Information for patients & families

# Online Resources about Cervical Cancer



Cervical cancer starts in the cells of the cervix. The cervix is part of the reproductive system. It is the lowest part of the uterus, and opens into the vagina. Cervical cancer is strongly linked to HPV (human papillomavirus) infection.

Being diagnosed with cervical cancer can be life-changing. **But you are not alone.** Getting facts, support and information from trusted websites can help.

## Open a digital copy of this resource by:

- Scanning the QR code with a smartphone camera.
- Typing into your trusted website browser:
  - bit.ly/cervical ca, or
  - cancercarealberta.ca, select 'Information for Patients & Families', then 'Just Diagnosed', then 'Types of Cancer', select 'Cervical'

#### **Trusted Websites for Cervical Cancer:**

- · Click the links in blue to open trusted websites, or
- Search for 'cervical cancer' on the websites listed below

#### **Canadian Cancer Society**

Provides national support for people with cancer, their loved ones, and caregivers.

**American Cancer Society** 

**Cancer Australia** 

**Cervivor** 

**Macmillan Cancer Support** 

**Mayo Clinic** 

**National Cancer Institute** 

**National Cervical Cancer Coalition** 

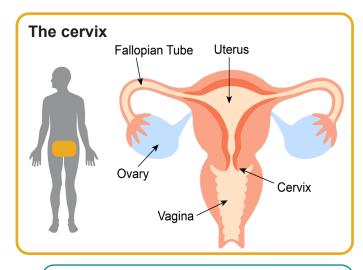
**National Comprehensive Cancer** 

**Network Guidelines** (for patients)

**OncoLink - The Basics** 

#### Learn about Human Papillomavirus (HPV)

- Canadian Cancer Society
- Government of Canada



# Learn about Cervical Cancer Research

- Alberta Cancer Clinical Trials
- Canadian Cancer Trials Group
- Cancer Research UK



#### **Cancer Care Alberta**

Alberta-specific information is available to support you, your family, friends and caregivers— no matter where you are in your cancer journey. Cancer Care Alberta resources can be found here:

- Types of Cancer (online resources)
- · Classes, Groups, or Events

We encourage you to explore these web pages to find resources, education, classes, support groups and more.

## **Wellspring Alberta**

Provides complementary programs for people with cancer and their loved ones.

• 1-866-682-3135

## **Library Services**

Access to reliable, evidence-based resources and health information.

Patient and Family Resources



# **Cancer Care Alberta Psychosocial Oncology**

Psychosocial Oncology has many healthcare specialists who can help support your mental health and cancer-related concerns. They can help with things such as communication, stress, coping with treatment side effects, mood changes, quality of life, body image, loneliness, financial concerns, or practical supports.

# **Supportive Care and Living Well**

For information about Rehabilitation Oncology and other wellness supports.

## **Supports for People with Cancer**

A resource to help you find urgent and non-urgent help in Alberta.

#### Mental Health Helpline (ALBERTA)

A 24 hour, 7 days a week, 365 days a year confidential service for mental health concerns.

• 1-877-303-2642

#### Start the Talk (CANADA)

A resource for children and teens, to help support them when a family member has cancer.

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