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Literature Review: EGFR Inhibitor Therapy and Acneiform Rash

Tumour Team: Supportive Care



Research Questions:

- What is the evidence for the relationship between rash and response to treatment in adult cancer patients treated with EGFR inhibitor therapy? <u>Table 1</u>
- What is the evidence for the prevention of rash associated with EGFR inhibitor therapy in adult cancer patients? Table 2
- What is the evidence for the management of rash associated with EGFR inhibitor therapy in adult cancer patients? <u>Table 3</u>
- What clinical practice guideline recommendations exist to guide the prevention and management of rash associated with EGFR inhibitor therapy? Table 4

Table 1: What is the evidence for the *relationship between rash and response to treatment* in adult cancer patients treated with EGFR inhibitor therapy?

Author,	Study	Disease	EGFR	Ν	Methods	Outcomes
date	Design	Site	Inhibitor(s)			
Liu, 2013	Systematic review and meta-analysis <i>(Level I)</i>	NSCLS	Gefitinib, erlotinib	6798	Articles investigating association b/n rash and efficacy of EGFR- TKIs and prognosis of pts w NSCLC	 Identified 33 eligible trials (N=6,798) Used 2 different standards to group pts [standard 1: rash vs no rash, standard 2: rash (≥ stage 2) vs rash (stage 0, 1)] For standard 1, ORR and disease control rate of rash group significantly higher than no rash group [RR=3.28; 95% CI: 2.41-4.47(corrected RR=2.225, 95% CI: 1.658-2.986); RR=1.96, 95% CI: 1.58-2.43] Same results observed for standard 2 For standards 1 and 2, PFS (HR=0.45, 95% CI: 0.37-0.53; HR = 0.57, 95% CI: 0.50-0.65) and OS (HR=0.40, 95% CI: 0.28-0.52; HR=0.53, 95% CI: 0.35-0.71) of rash group significantly longer than control group, and same results observed in subgroup analysis
Petrelli, 2013	Systematic review and metal-analysis <i>(Level I)</i>	Advanced Colorectal	Cetuximab panitumumab	3833	Articles reporting correlation of skin rash w survival and/or response rate	 14 publications (N=3,833) included in meta-analysis Occurrence of skin toxicity represents predictive factor for survival (HR 0.51; p<0.00001) and progression (HR 0.58; p<0.00001) Similarly, pts who developed moderate or severe rash had increased chance of response (35 vs 13%; RR 2.23, p<0.00001)
Petrelli, 2012	Literature- based meta- analysis <i>(Level</i> <i>I</i>)	NSCLC	Erlotinib gefitinib	3312	Articles reporting correlation of skin rash w survival, progression and response rate	 Meta-analysis included 24 publications (17 prospective trials and 7 retrospective case series) Skin rash found to be independent predictive factor for survival (HR: 0.30; p<0.00001) and progression (HR: 0.50; p<0.00001) Pts who developed Gd2-4 rash more likely to respond to Tx vs pts w no rash (42% vs 7%) Result for survival meta-analysis appears to be similar for gefitinib and erlotinib

Author, date	Study Design	Disease Site	EGFR Inhibitor(s)	N	Methods	Outcomes
Rubovszky, 2018	Phase 2a, open-label, investigator- initiated, single- center <i>(Level</i> <i>II)</i>	Advanced biliary tract	Cetuximab	57	Explore possible predictive factors: 3-wk. cycles w cetuximab (250 mg/m ² /wk., loading dose: 400 mg/m ²), gemcitabine (1000 mg/m ² on day 1 and 8), and capecitabine (1300 mg/m ² /day on days 1– 14)	 ORR = 21% Median PFS and OS = 34 (95% CI: 24–40) and 54 (43–67) wks., respectively Most frequent AEs were skin toxicities In univariate analysis performance status, previous stent implantation, thrombocyte count at start of therapy, early neutropenia and skin rash statistically significantly influenced ORR, PFS and/or OS In multivariate Cox regression analysis, only normal thrombocyte count at Tx start and early acneiform rash independent markers of longer survival In pts showing early skin rash compared to others median PFS was 39 vs. 13 wks. and median OS was 67 vs. 26 weeks, respectively
<u>Aranda,</u> 2012	Nonrandomized phase II open- label <i>(Level II)</i>	Advanced/ metastatic pancreatic cancer	Erlotinib	153	Pts given gemcitabine (1000 mg/m²/wk., 3 wks. q 4 wks.) + erlotinib (100 mg/day orally continuously) until disease progression/ unacceptable toxicity	 Pts = Gd≥2 rash, 25%; Gd<2 rash, 75% OS longer in pts w Gd≥2 rash vs Gd<2 (11 vs 5 months; P<0.001) PFS longer in pts w Gd≥2 rash vs Gd<2 (6 vs 3 months; P<0.001) and shorter in those w/o rash vs grade 1 (2 vs 4 months; P=0.005) or grade≥2 (2 vs 6 months; P<0.001) Pts w Gd≥2 rash showed higher rates of overall response (21% vs 7%; P<0.05) and disease control (84% vs 43%; P<0.05) vs Gd<2
Fleming, 2012	Randomized phase II <i>(Level</i> <i>II)</i>	Metastatic castration- resistant prostate	Cetuximab	115	Pts w progression after receiving docetaxel, randomized 2:1 to CMP or MP. Mitoxantrone 12 mg/m ² IV on day 1, PO prednisone 10 mg qd in both arms, and cetuximab 250 mg/m ² IV (400 mg/m ² day 1, cycle 1) on days 1, 8, and 15 in CMP arm. Cycles repeated q 21 days. Radiologic Ax of disease and PSA occurred q 4 cycles	 N=75 in CMP and N=40 in MP arm: median TTP was 4.9 and 6.6 months, respectively; measurable disease response rate was 2% and 4%, PSA response rate 7.7% and 17.6%, and median survival 11.9 and 15.7 mos, respectively Key Gd3-4 toxicities were neutropenia 44% and 25.6%, anemia 6.7% and 7.7%, thrombocytopenia 6.7% and 2.6%, and fatigue 8% in both arms In unplanned exploratory analysis, median TTP w (n=24) and w/o rash (n=51) in CMP arm was 10.3 mos vs. 2.8 mos (P=0.004) On multivariable analysis, rash significantly associated w TTP (HR=0.43; P=0.01)
Van Cutsem, 2012	Open-label, phase I/II RCT (EVEREST) <i>(Level II)</i>	Metastatic colorectal	Cetuximab	157	After 21 days of standard-dose cetuximab (400 mg/m ² initial dose, then 250 mg/m ² / week) + irinotecan, patients with ≤ grade 1 skin	 Pharmacokinetic profiles reflected dose increase and predictable across dose range investigated Weekly cetuximab doses of up to 500 mg/m² well tolerated, and grade 3 and 4 adverse events generally comparable b/n Tx groups Dose escalation (n=44) associated w increase in skin reactions grade 2 compared w standard (n=45) dosing (59% vs 38%, respectively)

Author, date	Study Design	Disease Site	EGFR Inhibitor(s)	Ν	Methods	Outcomes
					reactions randomly assigned to standard- dose (group A) or dose-escalated (to 500 mg/m ² /week; group B) cetuximab. Pts w grade 2 skin reactions continued on standard- dose cetuximab + irinotecan (group C)	 Dose escalation, compared w standard dosing, showed some evidence for improved response rate (30% vs 16%, respectively) and disease control rate (70% vs 58%, respectively) but no indication of benefit in relation to OS In exploratory analysis, dose escalation seemed to increase response rate compared w standard dosing in pts w KRAS wild-type but not KRAS mutant tumors
Holch, 2020	Unplanned analysis of phase III FIRE- 3 (AIO KRK0306) <i>(Level III)</i>	Metastatic colorectal w <i>RAS</i> - WT tumors (i.e. wild- type in <i>KRAS</i> and <i>NRAS</i> exons 2– 4)	Cetuximab	199	First-line FOLFIRI + cetuximab (FOLFIRI/Cet) vs FOLFIRI plus bevacizumab (FOLFIRI/Bev) Retrospective data on cetuximab-induced skin toxicity occurring during cycles 1–3 of Tx correlated w efficacy endpoints, including early tumour shrinkage To control for guarantee-time bias, only pts who completed ≥3 Tx cycles considered	 Of 199 pts treated wFOLFIRI/Cet, 181 (91.0%) completed ≥3 Tx cycles Significant survival benefit of FOLFIRI/Cet over FOLFIRI/Bev only evident in pts developing cetuximab-induced skin toxicity grade 2–3 [41.0 vs 26.6 mos; HR=0.73; 95% CI: 0.61–0.87; P<0.001] compared w cetuximab-induced skin toxicity grade 2–3 (n=75; 41.4%), compared w cetuximab-induced skin toxicity grade 2–3 (n=75; 41.4%), compared w cetuximab-induced skin toxicity grade 0–1 (<i>n</i>=106; 58.6%), associated w prolonged OS; HR=0.62; 95% CI: 0.42– 0.91; <i>P</i>=0.01) In multivariate analysis, both cetuximab-induced skin toxicity (HR=0.66; 95% CI: 0.50–0.87; P=0.003) and early tumour shrinkage (HR = 0.55; 95% CI: 0.41–0.74; P<0.0001) independently prognostic for OS Absence of both cetuximab-induced skin toxicity grade ≥2 and early tumour shrinkage identified subgroup of pts w very poor prognosis (median OS 15.1 mos)
Sonnenblick, 2016	Unplanned analysis of phase III randomized trial (Level III)	Breast	Lapatinib	1389	Pts w HER2+ early breast cancer randomized to adjuvant trastuzumab, lapatinib, their sequence, or their combination for 1 yr. Evaluated whether development of early lapatinib-related rash (i.e. w/n 6 wks.) associated w DFS and OS	 3973/6098 lapatinib-treated pts (65.2%) included in analysis, of whom 1389 (35.0%) developed early rash After median follow-up of 4.5 yrs., development of early rash associated w trend of improved DFS (multivariable: HR=0.87, 95% CI=0.73 to 1.03, P=0.10) and statistically significantly improved OS (multivariable: HR=0.63, 95% CI=0.48 to 0.82, P <0.001) compared w subjects w/o early rash Compared w pts randomly assigned to trastuzumab (n=2051), pts randomly assigned to trastuzumab/lapatinib combination and developed early rash (n=692) had superior DFS (multivariable: HR=0.72, 95% CI=0.55 to 0.92, P=0.01) and OS (multivariable: HR=0.59, 95% CI=0.39 to 0.90, P=0.01) Time-dependent analysis suggests occurrence of rash predictive of lapatinib benefit, both when given in combination or sequential to trastuzumab

