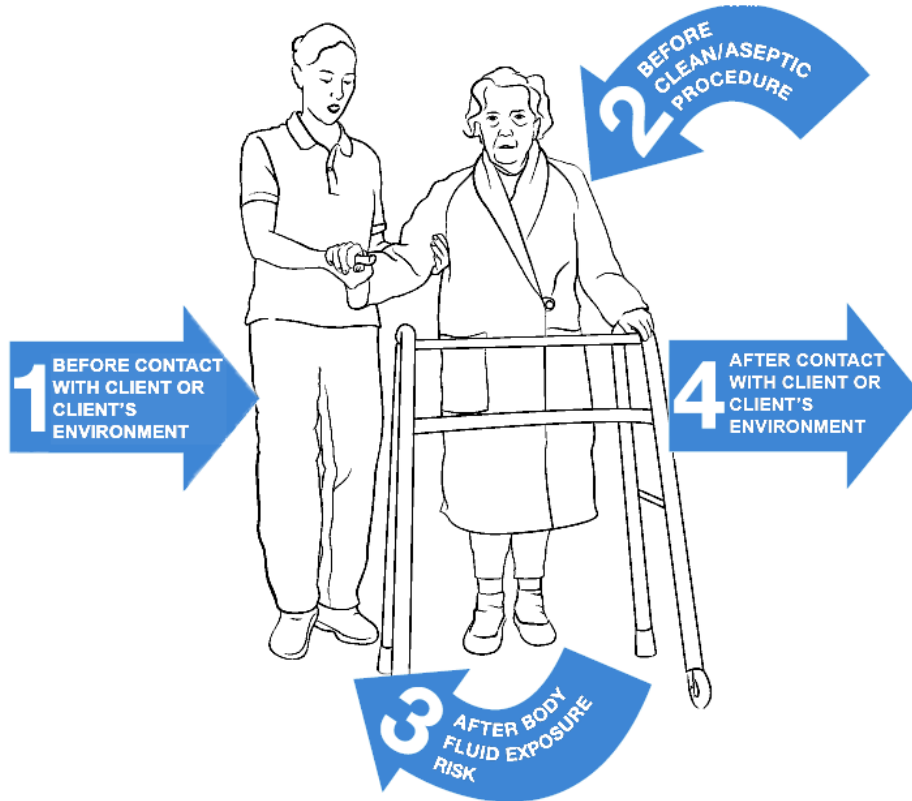


Your 4 Moments for Hand Hygiene



1	BEFORE contact with client/client's environment	<p>Why? To protect the client against harmful germs carried on your hands</p> <p>Example: Before helping to move or transfer a client</p>
2	BEFORE clean/aseptic procedure	<p>Why? To protect the client against harmful germs from entering their body</p> <p>Example: Before preparing client's food or feeding a client</p>
3	AFTER body fluid exposure risk	<p>Why? To protect yourself and the health care environment from harmful germs</p> <p>Example: After wound care or contacting soiled linens</p>
4	AFTER contact with client/client's environment	<p>Why? To protect yourself and the health care environment from harmful germs</p> <p>Example: After taking a client's vital signs</p>