



## Adolescent and Young Adult (AYA) Patient Navigation

The AYA patient navigator program helps guide young adults facing cancer through their journey, addresses their unique needs and provides them with age-appropriate resources and sources of support.



## Indigenous Cancer Patient Navigation

Indigenous patient navigators are registered nurses who work with Indigenous peoples impacted by cancer by bridging western medicine in cancer care with traditional ways, and connecting clients to services and resources.



### The Alberta Cancer Foundation

proudly invests in Cancer Patient Navigation in partnership with Alberta Health Services, as part of our commitment to make life better for Albertans facing cancer

*“As a patient navigator, we are honoured to play such an important role in the patient journey. We are in the unique position of being a direct point-of-contact for the patient, allowing us to discuss their questions, ease some of their fears and anxieties, and refer them to our services as needed.”*

- Wendy Council, Patient Navigator, Jack Ady Cancer Centre



Albertans

Helping Albertans

## Alberta Cancer Foundation Patient Navigator Program





"My patient navigator has been a godsend. Every time I talk to her, I breathe a huge sigh of relief, she lifts the burden off my shoulders so I can focus on healing."

- Jack Sehn

## Cancer Patient Navigators guide patients through the complex maze of cancer tests, appointments, treatments and emotions.

As registered nurses with specialized training in cancer care, they offer close to home support to ease the journey for patients and their families.

- Provide accurate information for patients so they can make informed decisions about their next steps
- Assist patients in preparing for tests and cancer treatments by explaining test results and treatment choices, or by referring patients to other resources or services
- Improve coordination of care by working with other health care professionals
- Help patients prepare for medical visits by explaining what to expect ahead of time
- Support patients in accessing financial resources and community support

To find out more, please contact the Patient Navigator closest to you:

### Regional Cancer Centres

#### Central Alberta Cancer Centre

Red Deer, AB • 403.343.4526

#### Grande Prairie Cancer Centre

Grande Prairie, AB • 780.538.7588

#### Jack Ady Cancer Centre

Lethbridge, AB • 403.388.6800

#### Margery E. Yuill Cancer Centre

Medicine Hat, AB • 403.502.8648 Ext.1022 or 2407

Cancer Centre Main Reception • 403.529.8817

### Community Cancer Centres

#### Barrhead Community Cancer Centre

Barrhead, AB • 780.674.2221 Ext.2036

#### Bonnyville Community Cancer Centre

Bonnyville, AB • 780.826.3311 Ext.3162

#### Bow Valley Community Cancer Centre

Canmore, AB • 403.493.4867

#### Camrose Community Cancer Centre

Camrose, AB • 780.679.2837

#### Drayton Valley Community Cancer Centre

Drayton Valley, AB • 780.621.8087

#### Drumheller Community Cancer Centre

Drumheller, AB • 403.820.6011

#### Fort McMurray Community Cancer Centre

Fort McMurray, AB • 780.788.1751

#### High River Community Cancer Centre

High River, AB • 403.652.0131

#### Hinton Community Cancer Centre

Hinton, AB • 780.817.5009

#### Lloydminster Community Cancer Centre

Lloydminster, AB • 306.820.6144

#### Peace River Community Cancer Centre

Please contact Grande Prairie Cancer Centre

### Indigenous Cancer Patient Navigator

Edmonton, AB • 780.432.8747

Calgary, AB • 403.476.2763

### Adolescent and Young Adult Patient Navigator

Edmonton, AB • 780.432.8932

Calgary, AB • 403.476.2791

