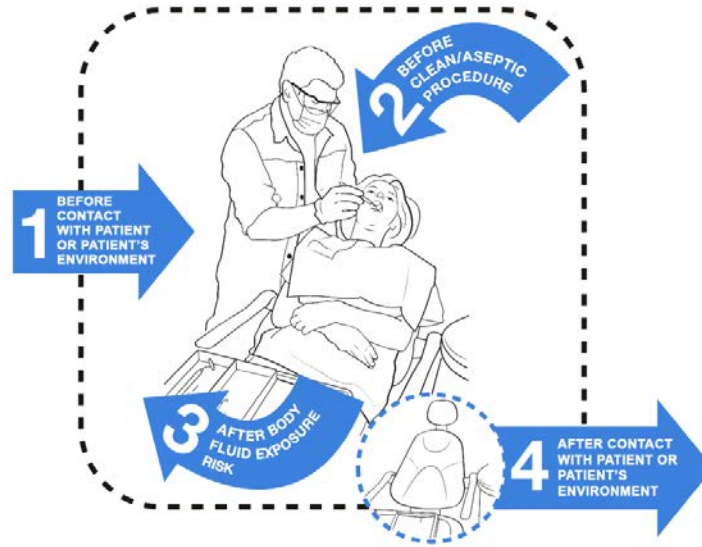


Your 4 Moments for Hand Hygiene



1	BEFORE contact with patient or patient's environment	Why? <i>To protect the patient against harmful germs carried on your hands</i>	Example <i>Before contacting a patient</i>
2	BEFORE clean/aseptic procedure	Why? <i>To protect the patient against harmful germs from entering their body</i>	Example <i>Before providing dental or oral care</i>
3	AFTER body fluid exposure risk	Why? <i>To protect yourself and the health care environment from harmful germs</i>	Example <i>After providing dental or oral care</i>
4	AFTER contact with patient or patient's environment	Why? <i>To protect yourself and the health care environment from harmful germs</i>	Example <i>After contacting a patient</i>