Edmonton Zone Gastroenterology Referral Pathway



About this Pathway

Referral pathways help referring providers know where to send referrals and what information to include.

Review Primary Care

(for guidance on referral process, if available) If a Primary Care Pathway is available for your

you have any questions while using or after completing a Primary Care Pathway, obtain specialist advice through ConnectMD or

To view the pathways, click on the links within this document. You can also find the pathways

Alberta's Pathway Hub under Gastroenterology:

If a Primary Care Pathway is not available, or if you need more specialty information, ASK FOR

through the Digestive Health SCN website:

www.ahs.ca/scns/Page13909.aspx or on

www.ahs.ca/aph/page18236.aspx? category=gastroenterology.

patient's condition, review the pathway first and determine if this information can assist vou. If

<u>Pathway</u>

eReferral eConsult.

ADVICE.

We value all feedback to improve referral pathways. Please share vour comments via Online Survey or scan the QR code.

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Request Urgent Advice (Patient may need to be seen immediately. Patients with conditions that require same day intervention and/or diagnostics but not hospitalization; not life threatening)	Request Emergency Consultation (patient NEEDS to be seen immediately)
For the following, call RAAPID North: 1-800-282-9911 • Severe flare of Inflammatory Bowel Disease (IBD) • Dysphagia • Abnormal imaging	For the following, refer directly to the emergency department or call RAAPID North: 1-800-282-9911 • Severe gastroenterology (GI) bleeding symptoms • Severe acute abdominal pain • Severe symptoms of acute pancreatitis
Request Non-Urgent Advice (when uncertain whether to submit a referral)	Request Non-Urgent Consultation (when patient requires non-urgent referral)
Access non-urgent specialist advice online or by telephone: By electronic advice (Response within 5 calendar days): • Adult Gastroenterology Issue • Colon Cancer Screening • Hepatology Issue For more information, go to: <u>albertanetcare.ca/eReferral.htm</u> By phone advice: Call ConnectMD at 1-844-633-2263 or Online at <u>penconnectmd.com/non-urgent-advice-</u> request. Advice available Monday to Friday (except statutory holidays). A one-page transcribed summary of the call will be sent to you	 Indicate a clear reason for referral and any confirmed diagnosis to assist in directing your referral. Provide all required information and specific tests/investigations. See QuRE Referral/Consult Checklist (ahs.ca/QuRE) for high-quality referral guidelines. Visit the <u>Alberta Referral Directory</u> for individual clinic contact information. Edmonton Zone Gastroenterology Central Access and Triage (EZ GI CAT) is accepting referrals via eReferral Referral Referral point. For EZ GI CAT referral information, go to: <u>EZ GI CAT</u>.
afterwards for billing and record-keeping purposes.	

For more information, visit pcnconnectmd.com.

NOTE: If a patient was seen previously in the preceding five (5) years, consider sending a referral back to that same adult gastroenterologist through EZ GI CAT.

Please Note: Effective Wednesday, January 22, 2025, Edmonton Zone Gastroenterology Central Access and Triage (EZ GI CAT) will become the only point of access to refer patients in the Edmonton Zone who need to see a gastroenterologist or require colorectal screening. REFERRAL FAX 780-670-3607



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COLORECTAL CANCER SCREENING

Refer to <u>Toward Optimized Practice (TOP) Guidelines</u> for Colorectal Cancer Screening Guidelines			
Reason for Referral	Process	Mandatory Info (Essential investigations & timeframes)	Extra Info (If available)
AVERAGE RISK SCREENING FOR COLORECTAL CANCER • <u>No</u> personal or family history of colorectal cancer or colonic adenomas	 Order Fecal Immunochemical Test (FIT) via local laboratory services. Screen with FIT every 1-2 years starting at age 50 years If FIT is positive, refer to Stop Colorectal Cancer through Prevention and Education (SCOPE) Program thorough EZ GI CAT FIT should NOT be performed within 10 years of a high-quality colonoscopy If the patient is experiencing new gastrointestinal symptoms at any time since the previous colonoscopy, the patient should be referred to EZ GI CAT. 	 Patient must be asymptomatic between ages 50-74 Include detailed documentation or medical summary (Medication, anticoagulants usage, diabetes, etc.) 2 Years CBC, electrolytes, creatinine/GFR 6 Months Height and weight/Body Mass Index (BMI) 	
FECAL IMMUNOCHEMICAL TEST (FIT): POSITIVE FINDING • Used for asymptomatic screening only	 Patients 50-74 years of age with positive FIT should be referred to SCOPE Program through EZ GI CAT. If your patient does not meet SCOPE Program criteria but you feel they are still eligible for colon cancer screening, please send referral to EZ GI CAT. 	 Include detailed documentation or medical summary (Medication, anticoagulants usage, diabetes, etc.) <2 Years CBC, electrolytes, creatinine/GFR <6 Months Height and weight/Body Mass Index (BMI) 	



