

4 moments for hand hygiene

Examples when providing patient care

1 BEFORE contact with patient or their environment

Example: before helping to move or transfer a patient or before taking vital signs

2 BEFORE clean or aseptic procedures

Example: before giving intravenous medications or before wound care



4 AFTER contact with patient or their environment

Example: after taking a patient's vital signs or after adjusting a patient's bed

3 AFTER body fluid exposure risk

Example: after wound care or after contacting soiled linens