

Returning to Work or School after a Cancer Diagnosis



**Support for people
during or after
cancer treatment**

Lifestyle



**Cancer Care
Alberta**

Resources

There are lots of resources available to help you as you continue to work or attend school during cancer treatment or return to work or school after treatment.

..... Online

Patients, healthcare providers and employers can find tools and resources to help you understand, plan, and manage at:

www.cancerandwork.ca

Find links and phone numbers to organizations that offer practical help and support in Section F2 of the **Newly Diagnosed with Cancer** book available at:

www.ahs.ca/cancerdiagnosed

..... Connecting with people who can help:

Psychosocial Oncology professionals can help with stress, memory, attention and problem-solving, anxiety, fear, coping skills and more.

Rehabilitation Oncology professionals can help with speech, communication, fatigue, weakness, memory, attention, mobility, range of motion and more.

Wellspring is a community organization providing classes and supports to people with cancer.

Find contact information
and learn more at:

www.ahs.ca/cancersupportivecare