

# Fall Immunizations

## Client Immunization Record and Care After Immunization

Pharmacy/Facility Name: \_\_\_\_\_

### Immunization Record (Keep this document as your personal immunization record)

Last Name	First Name	Middle Initial
Date of Birth (DD-Mon-YYYY)	Date of Immunization (DD-Mon-YYYY)	

You had the following vaccine(s) today:

<input type="checkbox"/> <b>Influenza</b>	<b>Dose</b> <input type="checkbox"/> Annual <input type="checkbox"/> 1 of 2 <input type="checkbox"/> 2 of 2  <b>Vaccine (Manufacturer)</b> <input type="checkbox"/> Fluzone (Sanofi Pasteur) <input type="checkbox"/> Fluviral (GlaxoSmithKline) <input type="checkbox"/> Flucelvax (Seqirus) <input type="checkbox"/> Fluzone High-Dose (Sanofi Pasteur) <input type="checkbox"/> Fluad (Seqirus)	<input type="checkbox"/> For children who need 2 doses of Influenza vaccine, next dose is due on, or after (DD-Mon-YYYY)
<input type="checkbox"/> <b>COVID-19</b>	<b>Dose</b> <input type="checkbox"/> 1 <input type="checkbox"/> 3 (if needed) <input type="checkbox"/> 2 (if needed) <input type="checkbox"/> Additional Dose  <b>Vaccine (Manufacturer)</b> <input type="checkbox"/> SpikeVax LP.8.1 (Moderna) <input type="checkbox"/> Comirnaty LP.8.1 (Pfizer-BioNTech)	<input type="checkbox"/> <b>Your next dose of COVID-19 vaccine is due</b> (DD-Mon-YYYY)  <input type="checkbox"/> <b>You are not due for another dose of COVID-19 vaccine at this time.</b> <i>Visit <a href="https://alberta.ca/coronavirus-info-for-Albertans">alberta.ca/coronavirus-info-for-Albertans</a> for up-to-date information about COVID-19 vaccine</i>
<input type="checkbox"/> <b>Pneumococcal conjugate 20 (PNEU-C20)</b>	<b>Dose</b> <input type="checkbox"/> 1 <input type="checkbox"/> 3 (if needed) <input type="checkbox"/> 2 (if needed) <input type="checkbox"/> 4 (if needed)	<input type="checkbox"/> <b>Your next dose of PNEU-C20 vaccine is due</b> (DD-Mon-YYYY)  <input type="checkbox"/> <b>You are not due for another dose of PNEU-C20 vaccine at this time.</b>
<input type="checkbox"/> <b>Respiratory syncytial virus (RSV)</b>	<b>Dose</b> <input type="checkbox"/> 1	<input type="checkbox"/> You are complete.

### Care After Immunization – Side effects

Many people have no side effects from these vaccines.

If you do have side effects, they tend to be mild and go away in a few days. Side effects may include:

- redness where you had the needle that may look red on lighter skin or purple on darker skin
- warmth, swelling, bruising, a hard spot, or feeling sore where you had the needle
- not feeling hungry or not wanting to eat (poor appetite) feeling sick to your stomach (nausea), vomiting (throwing up), or loose stool (diarrhea)
- a reduced sense of touch or a feeling of numbness
- a tingling, itching, or “pins and needles” feeling
- sleeping more or less than usual
- crying or getting upset easily
- swelling or feeling sore in your armpit
- feeling tired or unwell
- body aches or sore joints
- fever, chills, or sweating
- a headache
- rash

It is rare to have a serious side effect. **Call Health Link at 811** to report any serious or unusual side effects.

See reverse for more information.

## What can I do to feel better?

- To help with soreness and swelling:
  - ▶ Put a cool, wet cloth over the area where you had the needle.
  - ▶ Move the arm or leg where you had the needle.
- If you have a fever, wear fewer layers of clothes and drink more fluids. For more information about fever, go to [MyHealth.Alberta.ca](https://myhealth.alberta.ca).
- There is medicine to help with a fever or pain. Check with your healthcare provider if you are not sure what medicine or dose to take. Follow the directions on the package.
- Some people with health problems, such as a weak immune system, must call their healthcare provider if they get a fever. If you were told to do this, call your healthcare provider even if you think the fever is from the vaccine.

## Rare events after getting a COVID-19 mRNA vaccine

There have been very rare reports of myocarditis (inflammation of the heart muscle) and pericarditis (inflammation of the lining around the heart) after getting a COVID-19 mRNA vaccine. These rare events can cause shortness of breath, chest pain, or a very fast or abnormal heart rate. Get medical help right away if you have any of these symptoms.

For more information about fall immunizations visit [ahs.ca/immunize](https://ahs.ca/immunize) or talk to your healthcare provider.



An electronic copy of immunizations you have had in Alberta is available for those age 14 years and older by registering for a MyHealth Records account at [MyHealth.Alberta.ca/myhealthrecords](https://myhealth.alberta.ca/myhealthrecords).

For children who are under age 14 years, contact your local Public Health or Community Health Centre to get a copy of immunizations they have had in Alberta.

### Alberta Health Services (AHS), Primary Care Alberta (PCA), Acute Care Alberta (ACA), Assisted Living Alberta (ALA), Recovery Alberta, Alberta Precision Laboratories (APL), and Covenant Health workers:

- Report your influenza immunization using the **Got My Flu Shot** form on Insite (AHS, PCA, ACA, ALA, APL, and Recovery Alberta) or CompassionNET (Covenant Health).
- Do NOT complete the Got My Flu Shot form if you received your influenza immunization at a Workplace Health and Safety or Occupational Health and Safety clinic or from a site champion.
- Your influenza immunization status is used to plan, manage and allocate resources to protect patients, their families and healthcare workers during the influenza season.

## For more information about immunization



Call Health Link at **811**



Scan the QR code or go to [ahs.ca/immunize](https://ahs.ca/immunize)



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This material is information provided as part of a specific client's treatment/procedure and is not intended for other uses; questions should be directed to a health care provider.

Information is current as of date of print; see [ahs.ca/covidvaccine](https://ahs.ca/covidvaccine) and [ahs.ca/covidimm](https://ahs.ca/covidimm) where information about COVID-19 vaccines is updated regularly.