

Online Resources about Bone Sarcomas



Bone sarcomas are types of cancer that start in the bones. It is sometimes called bone cancer, or osteosarcoma. It can start in any bone in the body but is most commonly found in the long bones of the arms and legs, such as the upper arm bone (humerus), or thigh bone (femur).

Being diagnosed with bone sarcoma can be life-changing. **But you are not alone.** Getting facts and information from trusted websites can help:

Open a digital copy of this resource by:

- Scanning the QR code with a smartphone camera.
- Typing into your trusted website browser:
 - bit.ly/bone_sarcoma_ca, or
 - cancercarealberta.ca, select 'Information for Patients & Families', then 'Just Diagnosed', then 'Types of Cancer', select 'Sarcoma'.

Visit trusted websites for bone sarcoma by:

- **Clicking** on the links in [blue](#) below, or
- **Search** for 'bone cancer' on the websites listed

Canadian Cancer Society

Provides national support for people with cancer, their loved ones, and caregivers.

- [Childhood Bone Cancer](#)
(Ewing sarcoma, Osteosarcoma)
- [Osteosarcoma](#)

American Cancer Society

- [Bone Cancer](#)
- [Ewing Sarcoma](#)
- [Osteosarcoma](#)

Macmillan Cancer Support

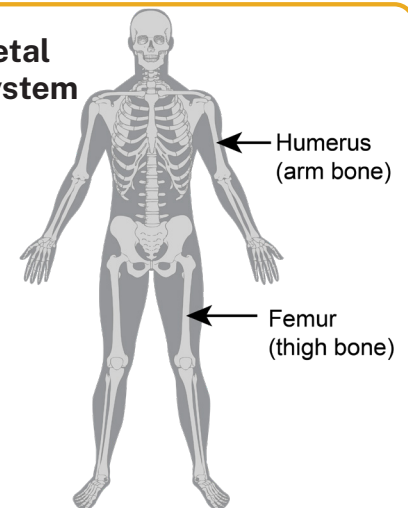
Mayo Clinic

National Cancer Institute

**National Comprehensive Cancer
Network Guidelines (for patients)**

OncoLink - The Basics

**The skeletal
(bone) system**



Sarcoma Supports

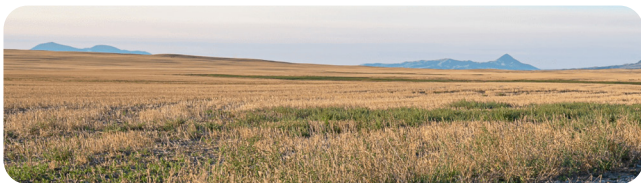
- [Canadian Cancer Survivor Network](#)
- [Sarcoma Alliance](#)
- [Sarcoma Cancer Foundation of Canada](#)
- [Sarcoma Foundation of America](#)
- [Sarcoma Patient Advocacy Global Network](#)

Cancer Care Alberta

Alberta-specific information is available to support you, your family, friends and caregivers— no matter where you are in your cancer journey. Cancer Care Alberta resources can be found here:

- [Types of Cancer \(online resources\)](#)
- [Classes, Groups, or Events](#)

We encourage you to explore these web pages to find resources, education, classes, support groups and more.



Cancer Care Alberta Psychosocial Oncology

Psychosocial Oncology has many healthcare specialists who can help support your mental health and cancer-related concerns. They can help with things such as communication, stress, coping with treatment side effects, mood changes, quality of life, body image, loneliness, financial concerns, or practical supports.

Supportive Care and Living Well

For information about Rehabilitation Oncology and other wellness supports.

Wellspring Alberta

Provides complementary programs for people with cancer and their loved ones.

- 1-866-682-3135

Library Services

Access to reliable, evidence-based resources and health information.

- [Patient and Family Resources](#)

Learn about Sarcoma Research

- [Alberta Cancer Clinical Trials](#)
- [Canadian Cancer Trials](#)

Supports for People with Cancer

A resource to help you find urgent and non-urgent help in Alberta.

Mental Health Helpline (ALBERTA)

A 24 hour, 7 days a week, 365 days a year confidential service for mental health concerns.

- 1-877-303-2642

Start the Talk (CANADA)

A resource for children and teens, to help support them when a family member has cancer.

This material is intended for general information only and is provided on an “as is”, “where is” basis. Although reasonable efforts were made to confirm the accuracy of the information, Cancer Care Alberta does not make any representation or warranty, express, implied or statutory, as to the accuracy, reliability, completeness, applicability or fitness for a particular purpose of such information. This material is not a substitute for the advice of a qualified health professional. Cancer Care Alberta expressly disclaims all liability for the use of these materials, and for any claims, actions, demands or suits arising from such use.

