

Promoting a Positive Breastfeeding Experience

Alberta's free online 20-hour breastfeeding course for health care providers



Visit ahs.ca/hcpbreastfeeding
to register and
learn more.

The first set of modules, *Foundations for Working with Families*, is now available.

What should you expect from this course?

- Content for the Alberta context, including the foundational knowledge and skills needed to support families in meeting their breastfeeding goals.
- Modules that can be completed at your own pace, either at work or at home.
- Completion certificates for continuing education.
- Education that supports AHS values, competency development and personal growth.
- Scenario-based learning with practical tips and resources.

What are other learners saying?

"These modules have shifted my entire practice from one that was focused on my goal to help women breastfeed and their success being a reflection of my practice to one that is focused on the needs and goals of my client"

-Karen, RN IBCLC

"The reduction in risk language and focus on evidence-informed decision making will allow my colleagues and myself to tailor our patient care and provide un-biased information to our patients"

-Lisa, RN IBCLC