

Breastfeeding Resources for Health Care Professionals



Discover resources to enhance your support for breastfeeding families!

Breastfeeding Initiative Webpage

Your one-stop shop for Alberta breastfeeding information and resources

ahs.ca/hcpbreastfeeding



Healthy Parents, Healthy Children

The primary parent education resource for breastfeeding information

HealthyParentsHealthyChildren.ca

Alberta Breastfeeding Course: Evidence-Based Essentials for Health Care Professionals

(previously AHS 20-Hour Breastfeeding Course)

24 hours of free, Continuing Medical Education-accredited online learning

ahs.ca/bfcourse



Breastfeeding Assessment Components

A printable resource to guide your breastfeeding assessment

hphc.short.gy/bfassessment

The LEARN Model

A tool to guide supportive conversations with parents

hphc.short.gy/bflearn



Primary Care
Alberta