COLORECTAL CANCER SCREENING

Refer to <u>Toward Optimized Practice (TOP) Guidelines</u> for Colorectal Cancer Screening Guidelines			
Reason for Referral	Process	Mandatory Info (Essential investigations & timeframes)	Extra Info (If available)
FAMILY HISTORY OF COLORECTAL CANCER Includes: • High Risk Adenomatous Polyps	 Based on the age of affected first degree family members: Family history of colorectal cancer or advanced adenoma in one first degree relative less than or equal to 60 years or 2 or more affected first degree relatives, any age. 	 Patient must be asymptomatic age 74 and younger Include detailed documentation or medical summary (Medication, anticoagulants usage, diabetes, etc.) 2 Years CBC, electrolytes, creatinine/GFR 6 Months Height and weight/Body Mass Index (BMI) 	If applicable: Copy of previous colonoscopy and pathology report
PERSONAL HISTORY OF COLORECTAL CANCER Includes: Colonic adenomas	 Refer if patient is 40-74 years of age to SCOPE Program through EZ GI CAT. Any patient outside of this range should be referred to EZ GI CAT FIT testing is <u>NOT</u> recommended If patient does not qualify under the above criteria, refer to EZ GI CAT for consideration. 	 Include detailed documentation or medical summary (Medication, anticoagulants usage, diabetes, etc.) <2 Years CBC, electrolytes, creatinine/GFR <6 Months Height and weight/Body Mass Index (BMI) 	If applicable: Copy of previous colonoscopy and pathology report



COMMON LUMINAL DISORDERS			
Reason for Referral	Process	Mandatory Info (Essential investigations & timeframes)	Extra Info (if available)
ABNORMAL IMAGING OF GASTROINTESTINAL TRACT	 For cases with suspected cancer or acute obstruction, call RAAPID North: 1-800-282-9911. Other cases: Refer to EZ GI CAT. 	 Description of symptoms and reason for requesting imaging <3 Months CBC, electrolytes, creatinine Unintended weight loss 	 Copy of abnormal imaging report
BARRETT ESOPHAGUS (SCREENING)	 Refer to the <u>Provincial Gastroesophageal Reflux Disease (GERD)</u> <u>Primary Care Clinical Pathway</u> to help guide for screening parameters. If you have any questions while using or after completing the GERD Primary Care Pathway, obtain specialist advice through ConnectMD or eReferral eConsult. 	 Include documentation or medical summary of completed GERD Primary Care Pathway 	If applicable: Previous gastroscopy report and pathology report
BARRETT ESOPHAGUS (SURVEILLANCE OR KNOWN DIAGNOSIS)	 Refer back to previous endoscopist through EZ GI CAT. If patient has no prior endoscopist in the Zone, refer to EZ GI CAT. 	 Previous gastroscopy report and pathology report 	
CELIAC DISEASE	 If you have any questions about follow-up symptoms or new symptoms, obtain specialist advice through ConnectMD or eReferral eConsult. Refer to EZ GI CAT. 	 Indicate if patient is following a gluten-free diet 3 Months CBC, ferritin 3 Years Celiac serology 	Previous gastroscopy report and pathology report



