

# 4 moments for hand hygiene

## Examples when in the patient environment

### 1 BEFORE contact with patient or their environment

**Example:** before contacting them or items in their environment



### 2 BEFORE clean or aseptic procedures

**Example:** before starting an intravenous line or before giving medication

### 4 AFTER contact with patient or their environment

**Example:** after contacting them or items in their environment

### 3 AFTER body fluid exposure risk

**Example:** after cleaning a body fluid spill or after an invasive procedure