

Signing Up for MyAHS Connect



What is MyAHS Connect?

MyAHS Connect is a secure, online tool to access your AHS health information.

Use MyAHS Connect to:

- Communicate directly with your healthcare team
- View your treatment and appointment schedules at AHS
- Fill out appointment questionnaires ahead of time at your convenience
- Easily join video and/or telephone visits
- View your health information such as: laboratory results, medication list and past visit summaries
- Support family members in their care with proxy access



How can I access MyAHS Connect?

You can access your MyAHS Connect account if you have an Alberta.ca verified account and login to MyHealth Records. If you don't have access to MyHealth Records, you can complete the steps below. Please note if you have not accessed services at an AHS program or facility, or at Recovery Alberta, there may be very little or no health information in MyAHS Connect.



What can I do to prepare?

First, you need an Alberta.ca Account.

1. Create an Alberta.ca Account, visit myhealth.alberta.ca/myhealthrecords
2. Fill out the requested information. You will need an email address and a valid Alberta Driver's License or Alberta Identification Card
3. You will receive a confirmation email. Click the "Confirm and continue" link in the email within 96 hours to complete the registration process.
4. You now have a basic account and can register for a MyHealth Records account. A confirmation letter with a verification code will be mailed to the address on your id card, or you can request a verification code be sent to your smartphone.
5. You will need to use your verification code for your account to keep your access.



TIP: You can scan this QR code to get started

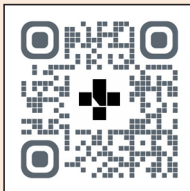
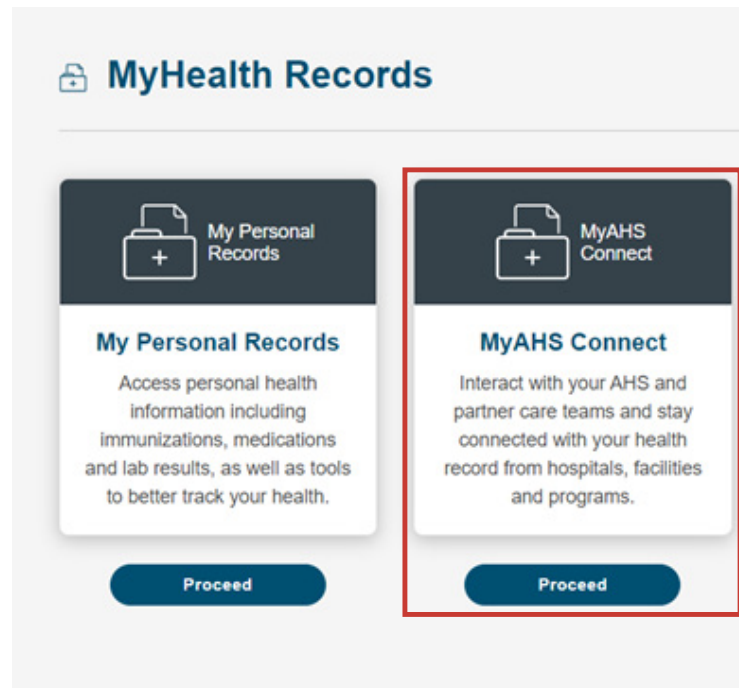
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How do I get access to MyHealth Records?

1. After you have signed up for your Alberta.ca Account, re-visit the MyHealth Records website at myhealth.alberta.ca and sign in using your Alberta.ca Account username and password.
2. Enter your [Personal Health Number \(PHN\)](#) on your Alberta Personal Health card.
3. You are now ready to access MyAHS Connect.

Note: MyAHS Connect is not the same as My Personal Records.



Learn More about MyAHS Connect:
albertahealthservices.ca/MyAHSConnect
Need help?
Call 1-844-401-4016