COMMON LUMINAL DISORDERS

Reason for Referral	Process	Mandatory Info (Essential investigations & timeframes)	Extra Info (if available)
CHRONIC ABDOMINAL PAIN	 For severe acute abdominal pain, refer patient to the emergency department or call RAAPID North: 1-800-282-9911. Refer to the Provincial Chronic Abdominal Pain Primary Care Clinical Pathway. If you have any questions while using or after completing the Chronic Abdominal Pain Primary Care Pathway, obtain specialist advice. In the presence of alarm features, provide evidence and documentation for all relevant portions of the Chronic Abdominal Pain Primary Care Pathway with your referral. 	 Include documentation or medical summary of completed Chronic Abdominal Pain Primary Care Pathway. Location, frequency, severity, duration 3 Months CBC, sodium, potassium, chloride, calcium, magnesium, phosphorus, creatinine Liver enzymes: alkaline phosphatase (ALP), alanine aminotransferase (ALT), albumin, total bilirubin, lipase C-reactive protein (if suspecting inflammatory or infectious conditions) Ferritin and transferrin saturation 	 If applicable: <6 Months Clostridioides difficile, ova and parasites Celiac serology Thyroid stimulating hormone (TSH) H. pylori test (HpSAT [H. pylori Stool Antigen Test] or Urea Breath Test) Urinalysis Pregnancy test (β-hCG) Abdominopelvic ultrasound
CHRONIC CONSTIPATION	 Refer to the <u>Provincial Chronic Constipation Primary Care Clinical</u> <u>Pathway</u> to help guide the care of your patient. If symptoms persist after the Chronic Constipation Primary Care Pathway has been completed, obtain specialist advice through ConnectMD or eReferral eConsult. In the presence of alarm features, provide evidence and documentation for all relevant portions of the Chronic Constipation Primary Care Pathway with your referral. 	 Include documentation or medical summary of completed Chronic Constipation Primary Care Pathway. <6 Months CBC, glucose, creatinine, calcium/albumin, thyroid stimulating hormone (TSH) <3 Years Celiac serology 	Abdominal x-ray



COMMON LUMINAL DISORDERS			
Reason for Referral	Process	Mandatory Info (Essential investigations & timeframes)	Extra Info (if available)
CHRONIC DIARRHEA	 Refer to the <u>Provincial Chronic Diarrhea Primary Care Clinical</u> <u>Pathway</u> to help guide the care of your patient. If symptoms persist after the Chronic Diarrhea Primary Care Pathway has been completed, obtain specialist advice through ConnectMD or eReferral eConsult. In the presence of alarm features, provide evidence and documentation for all relevant portions of the Chronic Diarrhea Primary Care Pathway with your referral. 	 Include detailed documentation or medical summary of completed Chronic Diarrhea Primary Care Pathway 3 Months CBC, electrolytes, ferritin, C-reactive protein (CRP) Clostridioides difficile, ova and parasites 3 Years Celiac serology 	 If high clinical suspicion of inflammatory bowel disease (IBD), do fecal calprotectin test Thyroid stimulating hormone (TSH)
DYSPEPSIA	 Refer to the <u>Provincial Dyspepsia Primary Care Clinical Pathway</u> to help guide the care of your patient. If you have any questions while using or after completing the Dyspepsia Primary Care Pathway, obtain specialist advice through ConnectMD or eReferral eConsult. In the presence of alarm features, provide evidence and documentation for all relevant portions of the Dyspepsia Primary Care Pathway with your referral. 	 Include documentation or medical summary of completed Dyspepsia Primary Care Pathway <6 Months CBC, ferritin Negative H. pylori test (HpSAT [H. pylori Stool Antigen Test] or Urea Breath Test) <3 Years Celiac serology 	
DYSPHAGIA	 <u>Acute Cases</u>: Call RAAPID North: 1-800-282-9911 New, progressive, unintended weight loss greater than 5% within 6 months. <u>Non Acute</u>: If you have any questions, obtain specialist advice through ConnectMD or eReferral eConsult. Refer to an Adult Gastroenterologist. 	 Include the following in a detailed medical summary: Duration and severity Able to swallow solids or liquids Onset: progressive, intermittent, with/and/or weight loss Somethy and the severity of th	 Upper GI series imaging report Esophageal barium fluoroscopy with marshmallow swallow Manometry results (if performed)



