

Resources

cancercontrolalberta.ca

click on **Patients & Families** > **Just Diagnosed**
> **Indigenous Cancer Health**

ahs.ca

click on **Information For** > **Indigenous Health**

- Distress Centre
403-266-4357 open 24/7
- Tom Baker Cancer Centre Triage Line
403-521-3735 Hours of operation (Mon-Fri 8-4)
- Indigenous Liaison Services Line
Peter Lougheed Centre
403-943-5603
Foothills Medical Centre
403-944-8105
Rockyview General Hospital
403-943-3139
Alberta Children's Hospital
403-955-7034
Canmore General Hospital
403-678-7188
- Elbow River Healing Lodge
Indigenous based primary healthcare clinic,
with access to traditional wellness and healing
403-955-6600
- Indigenous Mental Health (intake)
403-955-6645
- Wellspring Calgary
North **403-521-5292**
South **587-747-0260**
The patient feedback line **1-855-550-2555**
- Metis Nation of Alberta
(Supports and Service Navigator)
1-780-455-2200 Ext. 403

Non-insured Health Benefits (NIHB)

- General Inquiries
1-800-232-7301
- Medical Transportation,
Meals, Lodging, Escorts
1-800-514-7106



Medicine Wheel

Health must be viewed through the four dimensions of holism - mental, physical, spiritual, and emotional.

Health must also be perceived as connection to community and the environment in order to achieve balance and truly healthy communities.



Source: Alberta Health Services – Indigenous Health Program: Response Guide for Health Care Providers Working with Indigenous People with Cancer and Chronic Diseases (February 2014)

Thanks to the generosity of our donors, the Alberta Cancer Foundation proudly invests in Cancer Patient Navigation, in partnership with Alberta Health Services as part of our commitment to create more moments for Albertans facing cancer.

GenInfo | Indigenous Navigator | South | 2019 | CPE - P0063



Indigenous Cancer Patient Navigator Program

CancerControl Alberta South



What is an Indigenous cancer patient navigator?

Indigenous patient navigators are registered nurses who work with Indigenous peoples impacted by cancer. This service is meant to support patients and families not currently admitted to hospital

What can an Indigenous cancer patient navigator help me with?

Indigenous patient navigators bridge western medicine in cancer care with traditional ways by:

- Finding cultural peoples to help facilitate cultural practices
- Advocating for patients, and helping to answer questions about diagnosis and treatment
- Helping health professionals to better understand Indigenous peoples, and their cultural ways
- Connecting clients to services and resources

How do I access the Indigenous patient navigator?

Call the number listed, or ask a health care provider for a referral.

Services are free and confidential.

Referrals can be made by anyone at any point during the cancer journey.

Contact us for more information

Indigenous Cancer Patient Navigator, South
Department of Psychosocial Oncology,
Holy Cross Site, Calgary CancerControl Alberta

403-476-2763 or email ICPN_South@ahs.ca



Pathway

○ GET CONNECTED

Call **403-476-2763** or speak to your health care provider for referral

○ INFO GATHERING

Discuss insurance, barriers, and concerns related to treatment options

○ EDUCATION

Discuss cancer and treatment plan

Receive information about what to expect and how to manage side-effects

Discuss cancer care and other services to support your health and well-being

○ COORDINATION

Receive referrals to other health care professionals

Assistance with NIHB concerns or questions

○ SUPPORT

Receive information on how to access counselling, support groups, rehabilitation services and practical/financial assistance

Find out more about educational events and classes

○ FOLLOW-UP

Get follow-up after treatment