From examining patients and doing lab tests to monitoring vital signs and providing treatments, community paramedics bring care to patients in their communities.

## Bringing care to patients where they need it

We all need care at some point in our lives. For some, the biggest barrier to receiving care is accessing it. Community paramedics work with physicians and care teams to break that barrier and bring care to patients who need it most, where they need it most.

Patients can be treated, assessed and diagnosed by a community paramedic in the comfort of their own homes.

Visits are free and can help avoid an ambulance ride or hospital visit.

### Request a community paramedic

If you're a patient

Talk to your family doctor or care team

#### If you're a physician or care team

To refer a patient:

In and north of Red Deer:

1-833-367-2788

South of Red Deer, call:

1-855-491-5868

For more information about community paramedics, visit ahs.ca/communityems



**Community Paramedics** 

# Bringing healthcare to the home







### What do community paramedics do?

Community paramedics can provide the following in-home treatments and assessments:

- Wound care, including putting in stitches
- Blood collection
- Medication, including intravenous administration
- Electrocardiograms (ECGs)
- Starting and managing intravenous sites
- Monitoring of oxygen levels, blood pressure, blood sugar, heart rate, etc.

### What other services do they provide?

In addition to in-home treatments and assessments, they:

- Can answer your questions about your care
- Have secure access to health records
- Have the necessary equipment and medication for treatments
- Adhere to hand hygiene and infection, prevention and control standards
- In emergencies, provide appropriate care and arrange an ambulance.



## Who are community paramedics?

Community paramedics are specifically trained to provide healthcare in communities and patient homes. Physicians, continuing care site staff and care teams can request in-home care from community paramedics for their patients.

#### How to recognize us

Community paramedics drive SUVs rather than ambulances and wear specific uniforms.