COMMON LUMINAL DISORDERS				
Reason for Referral	Process	Mandatory Info (Essential investigations & timeframes)	Extra Info (if available)	
GASTROESOPHAGEAL REFLUX DISEASE (GERD)	 Refer to the <u>Provincial GERD Primary Care Clinical Pathway</u> to help guide the care of your patient. If you have any questions while using or after completing the GERD Primary Care Pathway, obtain specialist advice through ConnectMD or eReferral eConsult. In the presence of alarm features, provide evidence and documentation for all relevant portions of the GERD Primary Care Pathway with your referral. 	 Include documentation or medical summary of completed GERD Primary Care Pathway 	• Any related motility and diagnostic testing as appropriate	
HELICOBACTER PYLORI (H. PYLORI)	 Refer to the <u>Provincial Helicobacter Pylori (H. pylori) Primary Care</u> <u>Clinical Pathway</u> to help guide the care of your patient. If you have any questions while using or after completing the H. pylori Primary Care Pathway, obtain specialist advice through ConnectMD or eReferral eConsult. In the presence of alarm features, provide evidence and documentation for all relevant portions of the H. pylori Primary Care Pathway with your referral. 	 Include documentation or medical summary of completed H. pylori Primary Care Pathway Indicate three (3) failed attempts of treatment 3 Months HpSAT (H. pylori Stool Antigen Test) or Urea Breath Test 	 Any related diagnostic testing as appropriate 	
INFLAMMATORY BOWEL DISEASE	 For severe flare up of Inflammatory Bowel Disease, refer patient to the emergency department or call RAAPID North: 1-800-282-9911. For known Inflammatory Bowel Disease, consider referring back to the previous gastroenterologist. If the patient does not have a gastroenterologist in the Edmonton Zone, refer to an Adult Gastroenterologist. 	 <6 Months (for known cases) CBC, creatinine, electrolytes, C-reactive protein (CRP) Fecal calprotectin (> 200 mcg/g) Stool samples for: culture and sensitivity, Clostridioides difficile, ova and parasites 	• Endoscopy report and histologic findings	

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COMMON LUMINAL DISORDERS				
Reason for Referral	Process	Mandatory Info (Essential investigations & timeframes)	Extra Info (if available)	
IRON DEFICIENCY ANEMIA (IDA)	 For severe/symptomatic cases, refer patient to the emergency department or call RAAPID North: 1-800-282-9911. Refer to the <u>Provincial Iron Deficiency Anemia (IDA) Pathway for Colorectal Cancer Diagnosis</u> to help guide the care of your patient. If you have any questions while using or after completing the IDA Pathway for Colorectal Cancer Diagnosis, obtain specialist advice through ConnectMD or eReferral eConsult. Refer to EZ GI CAT as indicated in IDA Pathway: <u>Urgent criteria for IDA</u>: Men: Hemoglobin < 110 g/L Women: Hemoglobin < 100 g/L IDA with alarm symptoms <u>Semi-urgent criteria for IDA</u>: Men: Hemoglobin between 110-130 g/L Women: Hemoglobin between 100-120 g/L 	 <8 Weeks CBC, ferritin, serum iron, total iron-binding capacity (TIBC), transferrin saturation, creatinine, alkaline phosphatase (ALP), total bilirubin, alanine aminotransferase (ALT) <3 Years Celiac serology 	 Previous gastroscopy report and pathology report C-reactive protein (CRP) (if indicated) 	
IRRITABLE BOWEL SYNDROME	 Refer to the <u>Provincial Irritable Bowel Syndrome (IBS) Primary Care</u> <u>Clinical Pathway</u> to help guide the care of your patient. If you have any questions while using or after completing the Irritable Bowel Syndrome (IBS) Primary Care Pathway, obtain specialist advice through ConnectMD or eReferral eConsult. In the presence of alarm features and/or an elevated fecal calprotectin (>200mcg/g), please provide evidence and documentation for all relevant portions of the Irritable Bowel Syndrome (IBS) Primary Care Pathway with your referral. 	 Include documentation or medical summary of completed IBS Primary Care Pathway 6 Months CBC If applicable for Irritable Bowel Syndrome-Diarrhea (IBS-D): Fecal calprotectin (>200mcg/g), C-reactive protein (CRP) Years Celiac serology 		



