



**Symptom free pee:
Let it be**

Asymptomatic Bacteriuria in Adults: Optimizing Urine Testing and Management



Stop

If there are no symptoms of a UTI

- **Do not test urine for infection** (even if cloudy or foul smelling)
- **Do not treat** a positive urine culture (unless patient is pregnant or undergoing an invasive urologic procedure)



Wait

In older adults with non-specific symptoms, such as weakness, falls, confusion, etc.

- **Before ordering urine tests**, hydrate if appropriate
- **Individualize care and investigate** for other causes, such as a delirium or sepsis



Go

If there are UTI symptoms or sepsis syndrome

- **Send urine for culture when** there is pain on voiding **OR** if there is a fever and at least two of the following: flank/suprapubic pain, new or increased urinary frequency, urgency or incontinence, rigors or blood in the urine
- **For therapy recommendations**, refer to Bugs & Drugs

➤ **Resources & references:** www.albertahealthservices.ca/info/Page15718.aspx
email: urinedxstewardship@ahs.ca

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Antimicrobial
Stewardship Program



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