Author, date	Study Design	Disease Site	EGFR Inhibitor(s)	N	Methods	Outcomes
Sommeijer, 2014	Unplanned analysis of phase III randomized trial <i>(Level III)</i>	Advanced colorectal	Cetuximab	198	Analysis of NCIC CTG/AGITG CO.17 performed by excluding pts who died/dropped out w/n 28 days and then grouping by worst grade of rash experienced by day 28. Multivariate Cox models conducted separately for pts w KRAS wild-type (n=117) and KRAS mutated tumours (n=81)	 Development of Gd≥2 rash on cetuximab associated w trend towards increased OS (HR 0.61 w 95% CI 0.36–1.02 and p=0.06) and PFS (HR 0.68 w 95% CI 0.45–1.03 and p=0.07) as compared to Gd0/1 rash in pts w wild-type tumours In pts w wild-type tumours on cetuximab both Gd0/1 and Gd≥2 rash associated w increased PFS (HR 0.57 95% CI 0.38–0.86; p=0.008; and HR 0.32 95% CI 0.21–0.49; p<0.0001) respectively, in comparison w best supportive care Only development of grade ≥2 rash on cetuximab associated w increased OS (HR 0.52 w 95% CI 0.34–0.80 and p=0.003) in comparison w best supportive care No significant difference found in OS or PFS among pts on cetuximab w mutated tumours w either rash grade as compared to best supportive care No consistent trend observed for association of severity of rash and QoL
<u>Azim</u> , 2013	Unplanned analysis of phase III randomized trial (Level III)	Breast	Lapatinib	306	From NeoALLTO investigated frequency and time to develop each AE according to age (≤ 50 vs > 50) and association w pCR in logistic regression model adjusted for age, hormone receptors, tumour size, nodal status, planned breast surgery, completion of lapatinib admin, and Tx arm	 Only pts randomly assigned to arms A and C eligible (n=306) Younger pts (≤ 50 years) experienced significantly more rash compared w older pts (74.4% vs 47.9%; P<0.0001) Diarrhea and hepatic AEs observed in 78.8% and 41.2% of pts, respectively, w no differences in rate or severity or time of onset according to age Early rash (i.e. before starting paclitaxel) independently associated w higher chance of pathologic complete response, mainly in pts > 50 yrs. (OR=3.76; 95% CI, 1.69 to 8.34) but not in those ≤ 50 yrs. (OR=0.92; 95% CI, 0.45 to 1.88; P for interaction=0.01) No significant association observed b/n pathologic complete response and diarrhea or hepatic AEs
Fiala, 2013	Prospective (Level III)	Advanced stage NSCLC (IIIB, IV) harboring wild-type EGFR and wild-type KRAS genes	Erlotinib	184	Observation of pts w rash (n=90) vs. no rash (n=92) at one month after beginning of Tx	 Median of PFS in pts who observed w rash during Tx was 3.0 vs 1.2 months in pts w no rash (p<0.001) Median of OS in pts observed w rash during Tx was 13.9 vs 5.8 months in pts w no rash (p<0.001) ORR in pts observed w rash during Tx was 17.4% vs 3.3% in pts w no rash (p=0.001) Median of PFS after 1 month of Tx in pts who were observed w rash during 1st month was 2.9 vs 1.1 months in pts w no rash (p=0.027) Median of OS after 1 month of Tx in pts observed w rash during 1st month was 13.8 vs 9.9 months in pts w no rash (p=0.082)
Parma, 2013	Phase II sub analysis (Level III)	Breast	Labatinib	47	Tx-naïve pts w HER 2+ locally advanced breast cancer, treated w neoadjuvant	 33 (67%) developed rash of any type, and 26 (55%) had acneiform rash Of 26 evaluable pts w acneiform rash (55%), 19 (73%) responded to lapatinib and 7 (27%) did not Of 21 evaluable pts w/o acneiform rash, 11 (67%) responded to Tx and 7 (33%) did not

Author, date	Study Design	Disease Site	EGFR Inhibitor(s)	N	Methods	Outcomes
					lapatinib monotherapy for 6 wks.	 Thus, no association found b/n occurrence of acneiform rash and response to lapatinib monotherapy
Stintzing, 2013	Unplanned analysis of phase II (GERMAN AIO CRC) <i>(Level III)</i>	Metastatic colorectal	Cetuximab	149	analyzed the value of Cet-ST for treatment efficacy in a randomized trial comparing cetuximab plus capecitabine/irinotecan to cetuximab plus capecitabine/oxaliplatin as first-line treatment of metastatic colorectal cancer analyzed the value of Cet-ST for treatment efficacy in a randomized trial comparing cetuximab plus capecitabine/irinotecan to cetuximab plus capecitabine/oxaliplatin as first-line treatment of metastatic colorectal cancer analyzed the value of Cet-ST for treatment efficacy in a randomized trial comparing cetuximab plus capecitabine/oxaliplatin as first-line treatment of metastatic colorectal cancer analyzed the value of Cet-ST for treatment efficacy in a randomized trial comparing cetuximab plus capecitabine/irinotecan to cetuximab plus capecitabine/oxaliplatin as first-line treatment of metastatic colorectal cancer analyzed the value of Cet-ST for treatment efficacy in a randomized trial comparing cetuximab plus capecitabine/irinotecan	 Outcome favoured pts w Gd2-3 cetuximab-induced skin toxicity w regard to ORR (62 vs 41%), PFS (7.8 vs 5.2 months) and OS (30.3 vs 18.0 months) First-cycle rash observed in 66% of pts and corresponded w longer survival (30.7 vs 20.2 months, p=0.007) Pts w/o cetuximab-induced skin toxicity had poor outcome (PFS, 1.9 months; OS, 11 months) Correlation of cetuximab-induced skin toxicity w survival specifically evident in pts w KRAS codon-12-mutated tumours assumed to be cetuximab resistant In multivariate analysis of pt characteristics, male gender and younger age significantly correlated w cetuximab-induced skin toxicity Among molecular parameters, no significant correlation w cetuximab-induced skin toxicity found

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					to cetuximab plus capecitabine/oxaliplatin as first line treatment of metastatic colorectal cancer Analyzed value of cetuximab-induced skin toxicity for Tx efficacy in randomized trial comparing: 1) cetuximab + capecitabine/ irinotecan, n=78 2) cetuximab + capecitabine/ oxaliplatin as first-line Tx, n=71	
<u>Gatzemeier,</u> 2011	Subgroup analysis of phase III <i>(Level</i> <i>III)</i>	NSCLC	Cetuximab	1058	Subgroup analysis of pts in FLEX study. Landmark analysis assessed if development of acne- like rash in first 21 days of Tx (first-cycle rash) associated w clinical outcome, on basis of pts in intention-to-treat population alive on day 21	 518 pts in chemo + cetuximab group (290 of whom had first-cycle rash) and 540 pts in chemo alone group alive on day 21 Pts in chemo + cetuximab group w first-cycle rash had significantly prolonged OS compared w pts in same Tx group w/o first-cycle rash (median 15.0 mos [95% CI 12.8-16.4] vs 8.8 mos [7.6-11.1]; HR 0.631 [0.515-0.774]; p<0.0001) Corresponding significant associations also noted for PFS (median 5.4 mos [5.2-5.7] vs 4.3 mos [4.1-5.3]; HR 0.741 [0.607-0.905]; p=0.0031) and response (rate 44.8% [39.0-50.8] vs 32.0% [26.0-38.5]; odds ratio 1.703 [1.186-2.448]; p=0.0039) OS for pts w/o first-cycle rash similar to that of pts that received chemo alone (median 8.8 mos [7.6-11.1] vs 10.3 mos [9.6-11.3]; HR 1.085 [0.910-1.293]; p=0.36) Significant OS benefit for pts w first-cycle rash vs w/o seen in all histology subgroups: adenocarcinoma (median 16.9 mos, [14.1-20.6] vs 9.3 mos [7.7-13.2]; HR 0.614 [0.453-0.832]; p=0.0015), squamous-cell carcinoma (median 13.2 months [10.6-16.0] vs 8.1 months [6.7-12.6]; HR 0.659 [0.472-0.921]; p=0.014), and carcinomas of other histology (median 12.6 mos [9.2-16.4] vs 6.9 mos [5.2-11.0]; HR 0.616 [0.392-0.966]; p=0.033)
Wacker, 2007	Unplanned analysis of two phase III (NCIC CTG Study BR.21 and PA.3) (Level III)	NSCLC (n=673) Pancreas (n=499)	Erlotinib	1172	OS, PFS, and tumor response compared b/n pts in rash- evaluable subset who did or did not develop rash	 Presence of rash strongly correlated w OS in both studies In BR.21, these correlations increased w rash severity grade: grade 1 vs. no rash (HR, 0.41, P<0.001] and grade≥2 vs no rash (HR, 0.29, P<0.001) Similar results observed for PFS Disease control (complete response + partial response + stable disease) seemed to increase w presence and severity of rash In Study PA.3, grade ≥2 rash (but not grade 1) strongly correlated w OS improvement: grade ≥2 vs no rash (HR, 0.47, P<0.001)

Author, date	Study Design	Disease Site	EGFR Inhibitor(s)	Ν	Methods	Outcomes
						• Similarly, grade ≥2 rash strongly correlated w improvements in PFS and disease control
<u>Bar-Ad</u> , 2016	Retrospective (Level IV)	Head neck	Cetuximab	602	Loading dose and ≥1 cetuximab dose concurrent w definitive chemoRT (70 Gy + cisplatin) (n=940) or postop chemoRT (60- 66 Gy + docetaxel or cisplatin) (n=238)	 383/602 pts (63.6%) developed Gd2-4 cetuximab rash Pts manifesting Gd2-4 rash had younger age (P<0.001), fewer pack-yrs. smoking history (P<0.001), more likely to be males (P=0.04), and had p16-negative (P=0.04) oropharyngeal tumors (P=0.003) In univariate analysis, Gd2-4 rash associated w better OS (HR 0.58, P<0.001) and PFS (HR 0.75, P=0.02), and reduced distant metastasis rate (HR 0.61, P=0.03), but not local-regional failure (HR 0.79, P=0.16) relative to Gd0-1 rash In multivariable analysis, HRs for OS, PFS, distant metastasis, and local-regional failure, respectively, 0.68 (P=0.008), 0.85 (P=0.21), 0.64 (P=0.06), and 0.89 (P=0.48) Gd≥2 rash associated w improved survival in p16-negative pts (HR 0.28 [95% CI 0.11-0.74]) but not in p16-positive pts (HR 1.10 [0.42-2.89]) (P=0.05 for interaction) 25% of pts w Gd2-4 acute in-field radiation dermatitis experienced Gd2-4 late skin fibrosis, vs 14% of pts w Gd0-1 acute in-field radiation dermatitis (P=0.002)
Dascalu, 2015	Retrospective (Level IV)	KRAS wild-type metastatic colorectal	Cetuximab Panitumumab	119	Describe patterns of use of oral antibiotics and steroid creams. Using Cox regression, relationship b/n prophylactic vs reactive rash mgmt. and OS characterized	 Rash occurred in >90% of pts, and reactive favored over prophylactic Tx (66 vs 34%) Older pts and those w ECOG performance status 0/1 more likely to receive prophylactic creams (44 vs 20% for age <60, p=0.01) and oral antibiotics (62 vs 12% for ECOG ≥2, p=0.01), respectively Median OS = 7.0 mos Number of Tx cycles and OS similar in both prophylactic and reactive groups (both p>0.05) In Cox regression, ECOG >2 correlated w worse survival (HR 22.01, 95% CI 5.25-92.30, p<0.01). However, survival outcomes similar b/n pts prescribed antibiotics prophylactically vs reactively (HR=1.10, 95 % CI 0.43-2.80, p=0.85), and steroid creams prophylactically vs reactively (HR=2.00, 95% CI 0.58-6.92, p=0.27)
<u>Jaka</u> , 2015	Retrospective (Level IV)	Metastatic colorectal	Cetuximab Panitumumab	116	Retrospective study at single institute	 81.9% of pts developed papulopustular rash Pts who received most cycles of Tx w EGFR inhibitor were at highest risk of developing rash, and these pts also had most severe rash reactions (P=0.03) All pts who exhibited complete tumor response had rash, and incidence of rash lower in pts w poor tumor response (P=0.03)
<u>Stepanski,</u> 2013	Retrospective (Level IV)	Pancreatic	Erlotinib	174	Rash severity classified as High (moderate/severe), Low (absent/mild) based on medical record review. Kaplan-	 High Severity group (n=34) had longer median OS from landmark than Low Severity group (n=134; 7.58 mos vs 5.03 mos, P=0.0339) Cox regression analysis (n=174) confirmed reduced risk of death w High Rash Severity (HR=0.67, P=0.0389) PFS results showed similar pattern (median PFS 2.37 mos from landmark vs 2.04 mos for High vs Low Severity groups, P=0.0485)

Author, date	Study Design	Disease Site	EGFR Inhibitor(s)	N	Methods	Outcomes
					Meier analysis assessed PFS and OS by rash status from landmark of 42 days after Tx initiation	

AE=adverse event; DFS=disease free survival; DSS=disease specific survival; Eastern Cooperative Oncology Group=ECOG; HR=hazard ratio; LRF=loco-regional failure; OR=odds ratio; ORR=overall response rate; OS=overall survival; PFS=progression-free survival; PFS=prostate-specific antigen; RR=risk ratio; TTP= time to progression

Table 2: What is the evidence for the *prevention* of rash associated with EGFR inhibitor therapy in adult cancer patients?

