  |
| CONSULT FOR GENERAL SURGERY OTHER | All Zones: Send referral to Zone FAST Team.  |   |                                |  |  |

| BREAST HEALTH  |  |  |                                |  |  |
|--|--|--|--------------------------------|--|--|
| Reason for Referral  | Process  | Mandatory Information (Essential Investigations & timeframes)                                  | Extra Information If Available |  |  |
| SUSPECTED BREAST CANCER  | South:     Medicine Hat: Send referral to Zone FAST Team.     Lethbridge: Breast Health Program      Calgary: Breast Health Output Clinical  | Refer to <u>Provincial Breast Health Referral</u> <u>Pathway</u> for mandatory investigations. |                                |  |  |
| BREAST CANCER  | <ul> <li>Calgary: Breast Health Outpatient Clinics</li> <li>Central: Red Deer Clinical Breast Health Program</li> <li>Edmonton: Comprehensive Breast Care Program</li> <li>North: Comprehensive Breast Care Program</li> </ul>   |  |                                |  |  |
| BENIGN BREAST DISEASE  Includes: Mastalgia, nipple discharge, skin changes NYD, benign breast masses NYD | <ul> <li>South:         <ul> <li>Medicine Hat: Send referral to Zone FAST Team.</li> <li>Lethbridge: Breast Health Program</li> </ul> </li> <li>Calgary: Send referral to Zone FAST Team.</li> <li>Central: Red Deer Clinical Breast Health Program</li> <li>Edmonton: Comprehensive Breast Care Program</li> <li>North:         <ul> <li>Grande Prairie: Send referral to Zone FAST Team.</li> <li>All other areas: refer to Comprehensive Breast Care Program</li> </ul> </li> </ul> |  |                                |  |  |

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