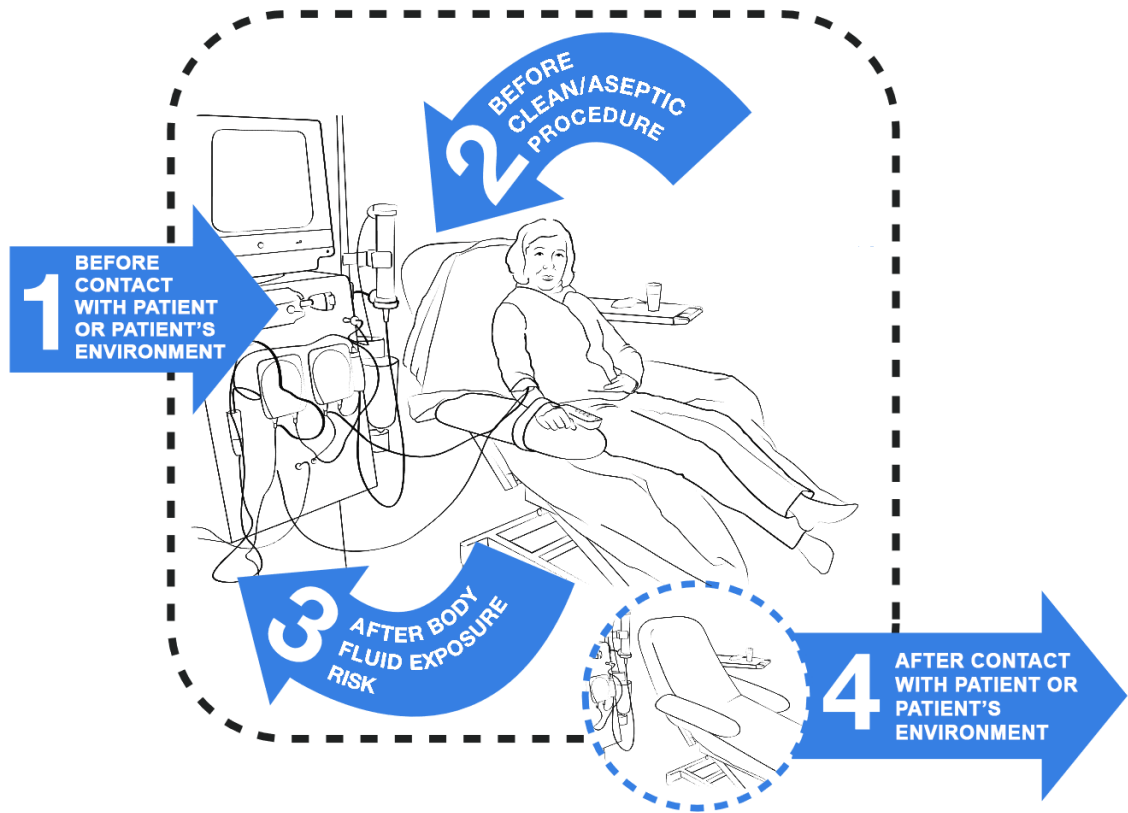


Your 4 Moments for Hand Hygiene



1	BEFORE contact with patient/patient's environment	Why? To protect the patient against harmful germs carried on your hands Example: Before contact with patient care equipment
2	BEFORE clean/aseptic procedure	Why? To protect the patient against harmful germs from entering their body Example: Before administering intravenous medicine
3	AFTER body fluid exposure risk	Why? To protect yourself and the health care environment from harmful germs Example: After an invasive procedure
4	AFTER contact with patient/patient's environment	Why? To protect yourself and the health care environment from harmful germs Example: After contact with patient care equipment