

COVID-19 Client Immunization Record and Care After Immunization

Keep this document as your personal immunization record

Immunization Record		
Last Name	First Name	Middle Initial
Date of Birth (<i>dd-Mon-yyyy</i>)	Date of COVID-19 Immunization (<i>dd-Mon-yyyy</i>)	
<input type="checkbox"/> Your next dose is due _____ <input type="checkbox"/> You are not due for another dose at this time. Visit alberta.ca/covid19-vaccine for up-to-date information about additional doses.	Primary Dose <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 (if needed) <input type="checkbox"/> 4 (if needed)	
	Booster Dose <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4	
	Vaccine (Manufacturer)	
	<input type="checkbox"/> Comirnaty Omicron-Containing Bivalent (Pfizer-BioNTech) <input type="checkbox"/> SpikeVax Omicron-Containing Bivalent (Moderna) <input type="checkbox"/> Nuvaxovid (Novavax) <input type="checkbox"/> Other _____	
Lot Number _____		

Care After Immunization

Common Side Effects

Many people have no side effects from COVID-19 vaccines. If you do have side effects, they tend to be mild and go away in a few days. Common side effects may include:

- redness, swelling, a hard spot, or feeling sore where you had the needle
- swollen lymph nodes
- feeling tired, unwell, or have a headache
- swelling or feeling sore in your armpit or groin
- a fever or chills
- feeling dizzy
- body aches, sore joints, or pain in your legs or arms
- a reduced sense of touch or a feeling of numbness
- feeling sick to your stomach (nausea), vomiting (throwing up), or loose stool (diarrhea)
- a rash or hives

Call Health Link at 811 to report any serious or unusual side effects. It is rare to have a serious side effect.

Rare events after getting the Pfizer-BioNTech, Moderna, or Novavax vaccines

In the first 7 days after getting the Pfizer-BioNTech, Moderna, or Novavax vaccines, there have been very rare reports of myocarditis (inflammation of the heart muscle) and pericarditis (inflammation of the lining around the heart). This inflammation can cause shortness of breath, chest pain or pressure, or a very fast or abnormal heart rate. Get medical help **right away** if you have any of these symptoms.

A possible link between the Pfizer-BioNTech Bivalent vaccine and ischemic stroke in people age 65 years and older has been found in the United States, but not in Canada or other countries. At this time, we do not know if these strokes were caused by the vaccine.

For more information about the COVID-19 vaccines, read the COVID-19 vaccine information on ahs.ca/immunize or talk to your healthcare provider.

See reverse for more information,

What can I do to feel better?

- To help with soreness and swelling:
 - Put a cool, wet cloth over the area where you had the needle.
 - Move the arm or leg where you had the needle.
- If you have a fever, wear fewer layers of clothes and drink more fluids. For more information about fever, go to [MyHealth.Alberta.ca](https://myhealth.alberta.ca).
- There is medicine to help with a fever or pain. Check with your doctor or pharmacist if you are not sure what medicine or dose to take. Follow the directions on the package.
- Some people with health problems, such as a weak immune system, must call their doctor if they get a fever. If you were told to do this, call your doctor even if you think the fever is from the vaccine.

For more information about immunization



Call Health Link at **811**



Scan the QR code or go to **ahs.ca/immunize**

Go to [MyHealth.Alberta.ca/myhealthrecords](https://myhealth.alberta.ca/myhealthrecords) for your COVID-19 immunization record. You can also sign up for a MyHealthRecords account to get a list of most immunizations you have had in Alberta.

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This material is information provided as part of a specific client's treatment/procedure and is not intended for other uses; questions should be directed to a health care provider.

Information is current as of date of print; see ahs.ca/covidvaccine and ahs.ca/covidimm where information about COVID-19 vaccines is updated regularly.