Provincial Indigenous Wellness Core

Vision:
- Healthy Indigenous Albertans
- Healthy Communities Together

Mission:
- The Provincial Indigenous Wellness Core advocates and partners for accessible, culturally appropriate and safe health services for First Nations, Métis, and Inuit peoples of Alberta.

Resources

Cancercarealberta.ca
Click on Patients & Families > Just Diagnosed > Indigenous Cancer Health

AHS.ca
Click on Information For > Indigenous Health

Distress Line
780-482-4357

Hope for Wellness Help Line
1-855-242-3310
On request, phone counselling is also available in: Cree, Ojibway & Inuktitut

Oncology Triage Telephone
Edmonton: 780-432-8919
Calgary: 403-521-3735

Indigenous Wellness Clinic
780-735-4512

Métis Nation of Alberta
(Supports and Service Navigator)
1-780-455-2200 Ext. 403

Wellspring Edmonton
780-758-4433

Non-insured Health Benefits (NIHB)
General Inquiries: 1-800-232-7301
Medical Transportation, Meals, Lodging, Escorts: 1-800-514-7106
What is an Indigenous Cancer Patient Navigator?

An Indigenous Cancer Patient Navigator is a registered nurse who works with and supports First Nations, Métis, and Inuit peoples impacted by cancer. This service is meant to support patients and families either as an inpatient or as an outpatient.

What can an Indigenous Cancer Patient Navigator help with?

An Indigenous Cancer Patient Navigator bridges western medicine in cancer care with traditional ways by:

- Connecting patients and families with Indigenous cultural support workers to help facilitate cultural practices and/or ceremonies.
- Advocating for patients, and providing support during appointments, treatments, or procedures.
- Helping to navigate the health care system.
- Helping to answer questions about diagnosis and treatment.
- Assisting with NIHB concerns or questions around medications, transport, or accommodation.
- Connecting patients to supportive services and resources.
- Helping professionals to better understand Indigenous peoples.

How to access the Indigenous Cancer Patient Navigator?

**For Patients:**

Call the number listed below, or ask a health care provider for a referral

- Services are free and confidential
- Referrals can be made by anyone, at any point during the cancer journey

**For Providers:**

- If referring from within the CCI, please refer using ARIA
- Referrals from outside the CCI, please e-mail in the completed referral form to the e-mail address listed below

FOR MORE INFORMATION CONTACT:

 Indigenous Cancer Patient Navigator
Kelsey Salpeter, RN

Phone: 780-432-8747
Fax: 780-432-8357
E-mail: ICPN_North@ahs.ca

Pathway Overview

GET CONNECTED:

- Call 780-432-8747 or speak to your health care provider for a referral

INFO GATHERING:

- Discuss reasons for referral and areas where navigator can assist

COME UP WITH A PLAN TOGETHER:

- Work in partnership at any point in your cancer journey to support your needs, concerns, or questions

EDUCATION, COORDINATION, & SUPPORT:

- Provide personalized education.
- Help coordinate travel, accommodations, medical coverage, and appointments.
- Provide emotional, spiritual, mental and physical support by connecting with appropriate services such as a cultural support worker and/or Elder, counselling, rehab services, or other services to support your health and well-being

FOLLOW-UP:

- Get follow-up education, coordination, and support as needed after treatment.