Author,	Study	Disease	EGFR	Ν	Treatments or	Outcomes
Petrelli, 2016	Systematic review and meta-analysis <i>(Level I)</i>	NSCLC, GI	Various agents	1073	Tetracycline, n=3 studies Doxycycline, n=4 studies Minocycline, n=6 studies	 13 studies included in analysis (randomized and retrospective) In 12 studies, pts in prophylactic antibiotic arms had lower risk of developing skin rash (OR 0.53, 95% CI 0.39–0.72, P<0.01) than pts w/o antibiotic prophylaxis In particular, moderate-to-severe toxicities (Gd2–4) reduced by nearly 2/3rds (OR 0.36, 95% CI 0.22–0.60, P<0.01) in 13 studies. Translated to 26% absolute difference of high-grade skin rash compared w control arms (from 50% to 24%) Results of meta-analysis show that risk of skin rash after Tx w anti-EGFR agents for solid tumours significantly lower in pts taking prophylaxis w antibiotics than in those who were not. Therefore, taking preemptive tetracyclines for several wks. at start of anti-EGFR Tx can significantly reduce incidence and severity of cutaneous acneiform rash
Bachet, 2012	Systematic review and meta-analysis <i>(Level I)</i>	Colorectal, lung, others	Various agents	351	Doxycycline, n=2 studies Minocycline, n=2 studies	 Combined odd ratio associated with incidence of folliculitis in each study was 0.19 (95% Cl, 0.12-0.31; fixed effect model p<0.0001), indicating that the administration of a tetracycline in preventive therapy was associated with a significantly lower incidence of grade 2–3 folliculitis Prophylactic tetracycline treatment also associated with an improvement in quality of life of patients in 3 of 4 studies in which this parameter analyzed
Melosky, 2016	Randomized, phase III <i>(Level</i> <i>I</i>)	Advanced NSCLC	Erlotinib	149	Minocycline (100 mg BID for 4 wks.) (n=49) Reactive Tx (after rash developed, per grade of rash) (n=50) No treatment unless severe (Gd3) (n=50)	 Overall incidence of rash (all grades) similar in all Tx groups, at 82% to 84%. No statistically significant difference observed in overall incidence of rash b/n Tx arm 1 and arms 2 and 3 combined (P 5.8769) Incidence of Gd3 rash was significantly different between arms 1 (prophylactic) and 3 (control; 12% and 28%, respectively; P=0.0455) and b/n arms 2 (reactive) and 3 (control; 8% and 28%, respectively; P=0.0092) Mean time to max. rash experienced (all grades) significantly longer in arm 1 at 17.4 days vs arms 2 (13.3 days) and 3 (12.0 days; P=0.0147). This was an exploratory analysis and was not specified in statistical analysis plan For pts w max. severity of rash of Gd1, 2a, or 2b, median duration from onset of rash until resolution was 133.0 days in arm 1, 92.0 days in arm 2, and 98.0 days in arm 3

Author, date	Study Design	Disease Site	EGFR Inhibitor(s)	N	Treatments or Comparisons	Outcomes
						 For pts w max. severity of Gd3 rash, median duration from onset of rash until resolution was 201.0 days in arm 1, 76.0 days in arm 2, and 54.0 days in arm 3 No pts in any arm that experienced rash had complete resolution to Gd0
<u>Arrieta</u> , 2015	Open-label, RCT <i>(Level I)</i>	NSCLC	Afatinib	90	Tetracycline 250 mg q12 h for 4 wks (n=45) or nothing (n=45) Reactive Tx included general dermatological recommendations (e.g. skin moisturizers, sunscreen, topical steroids, according to toxicity severity)	 No differences found in clinical and dermatological baseline characteristics Rash incidence of any grade, and Gd ≥2 less frequent in pre-emptive arm vs control arm (44.5 vs 75.6%, RR 0.4 [95% Cl 0.17–0.99], p=0.046 and 15.6 vs 35.6%, RR 0.35 [95% Cl, 0.12–0.91], p=0.030, respectively) No difference found in paronychia, xerosis, mucositis, folliculitis, and skin fissure No AE associated w tetracycline Neither rash nor pre-emptive tetracycline impacted on response rate, PFS or OS
<u>Jatoi,</u> 2011	Randomized, double-blinded <i>(Level I)</i>	Various cancer types	Various agents	65	Tetracycline 500 mg PO TID (n=33) for 28 days or placebo (n=32)	 Groups balanced on baseline characteristics During 1st 4 wks., healthcare provider-reported data found that 27 tetracycline-treated pts (82%) and 24 placebo-exposed pts (75%) developed rash Rash was Gd2+ in 17 (52%) and 14 (44%), respectively (p=0.62) Comparable Gd2+ rash rates observed during wks. 5 through 8 as well as w pt-reported rash data throughout study period QoL comparable across study arms, and tetracycline well tolerated
<u>Jatoi</u> , 2010	Double-blind RCT <i>(Level I)</i>	Lung, GI, other	Erlotinib Cetuximab	110	Prophylactic sunscreen (SPF 60: 7.5% titanium dioxide + 7.5% zinc oxide) BID x 28 days, n=54 placebo cream BID x 28 days, n=56	 Physician-reported rash during 4 wks of Tx = 78% sunscreen group vs 80% placebo group (p=1.00) No significant differences in rash rates over 4 additional wks. post-Tx
<u>Jatoi</u> , 2008	Phase III, double-blind RCT (Level I)	Lung, GI, Other	Cetuximab Gefitinib Other	59	Tetracycline 500 mg BID PO x 28 days, n=30 Placebo, n=29	 N=16 tetracycline group vs N=22 placebo group developed rash (p=0.61) Gd2 rash=17% tetracycline group vs.= 55% placebo group (p=0.009) at wk. 4 Tetracycline group reported less itching, burning, stinging, and irritation compared w placebo group
<u>Scope</u> , 2007	Randmized, double-blind <i>(Level I)</i>	GI	Cetuximab	48	Minocycline 100 mg daily + open- label 0.05% tazarotene cream	 At wk. 4, 20% of minocycline pts reported moderate to severe itch vs. 50% of placebo pts (p=0.05)

Author, date	Study Design	Disease Site	EGFR Inhibitor(s)	N	Treatments or Comparisons	Outcomes
					BID to one side of face x 8 wks., n=24 Oral placebo daily + open-label 0.05% tazarotene cream BID to one side of face x 8 wks., n=24	 Significant overall difference in number of lesions b/n groups, in favour of minocycline group, at wks. 1, 2, and 4 (p=0.05, p=0.0025, p=0.008, respectively) No differences in total facial lesion counts and subjectively assessed itch by wk. 8 Cetuximab temporarily stopped due to Gd3 skin rash in N=4 in placebo group vs. none in minocycline group Tazarotene had no clinical benefit and associated w significant irritation
<u>Shacham</u> <u>Shmueli</u> , 2019	Exploratory phase 2, randomized, double-blind clinical study <i>(Level II)</i>	Metastatic colorectal	Cetuximab Panitumumab	20	BID topical FDX104 4% on one side of face and vehicle foam on other for 5 wks.) initiated 7 ± 3 days prior to EGFRI therapy	 Mean maximal rash grade lower w FDX104 4% vs vehicle, and fewer subjects developed moderate-to-severe (Gd2-3) rash On Global Severity Score scale, statistically significant difference favored FDX104 4% over vehicle (P=0.047) AEs (n=68) occurred in 20 subjects; most mild or moderate Most common AEs were oral mucositis, nausea, and vomiting, common to chemo and EGFRI Tx Study-drug-related AEs experienced by 5 subjects and consisted of mild, local skin reactions No study-drug-related systemic side effects reported
Hofheinz, 2018	Double-blind, vehicle- controlled randomized phase II <i>(Level</i> <i>II)</i>	Metastatic colorectal	Cetuximab	126	Doxyclyin + vehicle n=66 Doxycylin + vitamin K1 cream, n=60	 Incidence of skin rash Gd≥2 comparable b/n arms: 42 (63.6%) in vehicle group and 44 (73.3%) in vitamin K group (P=0.28) Likewise, no difference seen in tripartite skin toxicity score (WoMo) w respect to percentage of skin affected. Mean values for WoMo score during skin Tx period were 18.0 (SD 13.05) for the vehicle and 18.0 (SD 13.37) for vitamin K However, starting in wk 5 and increasing over time pts treated w vitamin K1 cream had less severe rash and fewer fissures QoL as well as efficacy and compliance w study medication and anticancer Tx comparable in both arms
Belum, 2017	Prospective, randomized, double-blinded <i>(Level II)</i>	Metastatic colorectal or HNSCC	Cetuximab	11	Pts randomized to: 1 mL of topical dapsone 5% gel (50 mg dapsone/g) to either right or left side of face and chest BID and moisturizer (Vanicream Lite Lotion) to contralateral side (control)	 Overall, 8/11 completed primary outcome evaluation time point At day 28, avg. decrease in lesion counts b/n dapsone- and moisturizer treated sides of face was 30.5%; a 36.7% reduction in lesion counts observed on day 14 9/11 (82%) participants completed both questionnaires at baseline, 6/9 (66.7%) completed at day 14, and 4 of 8 (50%) completed at day 28 Application-site AEs mild and included xerosis (n=5); burning (n=2); skin tightness, pain, or oiliness (n=1 each); and lacerations (n=1, unrelated) Other AEs included metallic taste, dry palms, and fingertip fissures (n=1 each). Overall but not statistically significant reduction in lesion counts observed on dapsone-treated sides, which is consistent w previous studies using oral antibiotics

Author, date	Study Design	Disease Site	EGFR Inhibitor(s)	N	Treatments or Comparisons	Outcomes
					All pts received oral minocycline 100 mg QD	Enrollment ended prematurely limiting power of study to observe statistically significant difference
<u>Kripp</u> , 2017	Multicenter, randomized, open-label phase II <i>(Level</i> <i>II)</i>	(K)Ras- wildtype colorectal	Panitumumab	88	Standard arm: doxycycline 100 mg BID, n=40 Erythromycin ointment 2% followed by doxycycline in case of insufficient activity, n=39	 In erythromycin arm, 69% suffered from skin toxicity Gd ≥ 2 (95% Cl: 52%-83%; primary endpoint) In standard arm w doxycycline toxicity rate w Gd ≥ 2 amounted to 63% (95% Cl: 47-78%). Thus, primary endpoint not met Skin related and overall QoL comparable b/n arms
Deplanque, 2016	Open-label, randomized, prospective, phase II <i>(Level</i> <i>II)</i>	NSCLC	Erlotinib	147	Erlotinib alone 150 mg/d PO (control arm), n=74 Erlotinib + doxycycline 100 mg/d (doxycycline arm), n=73	 Baseline characteristics of pts well balanced in intent-to-treat population Folliculitis occurred in 71% of pts in doxycycline arm and 81% in control arm (<i>P</i>=0.175) Severity of folliculitis and other skin lesions lower in doxycycline arm compared w control arm Other AEs reported at similar frequency across arms No significant difference in survival b/n Tx arms
<u>Grande</u> , 2013	Phase II <i>(Level</i> <i>II)</i>	Metastatic colorectal and lung	Erlotinib Cetuximab Panitumumab	51	Oil-free skin moisturizer w sunscreen applied to face and neck BID after cleaning, skin moisturizer w salicylic acid and sulfur applied to back and chest QD at bedtime after cleaning, hand and feet cream w hyaluronic acid and phytosterols applied BID, and lymecycline 300 mg QD	 Metastatic colorectal (60.8%) and metastatic lung cancer (39.2%) Anticancer drugs were erlotinib/cetuximab/panitumumab 20:30:1 At 3-mo evaluation, 27.4% pts had =Gd2 skin toxicity Skin toxicity not related w age (p=0.67), sex (p=0.65), previous chemo regimens (p=0.41), and current anti-EGFR Tx (p=0.22) No GI or hematological toxicities related to lymecycline observed Only 6 pts required further drugs QoL analysis did not show significant difference from beginning and end of Tx
Lacouture, 2010	Phase II, open- label RCT <i>(Level II)</i>	GI	Panitumumab	95	Daily skin moisturizer in AM + sunscreen before going outdoors + 1% topical	 Incidence of ≥Gd2 skin toxicities = 29% pre-emptive group vs 62% reactive group (OR= 0.3, 95% CI 0.1 to 0.6) Gd2 skin toxicities = 23% pre-emptive group vs 40% reactive group Gd3 skin toxicities = 6% pre-emptive group vs 21% reactive group Median time to first occurrence of skin toxicities not reached in pre-emptive group vs 2.1 wks. (95% CI 2.1 to 6.3) in reactive group

