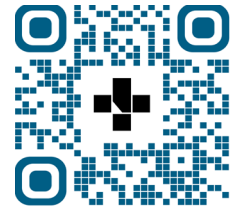


# Online Resources about Mesothelioma



Mesothelioma is a type of cancer that starts in the cells of the mesothelium. The mesothelium is a thin layer of tissue that lines the chest wall, lungs, abdomen, and other internal organs. Mesothelioma most commonly affects the lining of the lungs (see image below).

Being diagnosed with mesothelioma can be life-changing. **But you are not alone.** Getting facts and information from trusted websites can help.

## Open a digital copy of this resource by:

- Scanning the QR code with a smartphone camera.
- Typing into your trusted website browser:
  - [bit.ly/meso\\_ca](https://bit.ly/meso_ca), or
  - [cancercarealberta.ca](https://cancercarealberta.ca), select 'Information for Patients & Families', then 'Just Diagnosed', then 'Types of Cancer', select 'Mesothelioma'

## Visit trusted websites for mesothelioma by:

- **Clicking** on the links in [blue](#) below, or
- **Search** for 'mesothelioma' on the websites listed

### Canadian Cancer Society

Provides national support to people with cancer, their loved ones, and caregivers.

### American Cancer Society

### American Lung Association

### GO2 Foundation for Lung Cancer

### Macmillan Cancer Support

### Mayo Clinic

### Mesothelioma Hope

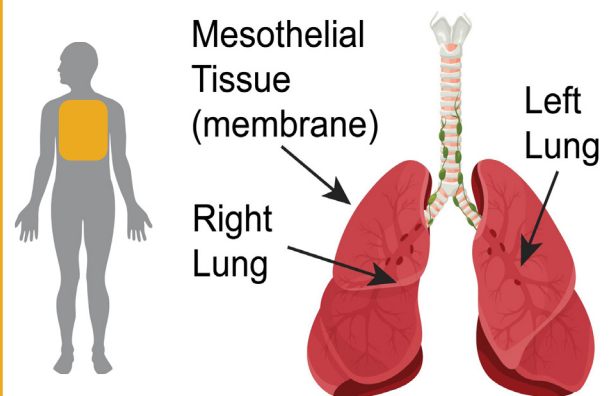
### National Cancer Institute

### National Comprehensive Cancer Network Guidelines (for patients)

- Pleural Mesothelioma

### OncoLink - The Basics

## The mesothelium



## Learn about Mesothelioma Cancer Research

- [Alberta Cancer Clinical Trials](#)
- [Canadian Cancer Trials](#)
- [Mesothelioma Applied Research Foundation](#)

## Cancer Care Alberta

Alberta-specific information is available to support you, your family, friends and caregivers— no matter where you are in your cancer journey. Cancer Care Alberta resources can be found here:

- [Types of Cancer \(online resources\)](#)
- [Classes, Groups, or Events](#)

We encourage you to explore these web pages to find resources, education, classes, support groups and more.

## Wellspring Alberta

Provides complementary programs for people with cancer and their loved ones.

- 1-866-682-3135

## Library Services

Access to reliable, evidence-based resources and health information.

- [Patient and Family Resources](#)



## Cancer Care Alberta Psychosocial Oncology

Psychosocial Oncology has many healthcare specialists who can help support your mental health and cancer-related concerns. They can help with things such as communication, stress, coping with treatment side effects, mood changes, quality of life, body image, loneliness, financial concerns, or practical supports.

## Supportive Care and Living Well

For information about Rehabilitation Oncology and other wellness supports.

## Supports for People with Cancer

A resource to help you find urgent and non-urgent help in Alberta.

## Mental Health Helpline (ALBERTA)

A 24 hour, 7 days a week, 365 days a year confidential service for mental health concerns.

- 1-877-303-2642

## Start the Talk (CANADA)

A resource for children and teens, to help support them when a family member has cancer.

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