

Online Resources about Soft Tissue Sarcomas



Soft tissue sarcomas are types of cancer that starts in the body's connective or supportive tissues, like muscle, fat, blood vessels, nerves, and tendons (see below).

Being diagnosed with soft tissue sarcoma can be life-changing. **But you are not alone.** Getting facts and information from trusted websites can help:

Open a digital copy of this resource by:

- Scanning the QR code with a smartphone camera.
- Typing into your trusted website browser:
 - bit.ly/soft_tissue_sarcoma_ca, or
 - cancercarealberta.ca, select 'Information for Patients & Families', then 'Just Diagnosed', then 'Types of Cancer', select 'Sarcoma'.

Visit trusted websites for soft tissue sarcoma by:

- **Clicking** on the links in [blue](#) below, or
- **Search** for 'soft tissue sarcoma' on the websites listed

Canadian Cancer Society

Provides national support for people with cancer, their loved ones, and caregivers.

- [Gastrointestinal stromal tumours \(GIST\)](#)
- [Kaposi Sarcoma](#)
- [Rhabdomyosarcoma](#)
- [Soft Tissue Sarcoma](#)

American Cancer Society

- [Rhabdomyosarcoma](#)
- [Soft Tissue Sarcoma](#)
- [Uterine Sarcoma](#)

Macmillan Cancer Support

Mayo Clinic

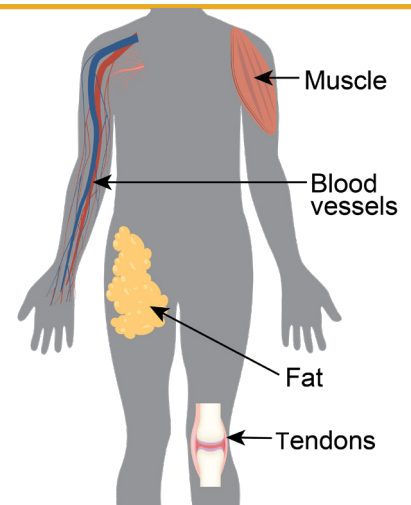
National Cancer Institute

**National Comprehensive Cancer
Network Guidelines (for patients)**

- [Gastrointestinal stromal tumors \(GIST\)](#)
- [Soft Tissue Sarcoma](#)

OncoLink - The Basics

**Connective
tissues**



Sarcoma Supports

- [Canadian Cancer Survivor Network](#)
- [Sarcoma Alliance](#)
- [Sarcoma Cancer Foundation of Canada](#)
- [Sarcoma Foundation of America](#)
- [Sarcoma Patient Advocacy Global Network](#)

Cancer Care Alberta

Alberta-specific information is available to support you, your family, friends and caregivers— no matter where you are in your cancer journey. Cancer Care Alberta resources can be found here:

- [Types of Cancer \(online resources\)](#)
- [Classes, Groups, or Events](#)

We encourage you to explore these web pages to find resources, education, classes, support groups and more.



Wellspring Alberta

Provides complementary programs for people with cancer and their loved ones.

- [1-866-682-3135](#)

Library Services

Access to reliable, evidence-based resources and health information.

- [Patient and Family Resources](#)

Learn about Sarcoma Research

- [Alberta Cancer Clinical Trials](#)
- [Canadian Cancer Trials](#)

Cancer Care Alberta Psychosocial Oncology

Psychosocial Oncology has many healthcare specialists who can help support your mental health and cancer-related concerns. They can help with things such as communication, stress, coping with treatment side effects, mood changes, quality of life, body image, loneliness, financial concerns, or practical supports.

Supportive Care and Living Well

For information about Rehabilitation Oncology and other wellness supports.

Supports for People with Cancer

A resource to help you find urgent and non-urgent help in Alberta.

Mental Health Helpline (ALBERTA)

A 24 hour, 7 days a week, 365 days a year confidential service for mental health concerns.

- [1-877-303-2642](#)

Start the Talk (CANADA)

A resource for children and teens, to help support them when a family member has cancer.

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