

Blood and Marrow Transplant Contact Card

I received: ☐ Allo ☐ Auto ☐ CAR T-cell

Appointments	Symptom concerns (Telephone Triage)
Call 587-231-3100 , follow the directions	Call 587-231-3100 , follow the directions Mon–Fri: 7am–12pm, and 1pm–6pm Weekends and Holidays: 7am–4pm

Call if you have symptoms that are new or getting worse such as:

- Shortness of breath or difficulty breathing
- Fever temperature of:
 - 38.3°C (100.9°F) or higher **OR**
 - 38.0°C (100.4°F) to 38.2°C (100.8°F) for more than 1 hour
- Nausea or vomiting and unable to keep food or medicine down
- Uncontrolled shivering or chills
- New or uncontrolled pain
- Any new bleeding
- Diarrhea (3 or more in 24 hours)
- New skin rash or lesions
- Difficulty reading, writing, speaking, understanding or swallowing
- Confusion or decreased level of consciousness

Go to nearest Emergency Centre or call 911 if you have:

- Seizures
- Chest pain
- Fast or irregular heart beat

For worsening symptoms during evenings and weekends (after hours)

Call **587-231-3100**, Press '0' to speak to an Operator.

Ask for the **Blood and Marrow Transplant** doctor on-call.