

Influenza-like Illness Outbreak Management

Manage a confirmed outbreak in Long-Term Care, Designated Supportive Living, Hospice Sites

All staff share the responsibility for keeping residents safe. The following actions should be completed once an influenza-like illness outbreak has been confirmed. This checklist provides general measures only – always refer to the corresponding section in the [Guide for Outbreak Prevention and Control in Long Term Care, Designated Supportive Living, and Hospice Sites](#) for detailed recommendations. When applicable, follow site-specific protocols.

1. Infection Prevention Control Measures	Guide Section
<input type="checkbox"/> Monitor to identify newly symptomatic residents at the site – see Table A.	2.1/3.2
<input type="checkbox"/> Isolate residents with symptoms.	3.1
<input type="checkbox"/> Place signage outside the room of symptomatic residents, alerting HCW/staff and visitors of precautions required.	3.1/5.2
<input type="checkbox"/> Conduct an Infection Prevention and Control Risk Assessment (IPCRA) prior to every resident interaction.	3.1
<input type="checkbox"/> Wear continuous mask and eye protection in all resident care areas. Additional PPE may be required based on an Infection Prevention and Control Risk Assessment (IPCRA)	5.2
<input type="checkbox"/> Perform strict hand hygiene in accordance with AHS Hand Hygiene Policy or site policy.	3.1
2. Administrative Measures	Guide Section
<input type="checkbox"/> Notify appropriate HCW/staff/departments within the site/facility.	5.2
<input type="checkbox"/> Advise HCW/staff of relevant work recommendations and/or restrictions.	5.12
<input type="checkbox"/> Place outbreak signage at the entrance of the facility/unit.	5.2
<input type="checkbox"/> Inform residents' families/guardians/agents of the facility outbreak status.	5.2
<input type="checkbox"/> Report daily using <i>Facility CDC Outbreak Daily Report Portal</i> (and to IPC as per Zone process)	7.2

<input type="checkbox"/> Ensure adequate availability of all supplies.	5.2
<input type="checkbox"/> Assign HCW/staff to care for asymptomatic residents before symptomatic residents whenever possible.	3.12
<input type="checkbox"/> Alert transport staff and the receiving site to put in place appropriate precautions if a symptomatic resident is attending another site for a medical appointment.	5.3
3. Resident Restrictions	Guide Section
<input type="checkbox"/> Isolate residents who develop symptoms or test positive in their rooms with appropriate precautions.	7.3
<input type="checkbox"/> Facilitate essential medical treatment for symptomatic and positive residents in their rooms whenever possible.	7.3
4. Group/Social Activities and Other Events	Guide Section
<input type="checkbox"/> Permit asymptomatic residents to take part in daily activities.	3.3
<input type="checkbox"/> Follow Public Health Outbreak Team direction on whether to continue with routine group activities.	7.7
<input type="checkbox"/> Continue personal services (e.g., hair styling) with the service provider wearing a mask and eye protection. Recommend the asymptomatic residents receiving the service wear a mask when possible.	3.7
5. Nourishment Areas/Sharing of Food	Guide Section
<input type="checkbox"/> Deliver meals to symptomatic and positive residents in their rooms.	5.8
<input type="checkbox"/> Use single serve items and discontinue family style dining if recommended by the Public Health Outbreak Team.	7.8
6. Visitors and Designated Support Person(s) (DSP)	Guide Section
<input type="checkbox"/> Follow any visitor restrictions as recommended by the Public Health Outbreak Team.	5.10
<input type="checkbox"/> Recommend visitors/DSP wear a mask while at the facility.	3.10
<input type="checkbox"/> Discourage symptomatic visitors/DSP from visiting residents.	3.10
<input type="checkbox"/> Advise visitors/DSP of the importance of hand hygiene.	3.10

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| <input type="checkbox"/> Advise visitors/DSP of the potential risk of exposure to a symptomatic resident and ensure the use of additional PPE. | 3.10 |
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7. HCW/Staff Outbreak Control Measures (including volunteers, students, physicians)	Guide Section
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| <input type="checkbox"/> Advise HCW/staff to monitor for signs and symptoms of illness and to not attend work if symptomatic. | 7.12 |
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| <input type="checkbox"/> Advise HCW/staff who develop symptoms at work to put on a mask, inform manager of the illness, and leave the workplace as soon as possible. | 3.12 |
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| <input type="checkbox"/> Advise visitors/DSP of the potential risk of exposure to a symptomatic resident and ensure the use of additional PPE. | 3.10 |
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8. Specimen Collection	Guide Section
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| <input type="checkbox"/> Collect specimens on newly symptomatic residents. The Public Health Outbreak Team will advise on the type of testing and specimens to collect. | 7.13 |
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| <input type="checkbox"/> Ensure proper specimen collection, handling, and labelling (including EI#) on all specimens. | 3.13 |
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9. Enhanced Environmental Cleaning and Disinfection	Guide Section
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| <input type="checkbox"/> Follow recommendations in Principles for Environmental Cleaning and Disinfection . | 3.14 |
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| <input type="checkbox"/> Clean and disinfect low touch surfaces at least once per day and high touch surfaces at least twice per day. | 3.14 |
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| <input type="checkbox"/> Use a 'wipe twice' procedure (a 2-step process) to clean and then disinfect surfaces. | 3.14 |
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| <input type="checkbox"/> Conduct a thorough, enhanced cleaning when the outbreak is closed. | 10 |
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Notes:
