



How MyChart proxy access changes as your youth gets older

Proxy Access for Parents and Authorized Representatives

If your youth has been a patient at a [facility using Connect Care](#), their health care provider can help you access your youth's health care records online with MyChart proxy access.

Please note that community physicians (family doctors) are not able to support this request at their community clinics.

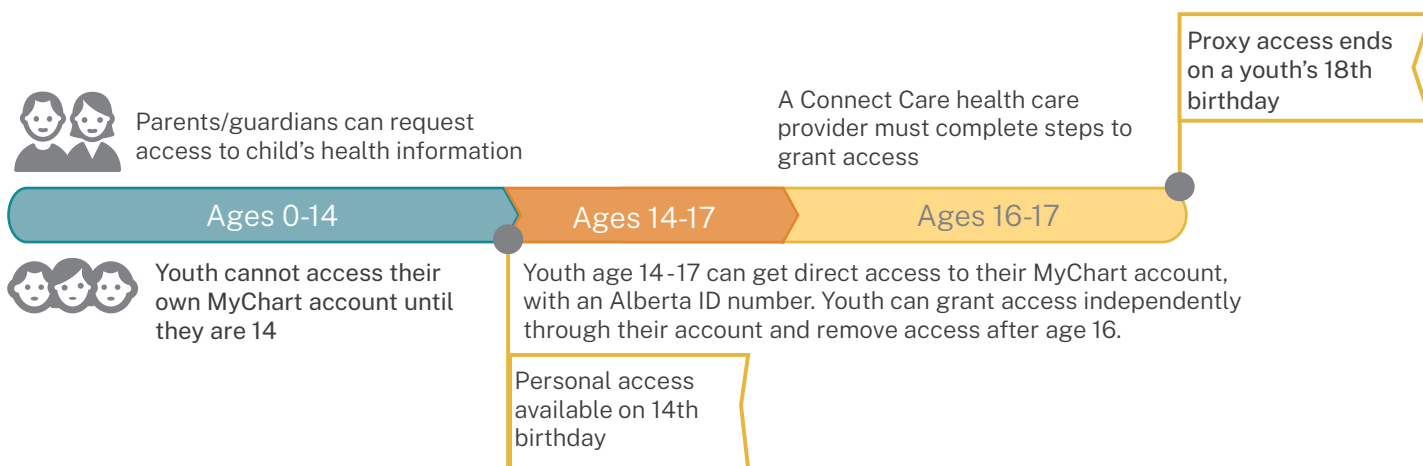
MyChart gives you online access to your youth's health records, medications and test results, and gives you the opportunity to schedule appointments online. Talk to your youth's health care team for more information.

! MyChart is only one way to access your youth's health information. You and your youth are key members of their health care team and can continue to communicate with the rest of the team through phone calls and visits.

Once your youth turns 14 years old, they can sign up for MyChart access themselves. For this, your youth will need their own [Alberta ID](#) or a learner's permit to sign up for an Alberta.ca Account. An Alberta.ca Account will give them access to sign into their MyChart account. They can also enable access at age 14 or disable proxy access at age 16.

If your child is 15 years or younger and does not have direct access, parents and authorized representatives can request access to their health record by visiting <https://myhealth.alberta.ca/uam/pages/createchildrecord.aspx>.

What happens when your youth turns 18 years old? A parent or authorized representative's proxy access to their youth's health information via MyChart will automatically expire when the youth turns 18 years old. See the [Proxy Access for Adults Who Require Additional Support](#) resource for more information about continuing access after age 18.



! It's important to note that when your youth turns 18, your access to their MyChart account will end. As an adult with a MyChart account, they can choose with whom they share access.

Other channels to request access to health information are still available. Visit [Access & Disclosure](#) for more information.