

COVID-19 Client Immunization Record and Care After Immunization

Keep this document as your personal immunization record

Pharmacy/Facility Name: _____

Immunization Record

Last Name	First Name	Middle Initial
Date of Birth (DD-Mon-YYYY)	Date of COVID-19 Immunization (DD-Mon-YYYY)	
<input type="checkbox"/> Your next dose is due (DD-Mon-YYYY) _____	Dose <input type="checkbox"/> 1 <input type="checkbox"/> 2 (if needed) <input type="checkbox"/> 3 (if needed) Additional Dose <input type="checkbox"/>	
<input type="checkbox"/> You are not due for another dose at this time. Visit alberta.ca/covid19-vaccine for up-to-date information about additional doses.	Vaccine (Manufacturer) <input type="checkbox"/> SpikeVax KP.2 (Moderna) <input type="checkbox"/> Comirnaty KP.2 (Pfizer-BioNTech)	
	Lot Number	

Care After Immunization

Common Side Effects

Many people have no side effects from COVID-19 vaccines. If you do have side effects, they tend to be mild and go away in a few days. Common side effects may include:

- redness, swelling, a hard spot, or feeling sore where you had the needle
- feeling tired or having a headache
- a fever or chills
- body aches or sore joints
- feeling sick to your stomach (nausea), vomiting (throwing up), loose stool (diarrhea)
- swollen lymph nodes
- swelling or feeling sore in your armpit or groin
- feeling dizzy
- a reduced sense of touch or a feeling of numbness

Children aged 5 years and younger may also get an earache, get upset easily, be sleepy, cry, or may not want to eat.

Call Health Link at **811** to report any serious or unusual side effects. It is rare to have a serious side effect.

Rare events after getting an mRNA vaccine

There have been very rare reports of myocarditis (inflammation of the heart muscle) and pericarditis (inflammation of the lining around the heart) after getting an mRNA vaccine. These rare events can cause shortness of breath, chest pain, or a very fast or abnormal heart rate. **Get medical help right away if you have any of these symptoms.**

For more information about the COVID-19 vaccines, read the COVID-19 vaccine information on ahs.ca/immunize or talk to your healthcare provider.

See reverse for more information.

What can I do to feel better?

- To help with soreness and swelling:
 - ▶ Put a cool, wet cloth over the area where you had the needle.
 - ▶ Move the arm or leg where you had the needle.
- If you have a fever, wear fewer layers of clothes and drink more fluids. For more information about fever, go to [MyHealth.Alberta.ca](https://myhealth.alberta.ca).
- There is medicine to help with a fever or pain. Check with your healthcare provider if you are not sure what medicine or dose to take. Follow the directions on the package.
- Some people with health problems, such as a weak immune system, must call their healthcare provider if they get a fever. If you were told to do this, call your healthcare provider even if you think the fever is from the vaccine.



Go to [MyHealth.Alberta.ca/myhealthrecords](https://myhealth.alberta.ca/myhealthrecords) for your COVID-19 immunization record. You can also sign up for a MyHealthRecords account to get a list of most immunizations you have had in Alberta.

For more information about immunization



Call Health Link at **811**



Scan the QR code or go to ahs.ca/immunize



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This material is information provided as part of a specific client's treatment/procedure and is not intended for other uses; questions should be directed to a health care provider.

Information is current as of date of print; see ahs.ca/covidvaccine and ahs.ca/covidimm where information about COVID-19 vaccines is updated regularly.