

Outbreak Prevention Checklist

How to prevent an outbreak in continuing care homes

This checklist provides general measures to keep residents safe and prevent an outbreak. For more information refer to the [Guide for Outbreak Prevention & Control in Continuing Care Homes](#).

Prevent the spread of illness (refer to section 1.1 and 1.4)

- Promote immunization of residents, HCW/staff and visitors.
- Follow routine food safety practices.
- Facilitate safe visiting practices.
- Prevent illness spread from HCW/staff by monitoring for symptoms of illness and not attending work when ill.
- Advise HCW/staff who develop symptoms at work to leave the workplace as soon as possible.
- Implement work restrictions for symptomatic HCW/staff.

Use routine IPC practices (refer to section 1.2)

- Complete routine environmental cleaning and disinfection using a wipe-twice procedure.
- Use hand hygiene and respiratory etiquette.
- Wear personal protective equipment indicated by the Infection Prevention Control Risk Assessment prior to providing resident care.

Isolate symptomatic or confirmed residents (refer to section 1.3)

- Monitor to identify newly symptomatic or confirmed residents.
- Isolate symptomatic or confirmed residents on additional precautions immediately.
- Post additional precaution signage outside isolating resident's room.

Identify and report respiratory illness and gastrointestinal illness outbreaks (refer to section 2 and 4)

- Determine if residents with respiratory symptoms meet the reporting criteria.
- Determine if residents and HCW/staff with gastrointestinal symptoms meet the reporting criteria.
- Report to PPHST at **1-844-343-0971** if the reporting criteria are met.