COMMON LUMINAL DISORDERS			
Reason for Referral	Process	Mandatory Info (Essential investigations & timeframes)	Extra Info (if available)
NAUSEA/VOMITING	Obtain specialist advice through ConnectMD or eReferral eConsult.	Detailed medical summary	
ODYNOPHAGI A	 <u>Acute Cases:</u> Call RAAPID North: 1-800-282-9911. New, progressive, unintended weight loss greater than 5% within 6 months. <u>Non-Acute:</u> If you have any questions, obtain specialist advice through ConnectMD or eReferral eConsult. Refer to EZ GI CAT. 		
RECTAL BLEEDING (BRIGHT RED BLOOD)	 Refer to the <u>Provincial High Risk Rectal Bleeding Pathway for</u> <u>Colorectal Cancer (CRC) Diagnosis</u> to help guide the care of your patient. If you have any questions while using or after completing the High Risk Rectal Bleeding Pathway for Colorectal Cancer (CRC) Diagnosis, obtain specialist advice through ConnectMD or eReferral eConsult. In the absence of alarm features, provide evidence and documentation for all relevant portions of the High Risk Rectal Bleeding Pathway for Colorectal Cancer (CRC) Diagnosis with your referral to <u>Facilitated</u> <u>Access to Surgical Treatment Program (FAST)</u>. 	 Include documentation or medical summary of completed High Risk Rectal Bleeding Pathway for Colorectal Cancer (CRC) Diagnosis 	
UPPER GI BLEED	 <u>Acute Cases:</u> Call RAAPID North: 1-800-282-9911. <u>Non-Acute Cases:</u> Refer to an <u>Adult Gastroenterologist</u>. 	 Include the following in a detailed medical summary: Duration, frequency NSAID, anti-coagulants, anti-platelet agents use <6 Months CBC, creatinine, INR/PTT 	

	HEPATOLOGY			
Reason for Referral	Process	Mandatory Info (Essential investigations and timeframes)	Extra Info (If available)	
ACUTE HEPATITIS	 Exclusion: Abnormal unexplained INR (>1.5) or transaminase >1000 should be treated as URGENT, Call RAAPID North: 1-800-282-9911. If alanine aminotransferase (ALT) and/or aspartate aminotransferase (AST) >250 within one (1) month, refer to EZ GI CAT. 	 Medication history including herbs/remedies/all over the counter drug use/illicit drugs Alcohol intake, symptoms (e.g., jaundice, abdominal pain, etc.) Systemic symptoms (e.g., sore throat, rash) <1 Month CBC, electrolytes, creatinine Liver enzymes: Alanine aminotransferase (ALT), aspartate aminotransferase (AST), alkaline phosphatase (ALP), gamma-glutamyl transferase (GGT), lactate dehydrogenase (LDH) Liver function: INR, total bilirubin, albumin Creatine kinase (CK) Etiological: Hep A IgM, Hep B surface Ag, Hep B core IgM, Hep C Ab If applicable: Toxin screen (acetaminophen, cocaine) 	 Ultrasound if available (indicate if ordered) Previous liver enzymes/ bloodwork 	
ELEVATED LIVER ENZYMES OR SUSPECTED-NON ALCOHOLIC FATTY LIVER DISEASE (NAFLD)	 Refer to the <u>Provincial NAFLD Primary Care Clinical</u> <u>Pathway</u> to help guide the care of your patient. If you have any questions while using or after completing the NAFLD Primary Care Pathway, obtain specialist advice through ConnectMD or eReferral eConsult. When referring please indicate suspected NAFLD OR Alternative diagnosis (according to NAFLD Primary Care Pathway) to EZ GI CAT. 	 Include medical summary and documentation of appropriate steps completed in NAFLD Primary Care Pathway: Medical history Alcohol intake Completed labs and diagnostic imaging 3 Months If cirrhosis is suspected: Include INR, total bilirubin, albumin 		



HEPATOLOGY					
Reason for Referral	Process	Mandatory Info (Essential investigations and timeframes)	Extra Info (If available)		
CHRONIC LIVER DISEASE Includes: • Decompensated Cirrhosis	 Acute or Decompensated jaundice, encephalopathy: Refer to emergency department or call RAAPID North: 1-800-282-9911. For Known Diagnosis: Consider referring back to previous Hepatologist or Adult Gastroenterologist through EZ GI CAT. 	 Include detailed medical summary highlighting the following: Etiology Symptoms of decompensation (Jaundice, Ascites, Encephalopathy) Alcohol intake 3 Months Liver enzymes: Alanine aminotransferase (ALT), aspartate aminotransferase (AST), alkaline phosphatase (ALP) Liver function: INR, bilirubin, albumin, CBC, electrolytes, creatinine 6 Months Abdominal ultrasound (with hepatic/portal vein doppler where available) Etiological: Hep B surface antigen, Hep C antibody 			
HEPATITIS C	 Primary care providers are fully authorized to treat Hepatitis C infection. Refer to the <u>Provincial Hepatitis C Virus Primary</u> <u>Care Clinical Pathway</u> to help guide the care of your patient. If you have any questions before starting, while using, or after completing the Hepatitis C Virus Primary Care Pathway, obtain specialist advice through ConnectMD or eReferral eConsult. If the primary care provider prefers not to treat the patient or if the Primary Care Pathway indicates that specialist care is required, refer to EZ GI CAT or to the infectious disease physician of your choice or <u>Program Kaye Edmonton Clinic</u>-Hepatitis Support Program (HSP) Alberta Health Services. 	 >3 Months (after exposure) For patients with no history of Hepatitis C Virus (HCV) infection, complete antibody testing For patients with a known prior HCV infection, complete RNA (ribonucleic acid) testing <6 Months Anti-Hep A IgG antibody, Hep B surface antigen, anti-Hbc antibody, anti-Hbs antibody, anti-HIV antibody Alanine aminotransferase (ALT), aspartate aminotransferase (AST), platelets, creatinine FIB-4 score 	 Include documentation or medical summary of completed Hepatitis C Virus Primary Care Pathway Ultrasound if available (indicate if ordered) Previous liver enzymes 		





HEPATOLOGY				
Reason for Referral	Process	Mandatory Info (Essential investigations and timeframes)	Extra Info (If available)	
ISOLATED SOLID LIVER MASS	• Refer to Hepatology through EZ GI CAT.	 Weight and Body Mass Index (BMI) History of liver disease/cirrhosis Metastatic cancer to liver excluded (i.e. no colon cancer, breast cancer, etc.) <1 Month CBC, electrolytes, creatinine Liver enzymes: Alanine aminotransferase (ALT), aspartate aminotransferase (AST), alkaline phosphatase (ALP) Liver function: INR, total bilirubin, albumin <1 Month (if not previously done) Etiological: Hep B surface antigen, Hep C antibody <3 Months Alpha fetoprotein CT, MRI or ultrasound 		

PANCREATOBILIARY				
Reason for Referral	Process	Mandatory Info (Essential investigations and timeframes)		
ACUTE PANCREATITIS	 For ongoing severe symptoms of acute pancreatitis, refer patient to the emergency department or call RAAPID North: 1-800-282-9911. 			
CHRONIC PANCREATITIS	Chronic pancreatitis or pancreas imaging abnormalities, refer to EZ GI CAT.	 Include detailed medical history All relevant imaging (copy of report and findings for all) <2 Months Alanine aminotransferase (ALT), aspartate aminotransferase (AST), alkaline phosphatase (ALP), bilirubin, lipase Creatinine Electrolytes, CBC, triglycerides, cholesterol, calcium 		



HANDY RESOURCES				
CONNECT MD (NON-URGENT TELPHONE ADVICE FOR EDMONTON & NORTH ZONES)	 Telephone: 1-844-633-2263 Monday–Thursday: 9:00 a.m. – 6:00 p.m. Friday: 9:00 a.m. – 4:00 p.m. Website: pcnconnectmd.com 			
ALBERTA NETCARE EREFERRAL (NON-URGENT SPECIALTY ADVICE & NON-URGENT REFERRALS FOR EZ GI CAT)	Want to connect with a specialist electronically and receive a response within five calendar days? Use Alberta Netcare eReferral eConsult and submit requests for: Adult Gastroenterology Issue, Colon Cancer Screening and Hepatology Issue.Edmonton Zone Gastroenterology Central Access and Triage (EZ GI CAT) is accepting referrals via eReferral Referral. To submit an eReferral Advice or Consult Request, go to albertanetcare.ca/eReferral.htmfor training information.			

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