Author, date	Study Design	Disease Site	EGFR Inhibitor(s)	N	Treatments or Comparisons	Outcomes
date	Design	Site	Inhibitor(s)		hydrocortisone cream in PM + doxycycline 100 mg BID x 6 wks., n=48 Reactive Tx: any treatments investigator deemed necessary for mgmt. of emergent skin toxicity; administered at any time during	Panitumumab dose delays = 1% pre-emptive group vs 6% reactive group
					wks. 1-6; pts not prohibited from using moisturizer or sunscreen, n=47	
Schimankski, 2017	National, multicenter, phase IV <i>(Level IV)</i>	Various cancer types	Various agents	54	Reconval K1 ointment (0.1%) on face, chest, and fingers once QD + doxycycline 100 mg PO BID	 Recruitment started Q1 2011 and ended Q3 2013 due to slow accrual Distribution of all exanthema grades (Rash and Dermatitis acneiform) was: Gd0 11.1%; Gd1 46.3%; Gd2 27.8%; Gd3 14.8% An exanthema Gd2+ occurred in 42.6% Exanthema of Gd4 not observed Median time to occurrence of an exanthema Gd2+ was 4.0 wks. (95% Cl 3.4–9.3) Adherence to skin Tx protocol recommendations reduced exanthema to lower grades under continued anti-EGFR Tx up to last Tx: Gd0=48.1%; Gd1=38.9%; Gd2=13.0%; Gd3=0% Paronychia Gd2+occurred in 22.2% of cases (Gd0=51.9%, Gd1=25.9%, Gd2=20.4%, Gd3=1.9%) w median time to onset of 15.4 wks. Due to escalating protocol measures, paronychia at time of last pt exam had decreased to lower grades under continued anti-EGFR Tx: Gd0=83.4%; Gd1=14.8%; Gd2=1.9%; Gd3=0% Skin fissures Gd2+occurred in 31.5% of cases (Gd0=24.1%; Gd1=44.4%; Gd2=29.6%; Gd3=1.9%; Gd4=0%) with a median time to onset of 19.9 weeks Skin fissures at last Tx had decreased to lower grades under Tx: Gd0=69.5%; Gd1=27.8%; Gd2=3.7%; Gd3=0% 4 pts (7%) had to prematurely stop anti-EGFR Tx due to toxicity. The incidence of Tx-related serious AEs was 8.0%
Shinohara, 2015	Retrospective (Level IV)	Advanced pancreatic	Erlotinib	99	Efficacy of prophylactic vs	 Incidence rate of acneiform rash and xerosis of any grade during 1st 6 weeks of Tx significantly reduced in prophylactic minocycline group (n=44)

Author, date	Study Design	Disease Site	EGFR Inhibitor(s)	Ν	Treatments or Comparisons	Outcomes
					deferred minocycline for skin toxicities Prophylactic group = 200 mg/day oral minocycline from day 1 of chemo and continued Deferred minocycline = 200 mg/day oral initiated after emergence of Gd2 or 3 skin toxicities	 compared w deferred minocycline treatment group (n=52) (47.7 vs. 80.8%, p<0.001; 2.3 vs. 19.2%, p=0.01) Multivariate analysis identified prophylactic minocycline as significant independent factor associated w incidence of acneiform rash and xerosis of any severity (OR 0.16, 95% CI 0.06-0.46, p<0.001; OR 0.11, 95% CI 0.01-0.90, p=0.04)
<u>Yamada,</u> 2015	Retrospective (Level IV)	Metastatic colorectal	Panitumumab	38	Pts received oral minocycline (100 mg qd) + standard skin care using skin moisturizer for prevention and reactive topical steroid (pre- emptive group) or remedy (reactive group) of skin disorders	 Occurrence of acneiform rash (grade ≥2) significantly lower in pre-emptive group (n=25) than in reactive group (n=13) (44.0% vs. 84.6%, p=0.04) No significant differences in occurrence of other adverse events observed b/n groups Tumor response not significantly different b/n groups (36.0% vs 7.7%, OR, 6.75; 95% CI=0.75-60.76, p=0.12 Mean time to Tx failure was 149.7 days and 110.2 days in pre-emptive group and reactive Tx group, respectively (HR=0.58; 95% CI= 0.26-1.28, p=0.18)
					Reactive topical steroid could be administered any time when investigator deemed necessary for mgmt. of emergent skin toxicity	
Pinta, 2017	Case series (Level V)	Metastatic colorectal	Cetuximab	41	Vigorskin cream w 0.1% vitamin K1 (phytomenadione), urea, Triticum volgare germ oil, hydrolyzed wheat protein,	 Application of cream well tolerated No Gd4 rash reported Proportion of Gd3 skin rash in 1st 8 wks. of Tx in this population was 15%, at lower limit of values reported in literature, and proportion of pts w Gd2 rash reduced (22.5%)

Author, date	Study Design	Disease Site	EGFR Inhibitor(s)	N	Treatments or Comparisons	Outcomes
					ceramides-1, -3,	
					and -6 II, and	
					phytosphingosine	
					applied BID in am	
					and pm, on face	
					and trunk after	
					washing/taking	
					bath and after	
					shaving	

AE=adverse event; BID=twice a day; Gd=grade; NA=not applicable; NCI-CTCAE=National Cancer Institute's Common Terminology Criteria for Adverse Events; NR=not reported; NSCLC=non-small cell lung cancer, OR=odds ratio; OS=overall survival; PC=pancreatic cancer, QD, once a day; QoL=quality of life; TTP=time to progression

Table 3: What is the evidence for the *management* of rash associated with EGFR inhibitor therapy in adult cancer patients?

Author, date	Study Design	Disease Site	EGFR Inhibitor(s)	Ν	Treatments or Comparisons	Outcomes
<u>Kim</u> , 2020	Placebo- controlled, double-blind, multicenter, pilot phase III (Level I)	Pancreatic, NSCLC, Colorectal	Gefitinib Erlotinib, Afatinib, Cetuximab	80	Arm 1=placebo Arm 2=1 ppm of epidermal growth factor (EGF) ointment Arm 3=20 ppm of EGF ointment. Pts applied ointment to skin lesions BID	 Efficacy evaluation available for 80 pts Responses were 44.4% in arm 1, 61.5% in arm 2, and 77.8% in arm 3 Linear correlation b/n EGF concentrations and responses (p=0.012) QoL assessed for 74 pts. Max changes in composite scores by Skindex-16 after Tx significantly different among arms (mean ± SD: -5.2 ± 8.6 for arm 1, -11.7 ± 14.2 for arm 2, and - 18.6 ± 17.7 for arm 3; p=0.008) EGF arms showed significant improvement in emotions (p=0.005) and functioning (p=0.044) scores over placebo arm
<u>Scope</u> , 2009	Prospective, randomized trial (Level I)	GI	Cetuximab	24	1% pimecrolimus cream BID to left side of face x 5 wks., n=12 1% pimecrolimus cream BID to right side of face x 5 wks., n=12	 Tx side had greater decreases in lesion counts than observation side of face at wk. 2 (p<0.001) & wk. 5 (p=0.02) No significant difference in pts' Ax of symptoms or blind review of photographs for rash severity b/n Tx and observation sides Authors concluded that pimecrolimus use did not translate into clinically meaningful benefit for pts
Eriksen, 2017	Double-blinded placebo- controlled phase II <i>(Level</i> <i>II)</i>	Metastatic colorectal	Cetuximab	18	In each pt, vitamin K3 cream and placebo applied BID on 2 separate areas of skin of	 Application of vitamin K3 cream BID during Tx w cetuximab did not reduce number of papulopustular eruptions, and this was independent of use of systemic tetracycline; at wk. 4 (primary endpoint) = 6.1 (placebo) vs 6.3 (vitamin K3) No significant changes in staining of EGFR or pEGFR observed in skin of vitamin K3-treated area compared to placebo area

Author, date	Study Design	Disease Site	EGFR Inhibitor(s)	Ν	Treatments or Comparisons	Outcomes
					min. 10 × 10 cm for ≤ 2 mos	
<u>Hwang</u> , 2016	Open-label, non- comparative, multicentre, phase II <i>(Level</i> <i>II)</i>	NSCLC Pancreatic	Erlotinib	46	EGF ointment (Daewoong Pharmaceuticals Co. Ltd.) containing 1 ppm of nepidermin evenly applied to skin lesions BID	 According to definition of effectiveness, EGF ointment effective in 36 (69.2%) intention to treat pts <u>Note</u>: Effectiveness of ointment defined as: (1) Gd2, 3, or 4 erlotinib-related skin effects (ERSEs) downgraded to ≤Gd1, or (2) Gd3 or 4 ERSEs downgraded to Gd2 and persisted for ≥ 2 wks. No statistically significant differences in effectiveness of EGF ointment by gender (p=0.465), age (p=0.547), tumor type (p=0.085), erlotinib dosage (p=0.117), and number of prior chemo sessions (p=0.547) Grading for average NCI-CTCAE rating of rash/acne and itching improved from 2.02 ± 0.83 to 1.13 ± 0.89 and 1.52 ± 0.84 to 0.67 ± 0.90, respectively (p<0.001) Most common reason for discontinuing study was cancer progression cancer (37%)
Tastekin, 2014	Open-labeled phase II (Level <i>II</i>)	Metastatic colorectal	Cetuximab	15	Pts who developed Gd2 or 3 skin toxicity treated BID w soap made of oil extracted from Pistacia terebinthus	 60% of pts (n=9) had Gd3 skin toxicity Complete response rates in pts w Gd2 and Gd3 skin toxicities were 100 and 33%, respectively In remaining pts w Gd3 toxicity, skin toxicity regressed to Gd1 Objective response rate was 100%, and no delay, dose reduction or discontinuation of cetuximab Tx due to skin toxicity necessary Skin toxicity reoccurred in all pts when pts stopped administering soap and therefore they used it throughout cetuximab Tx
<u>Ke</u> , 2017	1-group pretest-post- test design <i>(Level III)</i>	Colorectal (n=19), breast (n=2), lung (n=4), multiple sites (n=5)	Cetuximab (n=24), Gefitinib (n=4),	30	Topical colloidal oatmeal lotion (COL) 3 to 5 times/day for 4 consecutive wks.	 Significant differences found b/n pretest and all post-tests after using COL w regard to severity, body surface area affected, and level of pruritus in participants who developed EGFRI-induced dermatologic toxicities (p<0.05) No significant differences in demographics or disease characteristics on EGFRI-induced dermatologic toxicities
<u>Santini</u> , 2012	Single-group, prospective <i>(Level III)</i>	Various cancer types	Various agents	45	Refractory pts: Aprepitant (125 mg on day 1; 80 mg on day 3; 80 mg on day 5) after ≥ 1 wk of standard systemic Tx, n=24 Naive pts: aprepitant given in same schedule as refractory pts, after first onset of	 Median visual analogue scale (VAS) in refractory group was 8.00 (95% CI 7.93-8.57) at baseline and 1.00 (0.00-2.00) after 1 wk of Tx aprepitant (p<0.0001) In naive group, VAS score was 8.00 (7.43-8.37) at baseline and 0.00 (0.06-1.08) after 1 wk of Tx (p<0.0001) 41 (91%) pts responded to aprepitant (i.e. had >50% reduction in intensity of pruritis) and pruritus recurred in only 6 (13%) pts No AEs related to aprepitant occurred

