

Sexual Health Resources

General Sexual Health

Centers for Disease Control and Prevention
cdc.gov/sexualhealth/

Mayo Clinic. Sexual Health. (USA)
bit.ly/SexualHealthResources

World Health Organization (WHO): Sexual and Reproductive Health
bit.ly/WHOSexualHealth

If you are typing these, please note that bit.ly links are case sensitive.

Seniors

Aging & Health
bit.ly/AgingandHealth

National Institute on Aging: Sexuality in later life
nia.nih.gov/health/publication/sexuality-later-life

Cancer

Canadian Cancer Society: Sexuality and cancer
bit.ly/CCS-Sexuality

Mayo Clinic: Cancer treatment can cause physical changes that make having sex more difficult
bit.ly/PhysicalChanges

American Cancer Society: Dealing with sexual problems
bit.ly/ACS-Sexuality

American Cancer Society: Cancer, sex and sexuality
bit.ly/ACS-CancerandSex





MacMillian Cancer Support: Relationships and sex
bit.ly/Yoursexlife

Latest Journal Articles


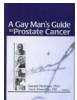
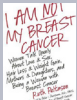
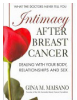


Medline Plus
bit.ly/MedlinePlus-SexualHealth

Alberta Health Services Resources

Websites	
Cancer Care Alberta	www.cancercarealberta.ca
MyHealth Alberta	myhealth.alberta.ca/cancer-and-sexuality

Print Resources	
Available for download from Cancer Care Alberta	
	Sexual Health for Men
	Sexual Health for Women
	Low Sexual Desire
	Fertility and You

Suggested Print Books

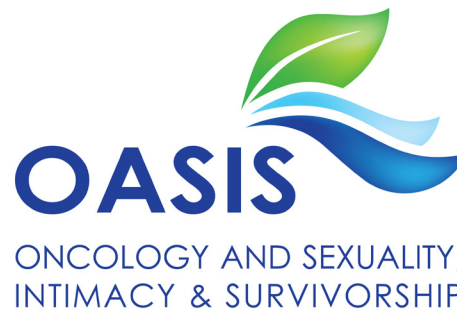
	Leibson, Beth. The cancer survivor handbook: Your guide to building a life after cancer. New York, NY: Skyhorse Publishing, 2014.
	Drescher, Jack. A gay man's guide to prostate cancer. New York: Haworth Medical Press/Harrington Park Press, 2005.
	Peltason, Ruth A. I am not my breast cancer: Women talk openly about love & sex, hair loss & weight gain, mothers & daughters, and being a woman with breast cancer. New York: Harper, 2008.
	Maisano, Gina M. Intimacy after breast cancer: Dealing with your body, relationships and sex. Garden City Park, NY: Square One Publishers, 2010.
	Katz, Anne. Man cancer sex. Pittsburgh, Pa.: Hygeia Media, 2010.
	Katz, Anne. Woman cancer sex. Pittsburgh, Pa.: Hygeia Media, 2009.

Videos

Title	Link	Time	Audience
Men			
Dr. Stacy Elliott: Information about Penile Injections	bit.ly/videopenile	9 minutes	Patients
Information about the Inflatable Penile Prosthesis	bit.ly/videopenileprosthesis	14 minutes	Patients
Information about the Vacuum Erection Device	bit.ly/videovacuumerection	9 minutes	Patients
Overview of Male Fertility (Part 1 of 3) Sexual medicine expert John Mulhall describes the male reproductive system, including organs and hormones involved in sperm production and delivery	bit.ly/video1malefertility	6 minutes	Patients
Fertility Options for Men with Cancer (Part 2 of 3) Reproductive medicine expert John Mulhall discusses several fertility options for men who are being treated for cancer.	bit.ly/video2malefertility	4 minutes	Patients
Sperm Banking (Part 3 of 3) Sexual health expert John Mulhall describes the use of cryopreservation to freeze and store sperm before cancer treatment.	bit.ly/video3spermbank	2 minutes	Patients
Fertility Options for Young Male Cancer Patients	bit.ly/videofertilityyoung	7 minutes	Patients (US based)
Sexual Health Problems in Men with Cancer: Sloan-Kettering.	bit.ly/dyserec	18 minutes	Health Care Providers
Women			
Sex & Chronic Disease - Can Women Still Feel Sexy	bit.ly/videosexchronicdisease	2 minutes	Patients
Fertility issues after cancer treatment	bit.ly/videofertilityissues	6 minutes	Patients
Fertility Preservation and Cancer Treatment for Women	bit.ly/videofertilitypreservation	9 minutes	Patients
Fertility Options for Young Female Cancer Patients	bit.ly/videofertilityoption	9 minutes	Patients (US based)
Simple Strategies to Improve Sexual and Vaginal Health	bit.ly/videosexhealth	9 minutes	Health Care Providers
Hormone Replacement and the Cancer Patient	bit.ly/videohorrep	6 minutes	Health Care Providers

OASIS Sexual Health Program

For information or support contact:



Edmonton and Area

Cross Cancer Institute
11560 University Avenue
Edmonton, Alberta T6G 1Z2
780-432-8260

Calgary and Area

Tom Baker Cancer Centre
1339-29 St NW
Calgary, AB T2N 4N2
403-355-3246

myhealth.alberta.ca/cancer-and-sexuality/about-oasis