Sexual Health and Cancer
We can help!

Support and Counselling

Sexual health information and support for cancer patients and families

Alberta Health Services
CancerControl Alberta

OASIS
ONCOLOGY AND SEXUALITY, INTIMACY & SURVIVORSHIP
Cancer patients may have sexual health concerns, such as:

- Vaginal discomfort or dryness
- Erectile dysfunction
- Hormonal changes
- Anxiety or fear related to sexual activities
- Body image
- Less interest in sex
- Difficulty with arousal or orgasm
- Relationship changes

Try these resources or programs:

1. **Sexual health information**
   - [www.cancercontrolalberta.ca](http://www.cancercontrolalberta.ca)
   - Patients and Families > In Treatment > Managing Side Effects
   - MyHealth.Alberta.ca
   - Search ‘cancer and sexuality’

2. **Classes/Workshops**
   - Call the numbers below for more information

3. **Individual/couples appointments**
   - Call to speak with a Sexual Health Consultant

4. **OASIS Sexual Health Clinic**
   - Available to people who need additional medical support

*Some services may be available remotely*

Calgary and Area: 403-355-3246
Edmonton and Area: 780-432-8260