Author, date	Study Design	Disease Site	EGFR Inhibitor(s)	N	Treatments or Comparisons	Outcomes
					severe pruritus, n=21	
<u>Yamazaki,</u> 2016	Phase IV observational <i>(Level IV)</i>	Recurrent/ advanced NSCLC	Erlotinib	9909	Topical steroids	 Rash occurred in 67.4% of pts; Gd1, 2, and 3 rash observed in 26.8%, 32.4%, and 7.2% of pts, respectively Most common mgmt. strategy was topical steroids in 75.0% of pts w rash Regardless of rash grade, earlier initiation of steroids resulted in quicker recovery In those for whom topical steroids initiated >21 days after rash onset, median recovery time >100 days regardless of rash grade, compared w those treated before rash onset, whose median time to recovery was 35–51 days, depending on rash grade Median time to recovery of rash in group initiated on medium-rank steroids then changed to strong-rank steroids was 47, 98, and 103 days for those w Gd1, 2, and 3 rash, respectively, in pts initiated on strong-rank steroids
<u>Gerber</u> , 2012	Retrospective, uncontrolled, comparative study (<i>Level</i> <i>IV</i>)	NR	Cetuximab Erlotinib	49	 (1) Mometason furoate cream BID, n=21 (ERSS 10.3- 77.9) (2) Nadifloxacin 1% cream (QD) + prednicarbate 0.25% cream (1x/d), n=23 (ERSS 12.5-67.1) (3) Nadifloxacin 1% cream (QD) + prednicarbate 0.25% cream (QD) + prednicarbate 0.25% cream (QD) + systemic isotretinoin (10-20 mg/d), n=5 (ERSS >50) 	 (1) Mometason furoate cream: Ax of ERSS prior to therapy initiation and after 3 wks. revealed that mean rash severity improved significantly (P=0.00009) from 45.9-27.0 and demonstrated efficacy of our approach (2) Nadifloxacin 1% cream + prednicarbate 0.25% cream: Ax of ERSS revealed that mean rash severity improved significantly (P=0.03) from 30.9-24.8 after 3 wks., demonstrating efficacy of our approach (3) Nadifloxacin 1% cream + prednicarbate 0.25% cream + systemic isotretinoin (10 to 20 mg/day): severely affected pts significantly improved during isotretinoin Tx (P=0.015) and demonstrated on avg., reduction of ERSS from 59.2-43.8 after 3 wks., of therapy *ERSS = combined score of severity of 5 different aspects of EGFRI-rash (colour of erythema, distribution of erythema, papulation, pustulation and scaling/ crusts), combined w score based on extent of affected facial area and total body area involved. ERSSs range from 0 (no skin affection), 1 to 20 (mild), b/n 20 and 40 (moderate), up to scores >40 points, indicating severe cases
Wallner, 2016	Systematic review of all types of articles and research designs (<i>Level</i> <i>V</i>)	Various cancer types	Various agents	17 pubs.	Nursing mgmt. strategies for EGFRI-related cutaneous toxicities	 Nurses essential to mgmt. of EGFRI-related cutaneous toxicities and in ideal position to provide supportive care throughout course of EGFRI Tx Aim of nursing mgmt. to maintain pts' Tx adherence and QoL by employing pre-emptive and proactive approach Pt education = most frequently reported mgmt. strategy Tx options and mgmt. strategies largely anecdotal and based on individual reports and expert opinions

Author, date	Study Design	Disease Site	EGFR Inhibitor(s)	Ν	Treatments or Comparisons	Outcomes
						 Although no evidence-based mgmt. strategies exist, nurses can rely on existing Ax tools and guidelines to provide pts w symptom mgmt. and supportive care
<u>Vaccaro,</u> 2016	Uncontrolled, open-label follow-up <i>(Level V)</i>	Metastatic colorectal	Cetuximab	12	Clindamycin phosphate 1.2%– benzoyl peroxide 5% gel once daily, at evening, for 8 wks.	 Significant clinical improvements occurred after 2 wks. of Tx and even more evident after 8 wks. (mean Skin-Score 20.54 ± 7.83, p=1.37 x 10⁻⁶ vs. second wk. visit, p=1.26 x 10⁻⁷ vs. before Tx) Dermatology Life Quality Index values decreased from 13.64 ± 2.01 before Tx to 6.45 ± 1.37 after 8 wks. (p=1.12 x 10⁻⁵)
<u>Katzer,</u> 2010	Uncontrolled, open label follow-up <i>(Level V)</i>	NR	Cetuximab	29	1% nadifloxacin cream once daily + 0.25% prednicarbate cream once daily x 6 weeks	 Most striking improvements seen after 1 wk. of Tx; additional significant decreases in Skin Score at wks. 2 & 6 Significant improvement of subjective symptoms (pain, tenderness, pruritis)
<u>Nicolaou,</u> 2010	Prospective case series <i>(Level V)</i>	Lung, HNC, GI	Erlotinib Cetuximab Panitumumab	20	1% pimecrolimus cream BID x 2-6 weeks Pts w Gd2 eruptions also received systemic minocycline 100mg daily	Gd1 pts: • 4/9=CR by wk. 2 • 4/9 = PR (>50%) by wk. 2 Gd2 pts: • 1/11=CR by wk. 2 5/11=PR (>50%) by wk. 2
<u>Ocvirk</u> , 2010	Prospective case series (<i>Level V</i>)	GI	Cetuximab	30	0.1% vitamin K1 cream w urea BID Topical 1% clindamycin or erythromycin added for N=5 pts w Gd2 rash and N=2 pts w Gd3 rash Systemic antibiotics added for N=4 pts w Gd3 rash	 Median time to improvement=8 days Median time to down-staging one grade=18 days Decrease in cetuximab dose required for N=3/6 patients with Grade III rash
de Noronha e <u>Menezes</u> , 2009	Prospective case series (Level V)	Lung, GI	Erolitib Cetuximab	19	Doxycycline 100mg/day + topical antibiotics + benzoyl peroxide, n=17	 8/19=complete response by wk. 4 10/19=partial response by wk. 4 1/19=no response (pt w Gd3 eruptions; switched to low-dose isotretinoin, but died of disease complications)

Author,	Study Design	Disease Site	EGFR	N	Treatments or	Outcomes
	Design	Site			Minocycline 100mg/day + topical antibiotics + benzoyl peroxide, n=2 All pts used sunscreen + mild skin cleanser + oatmeal cream daily	
<u>Jacot</u> , 2004	Retrospective case series (Level V)	Lung, gyne, GI, head and neck	Gefitinib Cetuximab	29	Gefitinib-group: QD topical antiseptics (hexamidine, povidone iodine), fusidic acid cream, econazole cream, benzoyl peroxide gel, n=20 Cetuximab- group: daily fusidic acid cream, 4% erythromycin solution + betamethasone dipropionate cream, systemic fusidic acid, prophylactic 4% erythromycin emulsion + oral fusidic acid, n=9	 11/20 in gefitinib-treated group and 6/9 in cetuximab-treated group developed skin toxicity Topical benzoyl peroxide seemed to give partial improvement Prophylactic 4% erythromycin solution associated w erythema in N=2 pts No clear preventive or curative Tx identified in series

AE=adverse event; BID=twice a day; Gd=grade; NA=not applicable; NCI-CTCAE=National Cancer Institute's Common Terminology Criteria for Adverse Events; NR=not reported; NSCLC=non-small cell lung cancer, PC=pancreatic cancer, QD, once a day; QoL=quality of life

Table 4: What *clinical practice guideline recommendations* exist to guide the *prevention and management* of rash associated withEGFR inhibitor therapy?

Reference	Recommendations
UpToDate, Apr	Acneiform eruptions secondary to EGFR – Summary and Recommendations
2020	• Acneiform (papulopustular) eruption is prototypical cutaneous adverse reaction to Tx w EGFR inhibitors. Occurs in >80% of pts and more frequent in
	older pts and in pts w light skin phototypes

Reference	Recommendations
	 Eruption develops mainly in areas rich in sebaceous glands (e.g. scalp, face, upper trunk) w/n 1st 2 wks. of therapy. Erythematous papules and pustules evolve to crusted lesions and eventually resolve leaving persistent erythema, telangiectasias, and skin dryness. Bacterial superinfection may occur Diagnosis of acneiform eruption in pts receiving EGFR inhibitor therapy usually straightforward, based upon morphology and distribution of skin lesions (e.g. erythematous and follicular papules or pustules in areas rich in sebaceous glands w sparing of palmoplantar surfaces). Severity graded according to NCI CTCAE, version 5.0 Suggest prophylactic oral tetracyclines in conjunction w topical corticosteroids for pts initiating Tx w EGFR inhibitors. Tx started on same day as EGFR inhibitor therapy. Typically use doxycycline 100 mg BID or minocycline 100 mg QD for 6-8 wks.; low-potency corticosteroids such as hydrocortisone 2.5% or alcometasone 0.05% cream applied BID For pts w Gd1 rash, suggest topical corticosteroids w or w/o topical antibiotics. Use low potency topical corticosteroids BID for 4 wks. and clindamycin 1% gel BID for 4 wks. For pts w Gd2 rash who are not taking prophylactic tetracyclines, suggest topical corticosteroids and oral tetracyclines and elephalosporins (e.g. cephalexin, cefadroxil) or trimethoprim-sulfamethoxazole can be used as alternative antibiotics for pts taking prophylactic tetracyclines or do not benefit from tetracyclines For pts w Gd23 rash not taking prophylactic tetracyclines, suggest Tx w oral tetracyclines plus short course of systemic corticosteroids in addition to EGFR inhibitor dose modification. Use either doxycycline 100 mg or minocycline 100 mg PO BID for ≥ 4 wks. and prednisone 0.5 mg/kg PO QD for 7 days. First-generation oral cephalosporins (e.g. cephalexin, cefadroxil) or trimethoprim-sulfamethoxazole can be used as alternative antibiotics can be used as alternative antibiotics for pts with the
BC Cancer 2016	taking prophylactic tetracyclines or do not benefit from tetracyclines Definition of rash (acpeiform rash on face, scalp or chest): erythema, edema, papulopustular eruptions followed by crusting and dryness of the skin
	Physical Ax Vital Signs • Frequency – as clinically indicated Skin Ax • Ensure adequate light source and gloves if handling non-intact skin • Assess all aspect face, torso, arms, scalp, areas of cutaneous pressure/friction and intertriginous areas - Color Degree of erythema – patchy or uniformly deeply red and any signs of pallor in areas of intense erythema. Hyperpigmentation in non-white pts - Thickening Hyperkeratosis of soles of feet and palmar surfaces - Moisture Any accumulation of fluid under skin - Integrity Any associated bleeding - Swelling Degree of swelling - Sensory changes Tingling, numbness, pain, pruritus or burning Symptom Ax Normal • Refer to preTx nursing or oncology Ax
	Onset

