

Sexual Health Resources

General Sexual Health

Centers for Disease Control and Prevention
cdc.gov/sexualhealth/

Mayo Clinic. Sexual Health. (USA)
bit.ly/SexualHealthResources

World Health Organization (WHO): Sexual and Reproductive Health
bit.ly/WHOSexualHealth

If you are typing these, please note that bit.ly links are case sensitive.

Seniors

Aging & Health
bit.ly/AgingandHealth

National Institute on Aging: Sexuality in later life
www.nia.nih.gov/health/publication/sexuality-later-life

Cancer

Canadian Cancer Society: Sexuality and cancer
bit.ly/CCS-Sexuality

Mayo Clinic: Cancer treatment can cause physical changes that make having sex more difficult
bit.ly/PhysicalChanges

American Cancer Society: Dealing with sexual problems
bit.ly/ACS-Sexuality

American Cancer Society: Cancer, sex and sexuality
bit.ly/ACS-CancerandSex

MacMillian Cancer Support: Relationships and sex
bit.ly/Yoursexlife

Latest Journal Articles

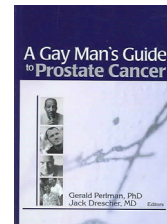
Medline Plus
bit.ly/MedlinePlus-SexualHealth

Print Books

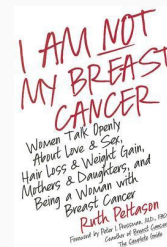
Leibson, Beth, The cancer survivor handbook: your guide to building a life after cancer. New York, NY: Skyhorse Publishing, [2014]



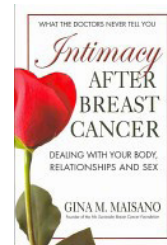
Drescher, Jack, 1951- A gay man's guide to prostate cancer. New York: Haworth Medical Press/Harrington Park Press, c2005.



Peltason, Ruth A. I am not my breast cancer: women talk openly about love & sex, hair loss & weight gain, mothers & daughters, and being a woman with breast cancer. New York : Harper, 2008.



Maisano, Gina M. Intimacy after breast cancer: dealing with your body, relationships and sex. Garden City Park, NY: Square One Publishers, c2010.



Katz, Anne. Man cancer sex. Pittsburgh, Pa.: Hygeia Media, c2010.



Katz, Anne. Woman cancer sex. Pittsburgh, Pa.: Hygeia Media, c2009.



Knowledge Resource Service
Knowledge Management

 **Alberta Health Services**

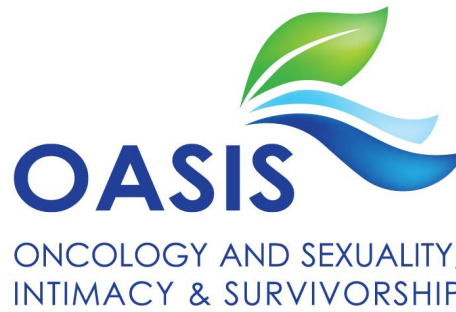
 **Cancer Patient Education**

Videos

Title	Link	Time	Audience
Men			
Dr. Stacy Elliott: Information about Penile Injections	https://www.youtube.com/watch?v=RB-s4jppqETE&feature=youtu.be	9 minutes	Patients
Information about the Inflatable Penile Prosthesis	https://youtu.be/_B10rufjBeA?t=43s	14 minutes	Patients
Information about the Vacuum Erection Device	https://youtu.be/WupUrh4cVyk?t=4m20s	9 minutes	Patients
Overview of Male Fertility (Part 1 of 3) Sexual medicine expert John Mulhall describes the male reproductive system, including organs and hormones involved in sperm production and delivery	http://youtu.be/_ZEikia6A88	6 minutes	Patients
Fertility Options for Men with Cancer (Part 2 of 3) Reproductive medicine expert John Mulhall discusses several fertility options for men who are being treated for cancer.	http://youtu.be/tPIPyYXnBSI?list=PL39DF18D17338EB29	4 minutes	Patients
Sperm Banking (Part 3 of 3) Sexual health expert John Mulhall describes the use of cryopreservation to freeze and store sperm before cancer treatment.	http://youtu.be/QoRnsNAmR-4	2 minutes	Patients
Fertility Options for Young Male Cancer Patients	http://youtu.be/EYecwbPNkXE	7 minutes	Patients (US based)
Sexual Health Problems in Men with Cancer: Sloan-Kettering.	http://youtu.be/OQIGVT7HiF8	18 minutes	Health Care Providers
Women			
Sex & Chronic Disease - Can Women Still Feel Sexy	https://youtu.be/ZDwsRp0dGhk	2 minutes	Patients
Fertility issues after cancer treatment	http://youtu.be/urr1yyQHQ0w	6 minutes	Patients
Fertility Preservation and Cancer Treatment for Women	http://youtu.be/0V1Hy-xbolo	9 minutes	Patients
Fertility Options for Young Female Cancer Patients	http://youtu.be/XQ1PIg7dSPU	9 minutes	Patients (US based)
Simple Strategies to Improve Sexual and Vaginal Health	http://youtu.be/ThUKOzCNwz8	9 minutes	Health Care Providers
Hormone Replacement and the Cancer Patient	http://youtu.be/1_rSzwyas7k	6 minutes	Health Care Providers

OASIS Sexual Health Program

For information or support contact:



Edmonton and Area

Cross Cancer Institute
11560 University Avenue
Edmonton, Alberta T6G 1Z2
780-432-8260

Calgary and Area

Tom Baker Cancer Centre
1339-29 St NW
Calgary, AB T2N 4N2
403-355-3246

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