

## Programs & Services at JACC



### Cancer Patient Navigator



Cancer Patient Navigators are registered nurses who can support you in understanding more about the next steps in your treatment and guide you in finding the right supports and resources you need throughout your cancer journey.

 403-388-6840

### Classes and Workshops



Various classes are available on a variety of topics, at different times and days. To find out more, contact the Cancer Patient Navigator or Social Worker:

 403-388-6840 (Navigator) or  
403-388-6814 (Social Worker)

### Hostess Cart



Volunteers offer a beverage and cookie service weekdays in various waiting room areas. Donations to support the service area are appreciated.

### Look Good Feel Better



This free workshop helps women manage the appearance-related side effects of cancer. Tips, techniques and tools about skin care and how to manage side effects are presented.

 [lgfb.ca](http://lgfb.ca)  1-800-914-5665

### Gift Shop and Bookstore

Mon–Fri 8:00 am–8:00 pm	Main floor (in Chinook Regional Hospital)	403-388-6289
Sat-Sun & Holidays 8:00 am–6:00 pm		



The Gift Shop and Bookstore are open to patients, families and staff. Food, gifts and things to wear, read or do, are available.



**CancerControl Alberta**  
Leading care through compassion, courage,  
learning and discovery  
[www.cancercontrolalberta.ca](http://www.cancercontrolalberta.ca)

# Getting to Know Your Cancer Centre Jack Ady Cancer Centre (JACC)



## General Information

### Jack Ady Cancer Centre

960- 19<sup>th</sup> Street  
Chinook Regional Hospital  
Lethbridge, AB  
T1J 1W5

403-388-6800  
8:00 am – 4:15 pm



This pamphlet will help you get to know key things about your Cancer Centre. It is meant to be used with the **Newly Diagnosed with Cancer** book. Please bring the book with you to your appointment if you have one. If not, we will give you one at your first appointment.

You can access the book online at [www.cancercontrolalberta.ca](http://www.cancercontrolalberta.ca) > Just Diagnosed.

## Where do I park?



### Parking Lots

- Come early to your appointment to find parking. Surface and parkade options are available with different payment options. Find a parking map: [www.ahs.ca/parking](http://www.ahs.ca/parking)
- Ask the Jack Ady Cancer Centre reception about the possibility of qualifying for a “Zone 11 permit.” Weekly and Monthly passes are available for purchase at the Chinook Regional Hospital Parking Services office (main floor, across from cafeteria seating area).
- There is 90 minute street parking around the Jack Ady. Be careful not to go over the time limit. It is patrolled regularly.

### Drop Off and Pick Up

There is a drop off and pickup area for the Jack Ady, at the main entrance (on the south side).

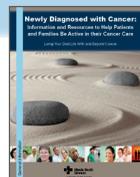
## Checking in for your first appointment



Check in at the main reception desk. When you check in, we will give you a copy of the **Newly Diagnosed with Cancer** book, if you don't already have one.

## What do I need to bring with me?

Find a checklist of items to bring in the **orange section** of the **Newly Diagnosed with Cancer** book.



## Places to stay



If you live outside of Lethbridge, your nurse, social worker or radiation therapist can give you brochures for patient hostels. There are vouchers for reduced rates at local hotels. Please ask any member of your healthcare team.

## Can I bring electronics?



Yes, you may bring your cell phone, laptop, tablet or other devices. Please be respectful and:

- Put your phone on vibrate
- Bring earphones for entertainment devices
- Network: Healthspot (no password required)



It's a good idea to bring something to read or do while you wait for your appointments.

## Where can I get my prescriptions filled?



Our cancer centre pharmacy provides your cancer treatment medicine. Prescriptions for support medications should be filled at your regular, retail pharmacy.

Mon–Fri 8:00 am–4:15 pm	Main Floor - beside the Day Care waiting area	403-388-6809
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## Where can I get my bloodwork drawn?



We will ask you to have your regular bloodwork drawn at the community lab nearest you. If you need to have bloodwork done while you are at the cancer centre, we will direct you to the hospital lab.

## Where can I eat?



### Cafeteria (in the Chinook Regional Hospital)

\$	Cash, credit or debit
📅	Mon–Fri 7:45am–7:30pm daily
📅	Saturday–Sunday 8:00 am–2:30pm and 3:00 pm–9:30 pm
📍	Main Floor

### Other Options

- Vending machines are available.
- Volunteers offer beverages and cookies on weekdays in waiting rooms and treatment areas.

## Connecting with programs and services virtually (Telehealth)



It may be possible to virtually join education sessions or connect with health care providers at other cancer centres. Ask your cancer patient navigator, social worker or another cancer care team member if this service is available.

## Care closer to home



We try to keep you as close to home as possible for your care and comfort. But sometimes, people need to travel to a larger cancer centre that offers the type of treatment or services they need. Talk to your doctor or clinic nurse to see if treatment or support services closer to home are possible for you.