Reference	Recommendations
	When did changes start?
	How are changes progressing?
	• When was your last TX?
	Provoking / Palliating
	What makes the symptoms better? Worse?
	Quality
	What symptoms do you have?
	When did symptoms begin?
	• Can you describe nature of symptom?
	Region / Radiation
	Where are changes happening? Face, torso, arms, scalp?
	Severity / Other Symptoms
	 How bothersome is this to you? (0-10 scale, w 0 not at all – 10 being worst imaginable)
	Have you been experiencing any other symptoms?
	Pruritus?
	Fever? - possible infection
	Discharge from pustules? – possible infection
	Persistent bleeding? – possible thrombocytopenia
	Tx
	Strategies used to avoid irritants, heat, and mechanical irritation?
	Using any creams or ointments? If so, what type? Effective?
	Using any pain meds? If so, what type (topical, systemic)? Effective?
	• Any other meds or treatments? (e.g. Vitamin Bo)
	Understanding / Impact on You
	Are these symptoms affecting your daily life?
	Value
	• What is your comfort goal or acceptable level for this symptom (0 – 10 scale)?
	Acneiform rash grading scale – Adapted from NCI CTCAE (Version 4.03)
	Normal – normal skin
	Grade 1 (mild) - Papules and/or pustules covering
	Grade 2 (moderate) - Papules and/or pustules covering 10 - 30% BSA, which may or may not be associated w symptoms of pruritus or tenderness;
	Grade 3 (severe) - Papules and/or pustules covering >30% BSA, which may or may not be associated w symptoms of pruritus or tenderness: limiting self-
	care ADL; associated w local superinfection w oral antibiotics indicated
	Grade 4 (life-threatening) - Papules and/or pustules covering any% BSA, which may or may not be associated with symptoms of pruritus or tenderness
	and are associated with extensive superinfection with IV antibiotics indicated; life-threatening

Reference	Recommendations
	*Step-Up Approach to Symptom Mgmt.: Interventions Should Be Based On Current Grade Level and Include Lower Level Grade Interventions As Appropriate NORMAL– GRADE 2 NON – URGENT: Prevention, support, teaching & follow-up care as required
	Bt Company and Au
	 Screen for skin changes at first visit; re-assess at each visit and at peak times for onset (at q 2 wk. appt w Medical Oncology) Timing of onset, appearance, distribution and skin changes varies with each type of treatment
	 Pt Self-Ax: Assess skin daily. Notify oncologist at next scheduled visit or earlier if symptoms worsen Assess for early signs of acneiform rash including:
	- Redness, papulopustules - Tenderness of affected areas (often first sign) - Dry, furrowed skin that becomes reddened or darker (in pon-Caucasian pts)
	- Dry, furfowed skin that becomes reducited of darker (in holi-oddeasian pisy
	Skin Care and Hygiene
	 In collaboration w physician or nurse practitioner, use of Topical Agents: Refer to Drug Specific Protocol
	Wash and clean skin w lukewarm water; gently pat dry
	Wash sweat from skin
	Avoid hot water (e.g. while bathing, cleaning dishes) Apply moisturizing creams or lotions (avoid alcohol and/or perfume based creams, other recommendations). Apply on intact skin liberally, gently, and
	• Apply molstunzing creams or fotions (avoid alconor and/or pendine-based creams, other recommendations). Apply on intact skin-liberary, genuy, and often.
	Avoid sun exposure during Tx-use sun block (see protocol specific handout for sun safety resources)
	Prevent Construction of Skin: Transfirm clothes or barsh fabrics in contact w torso, head and peck e.g. belts and jewelry
	• Tight bandages, dressings or adhesive tape to skin
	Avoid Abrasive Conditions and Mechanical Stress:
	Avoid popping acne pustules, do not use abrasive chemicals (i.e. Benzoyl peroxide or alcohols) to rash-affected areas Avoid topical anti-acne or anti-rosacea agents
	Regulate Temperature:
	Avoid situations that raise body temp (e.g. steam, saunas, hot baths, heating pads, vigorous exercise)
	Dietary Mgmt.
	 Promote adequate hydration/nutrition during Tx to help prevent skin dryness/ desquamation
	Recommend daily fluid intake of 8-12 cups (unless contraindicated) to help keep skin intact
	Promote well-balanced and healthy diet (refer to Canada Food Guide)
	Pharmacological Mgmt.
	• For medical mgmt. of acneiform rash, refer to drug specific protocol and collaborate w Physician or Nurse Practitioner
	Avoid using topical anesthetics or diphenhydramine containing creams during Tx as these may exacerbate skin toxicity
	Avoid use of OTC acne meds and alcohol containing topical products
L	

Reference	Recommendations
	Pt Education and Follow-up
	Reinforce when to seek immediate medical attention:
	– Temp. ≥ to 38°C and/or presence of redness, discharge or odor from any open areas – possible infection
	 Unable to perform ADL – reflects deteriorating patient status and severity of acneiform rash
	 Uncontrolled or increasing pain/discomfort to rash areas
	 Instruct pt/family to call back if symptoms worsen or do not improve
	• If indicated, arrange for nurse-initiated telephone follow – up or physician follow-up for further Ax
	GRADE 3
	URGENT: Requires medical attention w/n 24 h
	Patient Care and Assessment
	 Collaborate w physician or nurse practitioner; temporary drug delay or further assessment
	 Arrange for further evaluation and Ax in ambulatory setting
	 Arrange for specific skin care and dressings as necessary
	If superinfection concern, see practitioner w/n 24 h
	Mgmt. of Skin Complications
	Pain:
	Anticipate need for pain mgmt.; systemic or topical analgesics and/or topical steroids Local infection:
	Review recent lab tests, culture any suspect areas, assess temp
	 Review prescribed meds w pt and consider antibiotic Tx and/or topical steroids
	Minor bleeding with trauma (stops after 2 mins):
	Review CBC and assess WBC, platelets and hemoglobin
	Apply pressure to control bleeding
	For prolonged bleeding, collaborate w physician or nurse practitioner for intervention
	Alteration in skin integrity:
	May need to apply dressing to prevent infection to altered area, consider hydrocolloid dressings
	Pt Education and Follow-Up
	 Review correct technique and timing of application of prescribed skin care products
	Instruct pt/family to call back if symptoms worsen or do not improve. Arrange for further Ax if indicated
	GRADE 4 Presence of following: Temperature ≥ 38°C, uncontrolled pain EMERGENT: Requires IMMEDIATE medical attention Bt Core and Ax
	FL Calle allo AX
	• Notify physician or nurse practitioner immediately of AX, facilitate care arrangements as necessary w local emergency dept of nospital and anticipate dose delay. See Chemotherapy Protocols in Resources & Referrals Section below for direction
	Tx usually ordered to restart on incremental dose basis when symptoms resolve
	Nursing Support:
	- Monitor vital signs as clinically indicated
	- Frequent skin assessments and dressings as indicated
	- Pain and symptom Ax and mgmt. as appropriate
	Mgmt. of Skin Complications

Reference	Recommendations
	Pain:
	 Increase dose and frequency (i.e. around the clock) of analgesics may be indicated
	Local or systemic infection may require treating facility to perform following:
	Review recent lab tests
	Culture: Blood and any suspect areas
	 Assess vital signs, temperature as clinically indicated
	 Administer topical and/or IV anti-infective medications as prescribed (e.g. antibiotics, antifungals, antiviral agents)
Pinto, 2016	Mgmt. of Skin Reactions During Cetuximab Tx in Association w Chemo or RT Update of Italian Expert Recommendations
	General Prophylactic Measures
	• Measures include both careful Ax of pt for presence of pre-existing dermatological diseases that could worsen consequences of exposure to anti-EGFR therapy, and early interventions aimed at reducing severity of adverse events.
	 Main skin conditions to be looked for before starting cetuximab Tx are psoriasis, acne vulgaris, rosacea, atopic dermatitis, severe xerosis, ichthyosis, and eczema.
	 Proactive interventions include wide range of measures intended to prevent or reduce intensity of dermatological adverse events.
	Pts should be advised to:
	 o avoid tight footwear;
	 avoid excessive pressure from clothes, such as shirts, sweaters, etc.;
	 avoid exposure to direct sunlight w/o protection;
	 avoid habits/products that can cause dry skin (e.g. hot water, alcohol-based cosmetics);
	 avoid excessive beard growth, shaving regularly using sharp multiblade razor, applying shaving cream beforehand, and emollients and maintuities of the share of the start of t
	moisturizing altersnave alterward;
	o avoid depilatory wax and plucking:
	 regularly use fluid, additive-free and alcohol-free creams and bath oils;
	 limit use of cosmetics;
	o remove any make-up w cleansing milk followed by lukewarm water;
	 cut moustaches and beards before shaving;
	 cut nails correctly.
	• Provision of exhaustive info crucial in helping pts to cope w skin reactions. Clear explanations should be provided at each phase of Tx and messages given should be regularly reinforced.
	Strategies for Single Types of Skin Reaction
	 Papulopustular Rash. CTCAEv4.0 contains different terms referring to skin rash. Classification differentiates b/n conditions on basis of presence/absence of local or systemic infections, impact on ADL, and whether or not they demand intensive Tx.
	 Grade 1 (G1): No dose modification or Tx interruption indicated. No specific treatments should be started, but adequate time should be devoted to recommending and explaining general measures, as previously outlined.
	• Grade 2 (G2): No dose modification or Tx interruption indicated. Topical antibiotic Tx should be administered BID until regression to G1. For scalp
	iesions, erythromycin or clindamycin lotion can be applied. Oral semisynthetic tetracyclines can be used for ≤4 weeks, while rash symptomatic. Medium potency (class III) topical corticosteroids in cream and lotion/foam form considered appropriate for skin and scalp lesions, respectively. Topical corticosteroid Tx should be short lasting, that is, up to 10 days (Fig 1). Oral corticosteroids potentially useful, but not always considered appropriate and safe for this grade of reaction (Fig 1).
L	

Reference	Recommendations
	 Grade 3 (G3): Interrupt anti-EGFR Tx for ≤21 days, until regression to ≤G2 and resume according to Figure 2. Topical antibiotic and corticosteroid Tx, as for G2, considered potentially useful for skin lesions. However, agreement on their utility not as complete as for G2 reactions. Similar lack of agreement over use of topical erythromycin 3% lotion in G3 scalp lesions, whereas topical medium potency corticosteroids in lotion/foam form indicated. Oral antibiotics, as for G2, can be administered. In nonresponding, intensely symptomatic pts pustule culture should also be done, even when no signs of systemic infection. Pending results of antibiogram, in these pts failing to respond to oral semisynthetic tetracyclines, second-line oral antibiotic Tx can be considered together w short course of oral corticosteroids for up to 10 days. In pts w highly symptomatic/nonresponsive G3 lesions and no signs of systemic infection, oral retinoids considered to be of uncertain utility, due to insufficient experience w this Tx. Furthermore, fear of liver toxicity prevents widespread use. In contrast, analgesics considered useful option in this subgroup of pts (Fig. 3). Grade 4 (G4): Interrupt anti-EGFR Tx immediately and definitively. An antibiogram culture of exudate mandatory and topical Tx should be administered as indicated for G2. IV antibiotic Tx should be started, to be confirmed or modified after antibiogram. IV betamethasone should be considered. Furthermore, these pts should be admitted to hospital
	Vitamin K1 Cream
	• Despite heterogeneity of available studies, results reported seem to show advantages to be derived from use of vitamin K1 in prophylaxis and Tx
	Antibiotic Prophylaxis
	 As most trials in prophylactic setting have been conducted in small groups, Italian experts unable to reach agreement on actual role of antibiotic prophylaxis. Main conclusion drawn was that use of pre-emptive antibiotics cannot be recommended routinely; however, as some pts can benefit clinically from Tx w tetracyclines, these can be offered on individual basis in attempt to reduce severity of rash and improve QoL. At present, both minocycline 100 mg/day and doxycycline 200 mg BID are widely used options.
Califano, 2015	Mgmt. of skin adverse events in pts taking EGFR-TKIs (UK practice)
	 Provide pt education about prevention and mgmt. of skin AEs before EGFR TKLTx starts. Explain that rash is not acne. Prevention: moisturize regularly; protect against excessive exposure to sunlight; use SPF 30 UVA and UVB protective sunscreen appropriately; use emollients or soap substitutes
	 Grade 1 toxicity: continue EGFR TKI at current dose; continue to moisturize regularly (check compliance and change emollient if necessary); consider topical antibiotics in alcohol-free formulation until resolved (may take 14 days before improvement); use recommended appropriate shampoos. Grade 2 toxicity: continue EGFR TKI at current dose unless rash is prolonged or intolerable or there are other intolerable AEs (refer to Summary of Product Characteristics [SPC]); continue to moisturize regularly and intensify emollient use (check compliance again and advise about appropriate amount to use per week); apply short term topical steroids; continue topical antibiotics during and after oral antibiotic course (tetracycline 2 weeks); antihistamines can be considered (usually given at night for their potential sedative effect but be aware of impact on driving/using machinery). Grade 3 toxicity: discontinue EGFR TKI and only reinstate (at reduced dose) when skin AE has resolved to Grade 2 (refer to SPC); manage as for Grade 2; oral antibiotics and topical steroids as appropriate: refer pt to dermatologist who specializes in drug related cutaneous AEs; investigate for cause(s) of infection.
	Prevention of Rash
	• To reduce risk of cutaneous AEs, pts should be advised to moisturize skin intensively and to protect skin from excessive exposure to sunshine.
	• Pts should use emollient several times day. Ointments generally more effective for dry, irritable rashes b/c they have hydrating effect by improving skin's lipid barrier. By contrast, water-based creams can further dry skin and very greasy emollients may increase risk of folliculitis
	 Although limited evidence that EGFR-TKIs trigger photosensitive reaction, encouraging pts to cover skin and to wear SPF 30 UVA/UVB non-occlusive sunscreen, especially in strong sunshine, is pragmatic approach
	 For personal hygiene, aqueous emollients and soap substitutes are less dehydrating for skin than normal soaps; shampoos that reduce risk of scalp folliculitis, e.g. ketoconazole, betadine and ceanel, should be recommended
	Mgmt of Rash

