

# Online Resources about Esophageal Cancer



Esophageal cancer starts in the cells of the esophagus. The esophagus is part of the digestive system. It is the tube that connects the mouth to the stomach.

Being diagnosed with esophageal cancer can be life-changing. **But you are not alone.** Getting facts, support and information from trusted websites can help.

## Open a digital copy of this resource by:

- Scanning the QR code with a smartphone camera
- Typing into your trusted website browser:
  - [bit.ly/esophageal\\_ca](https://bit.ly/esophageal_ca), or
  - [cancercarealberta.ca](https://cancercarealberta.ca), select 'Information for Patients & Families', select 'Just Diagnosed', select 'Types of Cancer', select 'Esophageal'

## Visit trusted websites for esophageal cancer by:

- **Clicking** on the links in [blue](#) below, or
- **Search** for 'esophageal cancer' on the websites listed

### Canadian Cancer Society

Provides national support to people with cancer, their loved ones, and caregivers.

### American Cancer Society

#### Esophageal Cancer Awareness

#### Esophageal Cancer Education Foundation

#### Macmillan Cancer Support

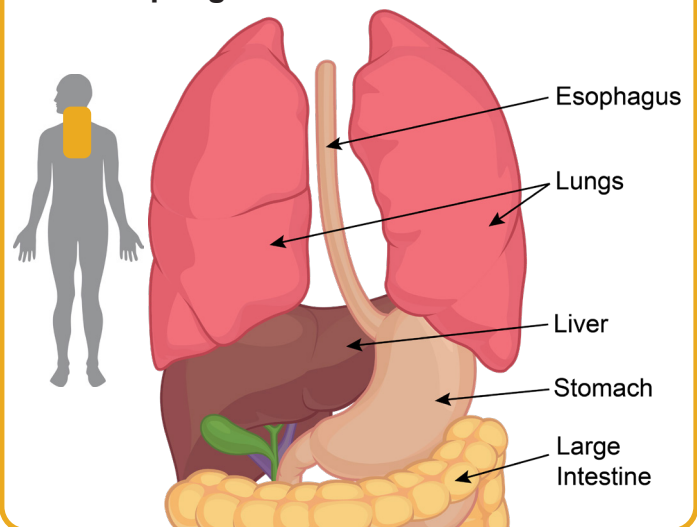
#### Mayo Clinic

#### National Cancer Institute

#### National Comprehensive Cancer Network Guidelines (for patients)

#### OncoLink - The Basics

### The esophagus



### Learn about Esophageal Cancer Research

- [Alberta Cancer Clinical Trials](#)
- [Canadian Cancer Trials Group](#)

## Cancer Care Alberta

Alberta-specific information is available to support you, your family, friends and caregivers— no matter where you are in your cancer journey. Cancer Care Alberta resources can be found here:

- [Types of Cancer \(online resources\)](#)
- [Classes, Groups, or Events](#)

We encourage you to explore these web pages to find resources, education, classes, support groups and more.

## Wellspring Alberta

Provides complementary programs for people with cancer and their loved ones.

- 1-866-682-3135

## Library Services

Access to reliable, evidence-based resources and health information.

- [Patient and Family Resources](#)



## Cancer Care Alberta Psychosocial Oncology

Psychosocial Oncology has many healthcare specialists who can help support your mental health and cancer-related concerns. They can help with things such as communication, stress, coping with treatment side effects, mood changes, quality of life, body image, loneliness, financial concerns, or practical supports.

## Supportive Care and Living Well

For information about Rehabilitation Oncology and other wellness supports.

## Supports for People with Cancer

A resource to help you find urgent and non-urgent help in Alberta.

## Mental Health Helpline (ALBERTA)

A 24 hour, 7 days a week, 365 days a year confidential service for mental health concerns.

- 1-877-303-2642

## Start the Talk (CANADA)

A resource for children and teens, to help support them when a family member has cancer.

This material is intended for general information only and is provided on an “as is”, “where is” basis. Although reasonable efforts were made to confirm the accuracy of the information, Cancer Care Alberta does not make any representation or warranty, express, implied or statutory, as to the accuracy, reliability, completeness, applicability or fitness for a particular purpose of such information. This material is not a substitute for the advice of a qualified health professional. Cancer Care Alberta expressly disclaims all liability for the use of these materials, and for any claims, actions, demands or suits arising from such use.

