

How to grant and remove proxy access in MyAHS Connect



Giving proxy access to another MyAHS Connect user

All MyAHS Connect users 18 years of age or older can give another MyAHS Connect user 18 years of age or older access to their AHS health information. For more information about signing up for your MyAHS Connect account go to [Connect Care Patients & Families | Alberta Health Services](#).

What does it mean to give proxy access to another MyAHS Connect user?

When you give another individual proxy access you are giving them access to your AHS health record. It is important to note that you are not able to hide or remove access to any parts of your current or past health information in MyAHS Connect from the individual you are giving proxy access to.

Individuals with proxy access to your account will be notified via email when there are updates to your health information such as new test results.

If you have health information such as test results, messages with your healthcare team or visit summaries that you do not want to share with the other individual, do not give them proxy access. You can also remove those who already have access.

Who can I give proxy access to?

You can give proxy access to anyone 18 years of age or older with an active MyAHS Connect account by using the [Share My Record](#) feature in the menu of MyAHS Connect. You may provide access to a trusted family member, spouse, caregiver or friend who is supporting you in your care journey and has their own MyAHS Connect Account. You can give access to your MyAHS Connect account in one of two formats:

- Full access - The person with proxy access can see and update your clinical information, see and schedule appointments, and send messages to your care team in your account.
- View only - The person with proxy access can see your clinical information and upcoming appointments.

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Removing proxy access

All MyAHS Connect users 14 years of age or older can quickly and easily remove another MyAHS Connect user's proxy access.

Using the [Share My Record](#) feature found in the menu of MyAHS Connect, you can see who has proxy access to your account and remove their access. This change occurs in the system immediately.

- Proxy access in MyAHS Connect is not connected to [My Personal Records](#) (MyHealth Records), if access to health information has been granted or removed in one system it will need to be granted or removed in the other.
- Keep in mind, MyAHS Connect is only one way to access your health information. You and your trusted family member, spouse, caregiver or friend are key members of your healthcare team and can communicate with the rest of the team through phone calls and visits.
- Other channels to request access to health information are still available. Visit [Access & Disclosure](#) for more information.