## **Urinary Infection Testing**

#### **Patients with NO catheter**



Acute dysuria (alone can justify a urine test)
Or
☐ <b>Temperature &gt;38°C</b> or 1.1°C above baseline
<b>Plus</b> any new or increased
Urinary frequency
Urgency
☐ Incontinence
Flank pain or tenderness
Suprapubic pain or tenderness
☐ Gross hematuria



## Do not order

#### Do not order urine tests for

- changes in colour cloudiness or smell alone
- catheter insertion or change



### Assess

- Weakness, falls, confusion or fever without a focus in older adults
- Individualize care:
  - a. **Investigate** for other causes
  - b. **Dehydration** is a common cause

### **Hydrate**

**Encourage increased fluid intake for 24 hrs** *Except if fluid restricted* 

# Do NOT treat asymptomatic patients with positive urine cultures unless:

- patient is pregnant, or
- undergoing an invasive urologic procedure

#### Resources & references



www.albertahealthservices.ca/info/Page15718.aspx email: urinedxstewardship@ahs.ca







