

# Promoting a Positive Breastfeeding Experience

Alberta's free online 20-hour breastfeeding course for health care providers



Visit [ahs.ca/hcpbreastfeeding](https://ahs.ca/hcpbreastfeeding) to register and learn more.

**The first set of modules, *Foundations for Working with Families*, is now available.**

**What should you expect from this course?**

- Content for the Alberta context, including the foundational knowledge and skills needed to support families in meeting their breastfeeding goals.
- Modules that can be completed at your own pace, either at work or at home.
- Completion certificates for continuing education.
- Education that supports AHS values, competency development and personal growth.
- Scenario-based learning with practical tips and resources.

**What are other learners saying?**

"These modules have shifted my entire practice from one that was focused on my goal to help women breastfeed and their success being a reflection of my practice to one that is focused on the needs and goals of my client"

-Karen, RN IBCLC

"The reduction in risk language and focus on evidence-informed decision making will allow my colleagues and myself to tailor our patient care and provide un-biased information to our patients"

-Lisa, RN IBCLC