

Motivational Interviewing Scripts

Motivational interviewing example:

"I have heard that getting several vaccines at the same time can overload my child's immune system."

OARS

Open-Ended Questions	"Can you tell me more about what you've heard?"
Affirmations	"You want what is best because you love your child."
Reflections	Simple: "You're concerned that your baby's immune system cannot handle this." Complex: "On one hand, you are concerned about overwhelming your child's immune system, and on the other hand, you want to protect your child."
Summary	"You have read a lot and you want to make the right decision. How can I help?"

Ask-Provide-Verify

Ask-Provide-Verify	Ask: "Can you tell me what you already know about the immune system and vaccines?" Provide: "Can I share more with you about your baby's immune system?" <i>Parent agrees:</i> "Your baby's immune system is amazing and can safely handle multiple vaccines given at the same time..." Verify: "Does this information about your baby's immune system make sense?"
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Motivational interviewing example:

“I have heard that vaccines can cause autism.”

OARS

Open-Ended Questions	“Can you tell me more about what you have heard?”
Affirmations	“You are looking for trust-worthy information.”
Reflections	<p>Simple: “You have heard there is some connection between autism and vaccines.”</p> <p>Complex: “You have read information claiming that vaccines cause autism on the internet, and you are wondering how to prevent your child from getting sick.”</p>
Summary	“Autism frightens you; you have a family member who is autistic and you wonder if vaccines could have caused it. Do I have that right?”

Ask-Provide-Verify

Ask-Provide-Verify	<p>Ask: “Can you tell me about what you’ve read about vaccines and autism?”</p> <p>Provide: “Can I share some research studies with you about vaccines and autism?”</p> <p><i>Parent agrees:</i> “Many studies have shown that vaccines do not cause autism...”</p> <p>Verify: “What do you think about the studies I’ve shared?”</p>
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Motivational interviewing example:

"I have heard that some vaccine ingredients are toxic."

OARS

Open-ended questions	"Can you clarify what you mean by toxic?"
Affirmations	"You value safety and transparency."
Reflections	Simple: "You worry vaccines are not safe." Complex: "You've heard conflicting information and are uncertain about making this decision."
Summaries	"You think it's important to protect your child against diseases, but you are worried about the safety of vaccine ingredients."

Ask-Provide-Verify

Ask-Provide-Verify	Ask: "Can you tell me what you've heard about vaccine ingredients?" Provide: "Can I provide you with some information on vaccine ingredients?" <i>Parent agrees:</i> "It is important to consider the amounts of each ingredient in vaccines..." Verify: "What do you think about the information I've shared?"
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Motivational interviewing example:

“Why does my child need the HPV vaccine when they are not sexually active?”

OARS

Skill	Example
Open-ended questions	“What is your greatest concern about this?”
Affirmations	“You are really trying to make sense of this.”
Reflections	Simple: “Your understanding is that kids who aren’t sexually active don’t need to be protected.” Complex: “You think that having the vaccine is like giving the green light to becoming sexually active.”
Summaries	“You understand that the HPV vaccine provides the best protection before sexual activity and that the immune response is greater in preteens. Where does this leave you with your child getting the HPV vaccine today?”

Ask-Provide-Verify

Ask-Provide-Verify	Ask: “Can you tell me what you already know about the HPV vaccine?” Provide: “Can I share some information about why the timing of the HPV vaccine is important?” <i>Parent agrees:</i> “There are two key reasons why the HPV vaccine is recommended when it is...” Verify: “Does this new information make sense?”
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