

Promoting a Positive Breastfeeding Experience

Alberta's only free, CME-accredited, online 20-hour breastfeeding course for health care providers



AHS is offering self-paced online education to enhance your confidence in working with families and help them meet their breastfeeding goals.

Don't miss out on the opportunity to:

Explore core concepts of patient and family-centred breastfeeding support.

Strengthen your skills, knowledge and practice with scenario-based learning activities.

Obtain education certificates for professional development (e.g. CERPs, CCP, CME).

Access helpful breastfeeding tips, tools and resources that are tailored to the Alberta context.

The first set of modules, *Foundations for Working with Families*, is **now available!** Take the course, spread the word and take action to protect, promote and support breastfeeding.

Visit ahs.ca/hcpbreastfeeding to register and learn more.