

EDMONTON ZONE Urology REFERRAL QUICK REFERENCE

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SEND TO EMERGENCY: ACUTE SCROTAL PAIN/TESTICULAR TORSION, ACUTE RENAL COLIC, GU TRAUMA, GU TRACT FOREIGN BODY

REASON FOR REFERRAL	ESSENTIAL LABS	ESSENTIAL IMAGING (ATTACHED OR ORDERED)	MANDATORY INFORMATION	TIMING OF ESSENTIAL INVESTIGATIONS	ACCESS TARGET	APPROPRIATE FOR UROLOGY
ACUTE URINARY RETENTION <i>(with indwelling catheter)</i>	lytes, creatinine, U/A, urine culture			< 2 WEEKS	< 2 WEEKS	YES
ADRENAL MASS	Na, K, creatinine, random glucose, cortisol, 24 hour urine metanephrines	CT or MRI (abdomen)	BP x 3	< 3 MONTHS	< 30 DAYS	YES <i>Should be evident on ultrasound</i>
BALANITIS / GU WARTS					< 6 MONTHS	YES <i>Phimosis, recurrent balanitis or urethral involvement of warts</i>
BLADDER CANCER / MASS	lytes, creatinine, U/A, urine cytology x 1			< 30 DAYS	< 2 WEEKS	YES <i>Should be evident on ultrasound</i>
BPH (Benign prostatic hyperplasia) / LUTS	lytes, creatinine, U/A, PSA if 50-70 yrs with 10 year life expectancy		Patient to bring voiding diary and list of failed bph medicines to appt	< 6 MONTHS	< 3 MONTHS	YES
CYSTOCELE / PELVIC ORGAN PROLAPSE	lytes, creatinine, U/A, urine culture			< 3 MONTHS	< 3 MONTHS	YES
ELEVATED PSA / ABNORMAL DRE <i>New diagnosis</i>	U/A, urine culture, PSA x 2			< 3 MONTHS	< 30 DAYS	YES
ERECTILE / MALE SEXUAL DYSFUNCTION	CBC, lytes, creatinine, TSH, testosterone, fasting glucose, lipids, cholesterol, triglycerides		List of medications trialed (i.e., Viagra, Levitra, Cialis)	< 6 MONTHS	< 6 MONTHS	YES
FEMALE VOIDING DYSFUNCTION / INCONTINENCE	U/A, urine culture		Patient to bring voiding diary to appt	< 6 MONTHS	< 6 MONTHS	YES
HEMATURIA <i>Gross</i>	CBC, lytes, creatinine, PT INR, PTT, urine culture, urine cytology x1	renal ultrasound or CT urogram		< 30 DAYS	< 2 WEEKS	YES
HEMATURIA <i>Microscopic (greater than 5 rbc/hpf)</i>	creatinine, U/A x 2, urine cytology x 1 urine culture	renal ultrasound or CT urogram		< 6 MONTHS	< 3 MONTHS	YES <i>If >40 yrs, smoker, history of radiation, gross hematuria, analine dye exposure</i>
HYDRONEPHROSIS	lytes, creatinine, U/A,	renal bladder ultrasound		< 3 MONTHS	< 30 DAYS	YES
KIDNEY STONE <i>Acute / ureteric</i>	lytes, creatinine, U/A	KUB and renal colic CT or KUB and abdominal ultrasound		< 30 DAYS	< 2 WEEKS	YES

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SEND TO EMERGENCY: ACUTE SCROTAL PAIN/TESTICULAR TORSION, ACUTE RENAL COLIC, GU TRAUMA, GU TRACT FOREIGN BODY

REASON FOR REFERRAL	ESSENTIAL LABS	ESSENTIAL IMAGING (ATTACHED OR ORDERED)	MANDATORY INFORMATION	TIMING OF ESSENTIAL INVESTIGATIONS	ACCESS TARGET	APPROPRIATE FOR UROLOGY
KIDNEY STONE <i>Chronic (non-obstructing)</i>	lytes, creatinine, Ca, PO4, PTH, U/A	KUB and renal colic CT or KUB and abdominal ultrasound		< 3 MONTHS	< 3 MONTHS	YES
MALE INFERTILITY	FSH, testosterone, LH, prolactin		semen analysis x 2	< 6 MONTHS	< 3 MONTHS	YES
PENILE MASS					< 2 WEEKS	YES
PEYRONIES DISEASE	CBC, lytes, creatinine, TSH, testosterone, fasting glucose, lipids, cholesterol, triglycerides		Bring picture of erection to appointment	< 30 DAYS	< 6 MONTHS	YES
PHIMOSIS					< 3 MONTHS	YES
PROSTATE CANCER (known) / ELEVATED PSA (previous diagnosis)	creatinine, PSA			< 3 MONTHS	< 3 MONTHS	YES
RENAL CYST	lytes, creatinine, U/A	abdominal ultrasound and CT abdomen or MRI abdomen		< 3 MONTHS	< 30 DAYS	YES <i>Only if a complex cyst, Bosniak II or greater</i>
RENAL MASS <i>> 4cm</i>	lytes, creatinine, CBC, alk phos, ALT, total bilirubin, Ca, PO4, LDH, PT INR, U/A	CXR and abdominal ultrasound or CT abdomen		< 3 MONTHS	< 2 WEEKS	YES
RENAL MASS <i>Solid < 4cm</i>	lytes, creatinine, CBC, alk phos, ALT, total bilirubin, Ca, PO4, LDH, PT INR, U/A	CXR and CT abdomen		< 3 MONTHS	< 1 MONTH	YES
SPERMATOCELE, VARICOCELE, HYDROCELE		scrotal ultrasound		< 6 MONTHS	< 6 MONTHS	YES
TESTICULAR MASS <i>Solid</i>	lytes, creatinine, CBC, U/A, LDH, AFP, BHCG	scrotal ultrasound		< 2 WEEKS	< 1 WEEK	YES
TESTICULAR PAIN <i>Chronic (Non-STD)</i>	U/A, urine culture	scrotal ultrasound		< 6 MONTHS	< 6 MONTHS	YES
URINARY TRACT INFECTION <i>Female</i>	lytes, creatinine, U/A, urine culture	renal ultrasound	Copy of med list used for treating	< 3 MONTHS	< 3 MONTHS	NO <i>Unless complicated UTI (fever, hematuria), diabetic or immune compromised</i>
URINARY TRACT INFECTION <i>Male (Non-STD)</i>	lytes, creatinine, U/A, urine culture	renal ultrasound	Copy of med list used for treating	< 3 MONTHS	< 3 MONTHS	YES
VASECTOMY					< 6 MONTHS	YES
VASECTOMY REVERSAL					< 6 MONTHS	YES

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