Reference	Recommendations
	Pts w grade 1 rash should continue their EGFR-TKI therapy and apply emollient regularly
	 If there are signs of superadded infection, application of topical antibiotics in alcohol-free formulations, as recommended in local guidelines, should be considered for ≥14 days.
	 If rash has progressed to grade 2, EGFR-TKI can be continued at current dose as rash improves w/n 2 weeks in majority of cases. Dose reduction or interruption of EGFR-TKI might be appropriate if grade 2 rash prolonged or intolerable. Physicians should refer to current EGFR-TKI summary of product characteristics (SPC) for prescribing advice
	 If chronic grade 2 rash develops, dermatologist should be consulted as rash can have deleterious effect on pt's QOL. Moisturizing should be intensified and topical steroids (e.g. 1–2.5 % hydrocortisone or eumovate ointment to face; betnovate, elocon or dermovate ointment to body) can be applied on short-term basis (i.e. for 2–3 weeks), and then pt's condition should be reviewed. Topical antibiotics (as alcohol-free formulations), in accordance w local guidelines, and/or course of oral antibiotics (e.g. tetracycline C2 weeks) may be indicated. Oral antihistamines sometimes prescribed for pts w grade 2 itchy rash, but only limited proportion of pts derive symptomatic benefit. Pts should be advised about possible sedative effects of antihistamines on ability to drive or operate machinery
	 In case of grade 3 rash, EGFR-TKI therapy should be temporarily interrupted and treating physician should refer to current SPC for each EGFR-TKI for prescribing advice. We recommend restarting EGFR-TKI therapy only when rash has improved to grade B2. Dose reductions recommended in SPCs for erlotinib and afatinib, but not for gefitinib*. Not uncommon in clinical practice to restart gefitinib on alternate days but not recommended in SPC. Rash should be managed as recommended for grade 2 rash, w oral antibiotics and topical corticosteroids as appropriate and referral to dermatologist who specializes in drug-related cutaneous AEs. Any potential infection associated w rash should be identified and appropriately treated, as recommended in local guidelines.
	*Please note that SPC for gefitinib does not recommend dose reductions. SPC should be consulted for full information
	Avoidance of frequent hand washing, daily, long showers or frequent, long baths Use of mild bath or shower oils or syndets (no soap) Use of mild bath or shower oils or syndets (no soap) Avoidance of sun tanning parlors, consistent use of sun protection products (light protection factor > 20) and/or use of clothing with protection from UV radiation Avoidance of sun tanning parlors, consistent use of sun protection products (light protection factor > 20) and/or use of clothing with protection from UV radiation Avoidance of skin contact with skin irritants such as solvents, disinfectants, polishes Avoidance of activities which mechanically stress the skin (e. g. garden work, carrying heavy objects, hot hair drying) Adequate treatment of pre-existing skin diseases (referral to dermatologist) Adequate Tx of pre-existing skin diseases (referral to dermatologist) Consensus recommendations on mgmt. of cutaneous side effects of EGFR inhibitors Recommendations envision 3-step concept that ranges from general measures/preventive measures (step 1) over measures that can be performed by primary treating physician (step 2) up to advanced therapy by an experienced dermatologist (step 3). Recommendations step 1 and 2 are addressed to primary treating physician (step 2) up to advanced therapy. Detailed recommendations for escalated therapy by specialized dermatologists (step 3) will be presented in a separate publication. Step 1: General measures/preventive measures Before start of treatment, patient should be informed of various cutaneous side effects, usual time points of manifestation but also about positive correlation but also about positive correlation but also courting papulopustular exanthems and therapy success and general measures should be discussed. Here pre-existing skin diseases such as rosacea or seborrheic dermatilities should be diagnosed and adequate therapy initiated, if needed. No reliable recommendations can be made re. medicinal prophylaxis of EGFR-induced cutaneous lesions.
	Therapy of papulopustular exanthems on face and trunk

Reference	Recommendations
	Step 2: Basic therapy (by primary treating physician)
	• At appearance of 1st papulopustular lesions, primary treating physician should initiate combined therapy w topical metronidazole- or nadifloxacin- containing ointment and systemic tetracycline (either doxycycline: 2 x 50 or 100 mg daily, minocycline: 2 x 50 mg daily or tetracycline: 2-4 x 250 mg daily)
	• In case of inadequate response, pts should be referred as quickly as possible to experienced dermatologist for advanced diagnostics and therapy
Lacouture, 2011	Papulopustular (acneiform) rash recommendations
	 Preventive (wks. 1-6 and 8 or EGFRI initiation) Topical Recommended: hydrocortisone 1% cream w moisturizer and sunscreen BID Not recommended: pimecrolimus 1% cream; tazarotene 0.05% cream; sunscreen as single agent Systemic Recommended: minocycline 100 mg daily; doxycycline 100 mg BID (note: doxycycline preferred in pts w renal impairment. Minocycline less photosensitizing) Not recommended: tetracycline 500 mg BID
	Tx • Topical
	 Recommended: alclometasone 0.05% cream; fluocinonide 0.05% cream BID; clindamycin 1% Not recommended: vitamin K1 cream
	 Systemic Recommended: doxycycline 100 mg BID; minocycline 100 mg daily; isotretinoin at low doses (20-30 mg/d) Not recommended: acitretin
<u>Pinto</u> , 2011	Mgmt. of skin toxicity associated w cetuximab Tx in combination w chemo or RT
	 Mgmt. of Gd1 skin rash Skin lesions and symptoms – papules, pustules or symptom-free erythema Cetuximab dose modifications – No Topical Tx – No Systemic Tx – No intervention – General educational and prophylactic measures
	 Mgmt. of Gd2 skin rash Skin lesions and symptoms – Eruption w papules (Gd2A) or pustules (Gd2B) covering <50% of body surface, w moderate symptoms, and that does not interfere w daily activities Cetuximab dose modifications – No Topical Tx – Antibiotics: clindamycin 1% gel, erythromycin 3% gel/cream, metronidazole 0.75%-1% cream/gel, BID until regression to Gd1 (avoid benzoyl peroxide products). Lesions of scalp: erythromycin 2% lotion Systemic Tx Prevalence of papules (Gd2A) No Prevalence of pustules (Gd2B): Antibiotics: minocycline 100 mg per os QD, doxycycline 100 mg per os QD for ≥4 wks. and until rash is
	symptomatic Mgmt. of Gd3 skin rash

Reference	Recommendations
	• Skin lesions and symptoms – Eruption w papules (Gd3A) or pustules (Gd3B) covering 50% of body surface; severe symptoms that interfere w daily
	activities
	Cetuximab dose modifications
	 First occurrence: delay cetuximab infusion for ≤21 days until skin rash improves to ≤Gd2. If improvement, continue at 250 mg/m². If no
	improvement, discontinue therapy
	Second occurrence: delay cetuximab infusion for ≤21 days until skin rash improves to ≤Gd2. If improvement, continue at reduced dose of 200 marks ² . If no improvement, continue at reduced dose of 200 marks ² .
	mg/m ² . If no improvement, discontinue therapy
	 Inito occurrence: delay celuximab initision for S21 days until skin rash improves to SGd2. Il improvement, continue at reduced dose of 150 mg/m². If no improvement, discontinue therapy.
	 Fourth occurrence: discontinue therapy definitively.
	 Tonical Tx – Antibiotics: clindamycin 1% gel, erythromycin 3% gel/cream, metronidazole 0.75–1% cream/gel, BID until regression to Gd1 (avoid benzov)
	peroxide products) Lesions of scalp: erythromycin 2% lotion
	Systemic Tx
	 Antibiotics: minocvcline 100 mg per os QD, doxycvcline 100 mg per os QD for ≥4 wks, and until rash symptomatic
	 Corticosteroids: methylprednisolone 0.4 mg/kg per os, prednisone 0.5 mg/ kg per os, for up to 10 days
	Systemic Tx in highly symptomatic/nonresponsive pts
	 Retinoids: isotretinoin 0.3–0.5 mg/kg per os
	 Corticosteroids: methylprednisolone or dexamethasone IV
	 Antihistamines: clorfenamine IM/IV
	 Antibiotics: amoxicillin/clavulanic acid, gentamicin IV
	o IV hydration
	Mamt_of Gd4 skin rash
	 Skin lesions and symptoms – Generalized rash: severe symptoms that require emergency Tx
	 Cetuximab dose modifications – Discontinue therapy immediately and definitively
	 Topical Tx - Antibiotics: clindamycin 1% gel, erythromycin 3% gel/cream, metronidazole 0.75%–1% cream/gel, BID until regression to Gd1 (avoid
	benzovl peroxide products). Lesions of scalp: ervthromycin 2% lotion
	Systemic Tx
	 Retinoids: isotretinoin 0.3–0.5 mg/kg per os
	 Corticosteroids: methylprednisolone, dexamethasone IV
	 Antihistamines: clorfenamine IM/IV
	 Antibiotics: amoxicillin/clavulanic acid, gentamicin IV
	• IV hydration
Dala mula 0040	o Hospitalization
<u>Balagula</u> , 2010	G0U: Dranhydaetia tharany w sunsaraan (SDE > 20); maiaturi⊐ing araama; gantla skin aara instructiona giyon
	• Prophylactic therapy w sunscieen (SPF <u>></u> 30), moistunzing creams, genue skin care instructions given
	Gd1:
	Continue chemo at current dose and monitor for change in severity
	Treat w 2.5% hydrocortisone cream and 1% clindamycin gel daily
	Reassess after 2 wks.: if reaction worsens or does not improve, proceed to mgmt. of Gd2 lesions
	Gd2:
	Continue chemo at current dose and monitor for change in severity
	 Treat w 2.5% hydrocortisone cream and doxycycline 100mg daily or minocycline 100mg BID

