

Keep this document as your personal immunization record

Immunization Record		
Last Name	First Name	Middle Initial
Date of Birth (<i>dd-Mon-yyyy</i>)	Date of Mpox Immunization (<i>dd-Mon-yyyy</i>)	
<input type="checkbox"/> You are not due for another dose at this time. <input type="checkbox"/> Your next dose is due _____ .	Dose <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 (if needed)	
	Vaccine (Manufacturer) Bavarian Nordic A/S	
	Lot Number _____	

Care After Immunization

Common side effects

Many people have no side effects from the mpox vaccine. If you do have side effects, they tend to be mild to moderate and go away within 7 days. Common side effects may include:

- at the area where you had the needle: redness, changes in skin colour, bruising, swelling, warmth, itching, a hard spot or a small lump, or feeling sore
- feeling tired
- a headache
- a fever or chills
- body aches, sore joints
- pain in your arms or legs
- not feeling hungry or not wanting to eat (poor appetite)
- feeling sick to your stomach (nausea)

Call Health Link at 811 to report any serious or unusual side effects. It is rare to have a serious side effect.

Rare events after getting mpox vaccine

There have been reports of cardiac (heart) symptoms after getting mpox vaccine. However, none were considered serious. There have also been reports of myopericarditis (an inflammation of both the heart muscle and the lining around the heart) after other vaccines that protect against smallpox. However, no cases of myopericarditis after mpox vaccine have been reported. Get medical help **right away** if you have any of these symptoms:

- shortness of breath
- chest pain
- a fluttering feeling in your chest (palpitations)

For more information about the mpox vaccine, read the mpox vaccine information on [ahs.ca/immunize](https://www.ahs.ca/immunize) or talk to your healthcare provider.

See reverse for more information

This material is for information purposes only. It should not be used in place of medical advice, instruction or treatment. If you have questions, talk to your doctor or appropriate healthcare provider.

What can I do to feel better?

- To help with soreness and swelling:
 - Put a cool, wet cloth over the area where you had the needle.
 - Move the arm or leg where you had the needle.
- If you have a fever, wear fewer layers of clothes and drink more fluids. For more information about fever, go to [MyHealth.Alberta.ca](https://myhealth.alberta.ca).
- There is medicine to help with a fever or pain. Check with your doctor or pharmacist if you are not sure what medicine or dose to take. Follow the directions on the package.
- Some people with health problems, such as a weak immune system, must call their doctor if they get a fever. If you were told to do this, call your doctor even if you think the fever is from the vaccine.

For more information about immunizationCall Health Link at **811**Go to ahs.ca/immunize

To get an electronic copy of immunizations you have had in Alberta, register for a MyHealth Records account at [MyHealth.Alberta.ca/myhealthrecords](https://myhealth.alberta.ca/myhealthrecords).

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