Reference	Recommendations
	Reassess after 2 wks.: if reaction worsens or does not improve, proceed to mgmt. of Gd3/4 lesions
	Gd 3/4:
	Modify dose per package insert
	Obtain bacterial/viral cultures if infection suspected
	 Continue Tx w 2.5% hydrocortisone cream and doxycycline 100mg daily or minocycline 100mg BID + prednisone 0.5mg/kg for 5 days
	 Reassess after 2 wks.: if reaction worsens or does not improve. dose interruption or discontinuation may be necessary
Potthoff, 2010	Mild (Gd1):
	Continue EGFR inhibitor therapy; monitor for change in severity
German Expert	Consider topical antibiotics (e.g., 2% clindamycin, 1% erythromycin cream, 0.75% metronidazole, 1% nadifloxacin)
Panel	 Isolated scattered lesions: cream preferred
	 Multiple scattered areas: lotion preferred
	 Reassess after ≥ 2 wks. or at any worsening of symptoms; if worsening or no improvement, see recommendations for Gd2 toxicity; consider referral to dermatologist
	Moderate (Gd2):
	Continue EGFR inhibitor therapy; monitor for change in severity
	 Skin-type-adjusted moisturizer Teniael Type-adjusted moisturizer
	 Topical TX as per GuT + short-term topical steroid (e.g. 0.02% prednicarbate cream) + oral antibiotic for 2.2 wks. Device/pline 100mg PID or mineevoline bydrochloride 100mg PID.
	 Boxycycline roomy bib or minocycline rydrochionde roomy bib Reassess after > 2 wks, or at any worsening of symptoms; if worsening or no improvement, see recommendations for Gd3 toxicity; refer to
	dermatologist
	Severe (Gd3):
	Reduce EGFR inhibitor dose as per label; monitor for change in severity
	Skin-type-adjusted moisturizer
	Topical and systemic Tx, as per Gd2
	Refer to dermatologist
	 Consider oral isotretinoin (no combination w oral tetracyclines b/c of possible increase in intracranial pressure) or systemic steroids
	 Reassess after ≥2 wks. or at any worsening of symptoms; if worsening or no improvement, see recommendations for Gd4 toxicity
	Life-Threatening (Gd4):
	Dose interruption or permanent discontinuation of EGFR inhibitor, as per label
	Individual Tx concept
	Systemic steroids are additionally recommended
<u>Melosky</u> , 2009	Topical 2% clindamycin lotion BID recommended for mild-to-severe skin rash
Canadian	 Use of low- to medium-potency topical steroid such as 1% hydrocortisone lotion BID further enhances Tx of mild-to-severe rash by inhibiting
Recommendations	INIIammalion Ear madarata ta apyara akin taxiaitu, aral apmiaynthatia tatrapyalina antihistica minopyalina (100mg PID) ar dawayalina (100mg OD ar PID)
	 For moderate-to-severe skin toxicity, oral semisynthetic tetracycline antibiotics minocycline (100mg DD) or doxycycline (100mg QD or BID) recommended for min. of 4 wks, in addition to tonical steroids.
	 Overall mont of skin tash should be individualized for each of depending on type severity and location of skin toxicity caused by anti-FGFR therapy
	 Clinicians may wish to refer pt to dermatologist if skin toxicity does not improve w/n 1–2 wks. of Tx: referral also recommended if pt severely
	symptomatic (necrosis, blistering, or petechial or purpuric lesions), if multiple hair, nail, and skin issues emerge, or if skin toxicity has uncharacteristic
	appearance or distribution

Reference	Recommendations
<u>Burtness</u> , 2009	Topical steroids and antibiotics (e.g. clindamycin, erythromycin) may be useful for treating papulopustular skin rash
	 Some task force members routinely use low-strength topical steroids on face, or medium-strength topical steroids on body, if pt symptomatic;
NCCN Task Force	however, based on expert preference and clinical experience rather than data from RCTs
кероп	• Systemic therapy option for skin rash associated w EGFR inhibitors in certain settings, including severe rash, rash shown to be or looks infected, rash
	refractory to topical agents, and rash recurrent despite dose modification
	 Propriy/actic/mitigating treatments. tetracycline, minocycline, doxycycline Reactive treatments
	Tetracyclines: minocycline_doxycycline_tetracycline
	 Retinoids: isotretinoin, acitretin
	 Reactive treatment for infection
	 Importance of bacterial culture, esp. around nose, abscesses, pustules on body
	 Anti-staphylococcal antibiotics: cephalexin, dicloxacillin
	 Anti–methicillin-resistant staphylococcus aureus antibiotics: sulfamethoxazole/ trimethoprim, linezolid
<u>Gridelli</u> , 2008	Gd1:
Italian Oncologista	I opical Ix optional (sulfosalicylic creams, topical antibiotics)
& Dermatologists	No dose reduction or 1x interruption
Consensus	GUZ.
Statement	 Topical TX, in necessary, add systemic tetracyclines and steroids, systemic antinistamines to pailate pruntus No dose reduction or Tx interruption
(erlotinib-specific)	 In cases of very distressing symptoms affecting OoL if no response to rash Tx, consider interruption of erlotinih Tx for 3–5 days and then re-start at full-
	dose: if AFs re-occur w/n15 days consider dose reduction
	Gd3:
	In addition to topical treatments, add systemic tetracyclines + systemic corticosteroids; antihistamines to palliate pruritus
	At resolution, consider prevention w short courses of tetracyclines
	 If no resolution or recurrence, interrupt Tx until improvement to ≥Gd2; re-start erlotinib at 100mg daily
	Gd4:
	interrupt definitive erlotinib therapy w/o trying dose-reduction
	Refer to burn-wound unit for intensive care
Bianchini, 2008	Gd1:
	Consider topical therapy w emollient cream or ointment (Diprobase cream, Dermol 500 lotion, Aveeno oatmeal cream)
	• No delay in EGFR inhibitor admin
	Guz.
	 Start systemic antibiotic therapy w lymecycline 408mg OD x 6.8 wks
	 If new lesions develop or steady, double the dose (BID)
	 If further new lesions develop or steady, double life dose (DID) If further new lesions develop or steady, continue lymecycline 408mg daily and add 1% clindamycin (nonalcoholic) lotion BID
	 If uncommon skin lesions accourt refer to dermatologist
	No delay in FGER inhibitor administration
	Gd3:
	If already treated as per Gd2, add minocycline 100mg QD x 6-8 wks. + 1% clindamycin (nonalcoholic) lotion BID
	If rash presented as Gd3 from beginning, start Tx as for Gd2
	If rash persists, refer to dermatologist
	Dose reductions, as per package inserts, may be required
	Gd4:
	Stop EGFR inhibitor Tx; refer urgently to dermatologist

Reference	Recommendations
	General Measures:
	Bath or shower w oil instead of soap. Use lukewarm water
	Avoid sun exposure and use good sunscreen
	Nail hygiene, nail manicure and pedicure, nail polish to harden nails
	Avoid friction and pressure on nail fold by wearing wide shoes; use antiseptic bath
	Remove make up w hypoallergenic liquid cleanser
	Avoid alcoholic lotions or gels
<u>Eaby</u> , 2008;	General Measures:
<u>Lynch</u> , 2007	Employ proactive approach in managing skin reactions
	Suggest pts use thick, alcohol-free emollient cream
US	 Suggest pts use sunscreen of ≥SPF 15, preferably containing zinc oxide or titanium dioxide
Interdisciplinary	 If pt presents w rash, verify appropriate admin and follow algorithm below in stepwise manner:
HER1/EGFR-	Mild:
Innibitor	Continue EGFR inhibitor at current dose and monitor for change in severity
Toxicity Forum	No Tx or topical 1% hydrocortisone 1% or 2.5% cream and/or 1% clindamycin gel
	 Reassess after 2 wks.; if reactions worsen or do not improve, proceed to next step
	Moderate:
	Continue EGFR inhibitor at current dose and monitor for change in severity; continue Tx of skin reaction w following:
	 2.5% hydrocortisone cream or 1% clindamycin gel or 1% pimecrolimus cream PLUS doxycycline 100mg BID or minocycline 100mg BID
	Reassess after 2 wks.; if reactions worsen or do not improve, proceed to next step
	Severe:
	 Reduce EGFR-Inhibitor dose as per label and monitor for change in severity; continue 1x of skin reaction w following: 2.5% bydresertisene greem or 1% aligndemycin gel or 1% nimeeralimus greem I device/gline 100mg BID or mineeyaline 100mg BID nlyse
	 2.5% hydrocortisone cream or 1% clindamycin gel or 1% pimecrolimus cream + doxycycline 100mg BiD or minocycline 100mg BiD plus medral dese pack
	 Reassess after 2 wks : if reactions worsen, dose interruption or discontinuation may be necessary.
Lacouture 2006	Mild/Moderate
<u>Edobuturo</u> , 2000	 Doxycycline or minocycline 50mg BID + topical pimecrolimus BID and reassess at 2 wks
SERIES Clinic.	 If improvement, continue and reassess g 2-4 wks
Chicago	 If no improvement/worsening of symptoms, increase dose of doxycycline or minocycline and continue pimecrolimus; reassess in 2-4 wks.
	Severe:
	 Doxycycline or minocycline 100mg BID + topical pimecrolimus BID and reassess at 2 wks.
	 If improvement, continue and reassess q 2-4 wks.
	 If no improvement/worsening of symptoms, add oral steroids (prednisone or methylprednisolone); reassess q 2-4 wks.
	 If no improvement w oral steroids, consider reduction or interruption of EGFR inhibitor
	Add moisturizers, lactic acid, and/or antihistamines, as appropriate
<u>Rhee</u> , 2005	Gd1:
	Clindamycin gel for isolated scattered lesions, or
MD Anderson	Clindamycin lotion for multiple scattered areas
Cancer Center	Gd2:
	Minocycline hydrochloride 200mg BID on day 1, then 100mg BID, or
	Trimethoprim/ sulfamethoxazole BID
	Gd3:
	Minocycline hydrochloride 200mg BID on day 1, then 100mg BID, or
	Trimethoprim/ sulfamethoxazole BID

Reference	Recommendations
Segaert & van	Gd1:
<u>Cutsem</u> , 2005	 No Tx or Tx w topical anti-acne or anti-rosacea agents w anti-inflammatory properties can be started (e.g. metronidazole gel or cream, erythromycin or clindamycin gel or lotion, benzoyl peroxide gel or cream on face or salicylic acid in alcoholic lotion on chest/back) When acneiform eruption fading or becoming scaly, switch topical Tx to cream bases instead of alcoholic lotions/ gels
	Gd2:
	oral tetracycline (minocycline 100mg daily or lymecycline 300mg daily or doxycycline 100mg daily)
	Gd3:
	Delay of therapy w EGFR inhibitors should be taken into consideration
	In addition to aforementioned topicals, compresses w physiologic solution can be applied in case of acute inflammation
	• Oral antihistamines and oral tetracyclines at high (maximal anti-inflammatory) doses (minocycline 100mg BID or lymecycline 300mg BID or doxycycline
	100mg BID complete Tx; dose can be tapered as soon as acute inflammation has faded
	Gd4:
	Should be treated in specialized burn care units and EGFR inhibitors should be immediately stopped

BID=twice a day; CTCAE=Common Terminology Criteria for Adverse Events; HER=human epidermal growth factor; NCCN=National Comprehensive Cancer Network; NCI=National Cancer Institute; QD=once daily; SPF=sun protection factor

Appendix A: Levels of Evidence

- Level I evidence from at least one large randomized controlled trial (RCT) of good methodological quality with low potential for bias or meta-analyses of RCTs without heterogeneity
- Level II small RCTs, large RCTs with potential bias, meta-analyses including such trials, or RCTs with heterogeneity
- Level III prospective cohort studies
- Level IV retrospective cohort studies or case-control studies
- Level V studies without a control group, case reports, or expert opinions